

AUGUST 11, 2025

**AS YOU SIGN IN,
PLEASE:**

- ADD YOUR DAUGHTER'S FIRST AND LAST NAME IN THE CHAT FOR ATTENDANCE
- MAKE SURE YOUR MICROPHONE IS MUTED

SOPHOMORE PARENT ORIENTATION

AGENDA

- **Welcome & Prayer** – *Amy Cundiff*
- **Commitment & Communication** – *Martha Tedesco*
- **Academic Expectations** – *Judy Fieldhouse*
- **Student Support Services/Achievement Center** – *Pam Conway*
- **Leadership & Engagement** – *Kristin Walsh*
- **Retreat/Service Programs/ACTs** – *Julia Scudder*
- **Attendance/Absences/Traffic** – *Kamaria Wesley*
- **State of the School Update** – *Mary Lang*
- **Overview of Sophomore Year/Socio-Emotional Learning** – *Amy Cundiff*
- **Closing** – *Amy Cundiff*

PRAYER

A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas



COMMITMENT & COMMUNICATION

MARTHA TEDESCO, PRINCIPAL



COMMUNICATION

THANK YOU for a GREAT start to the school year!

The Importance of Email: Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

**FOCUS OF OUR
ORIENTATION
DAY:
COMMITMENT
TO OUR
LEGACY**



COMMITMENT

School Theme: “LIVING THE LEGACY”

FOCUS: Setting expectations and remembering who we are.

Partnership with our Parents

Communication is KEY

- Stop and think before you speak and act
- Speak with respect and with intention to LISTEN and understand
- Integrity matters
- Ask questions when you do not understand
 - **Ask 3 before me**
 - TEAMS
 - Guidance emails
 - Classmate
 - Faculty/Staff (during the school day)
 - **Are not expected to respond immediately to emails sent after school hours or on weekends**
 - **Allow two business/school days to respond**



COMMUNICATION & COMMITMENT

- **Assume positive intent.** We are all on the same team.
- **There are always at least TWO perspectives to every story.** And all perspectives are real.
- **Take a moment.** We acknowledge our passions for our daughter/student.
- **Be open to respectful, constructive dialogue.** We are committed to listening, reflecting, and responding.



ACADEMIC EXPECTATIONS

JUDY FIELDHOUSE



ACADEMIC ADVISING

Academic advising by Deans of Studies

- Mrs. Fieldhouse: A – K
- Mrs. Schuhmann: L – Z

We are looking forward to supporting your daughter academically!

COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS

- Team of professionals working with your daughter
- TEAM '*Your Daughter's Name*'
- Placement/levels
- PowerSchool
- We are partners and need your help



- Time built into every week to help students **LEARN** and **GROW** in and **outside the classroom!!**
- Time designed for students to build the skills to actively take ownership of their learning.



Our teacher teams **collaborate** each day to create an environment where they harness their collective excellence as a **professional learning community** to ensure that students have every opportunity to ***achieve at high levels***, becoming the best version of themselves in and out of the classroom.

FOUR LEARNING ACTIVITIES OF RTI



A scheduled learning time with your teacher for some targeted growth.

Identify for yourself where you might need some help and request a time with a teacher

Identify an academic area of focus (ex. work on a long term project, study for tests) and use independent time to achieve it.

Attend an enrichment activity

INITIATIVE TIME FOR STUDENTS

MONDAYS, WEDNESDAYS, FRIDAYS

- +Independent Work
- +Required RTI – priority!
- +Required “will” work in the LSC or AC
- +Requests to meet with a teacher
- +Attend enrichment and interest opportunities
 - ✓ LEOs
 - ✓ Advocacy work
 - ✓ Campus ministry activities
 - ✓ Important informational sessions

COMMUNITY TIME

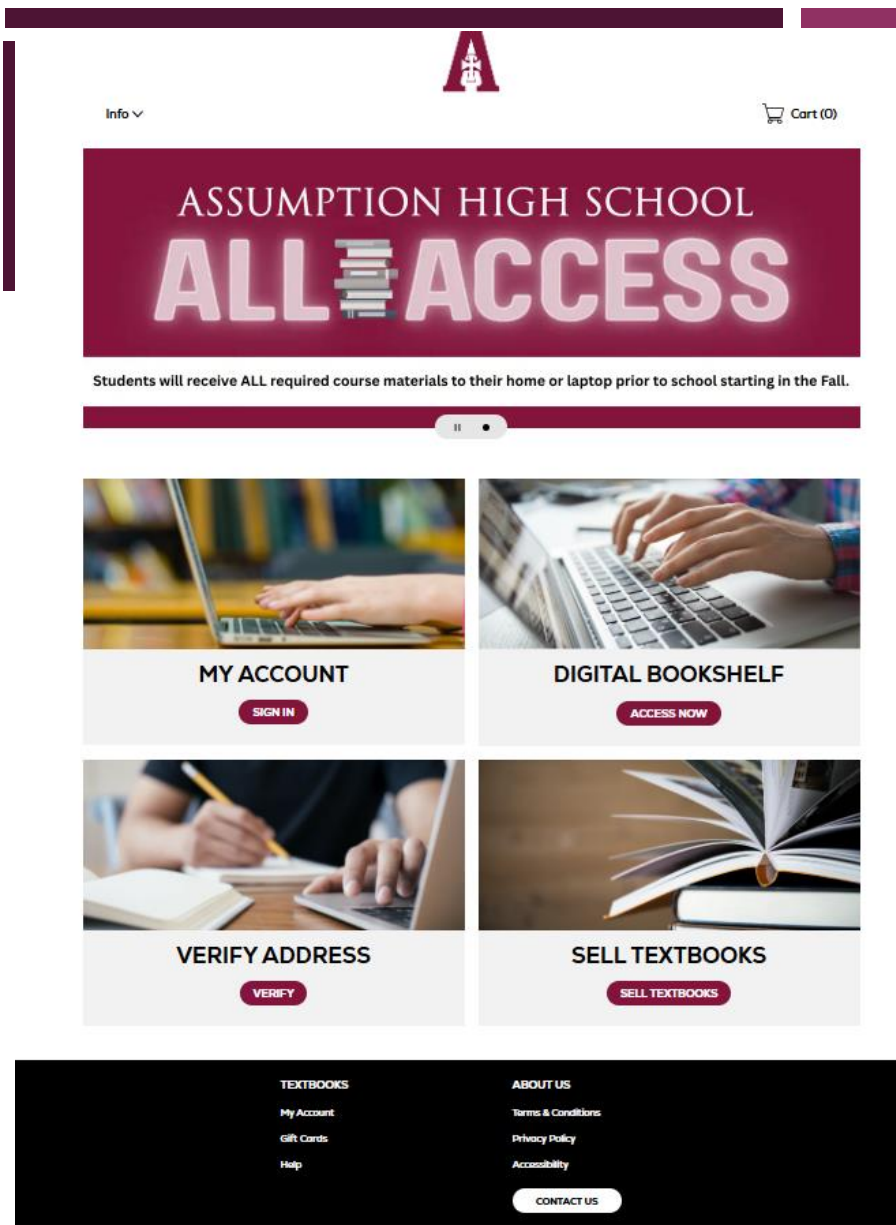
■ Used for: TUESDAYS & THURSDAYS

- Homeroom/Community building
- Class Meetings for essential class-specific information

TEXTBOOKS

- Our new book company is eCampus
- Please pay attention to the comments on the box.
- We want to be the best stewards of tuition dollars and return all books in condition to receive credit.






ASSUMPTION.ECAMPUS.COM

- Teachers will lead students through logging into their digital textbooks this week.



Info ▾

 Cart (0)

Dashboard

My Account

My Orders

Digital Bookshelf

Manage My
Rentals/Returns

Sell My Textbooks

Welcome, [REDACTED] to your Student Dashboard!

Choose a term below to view your student specific details.

2025-2026 School Year



You are viewing **2025-2026 School Year**.

Provided Course Materials

6 items

View →

Items to Return

0 items

Return Items →

IF NOT ON AN AHS DEVICE

- **STUDENT'S AHS EMAIL**

- **STUDENT'S AHS PASSWORD**



Sign in

Email, phone, or Skype

[Can't access your account?](#)

Next



Sign-in options

TEXTBOOK RETURN CONDITIONS

- **Water Damage** – If a book has been dropped in a puddle, had water spilled on it, or accidentally left outside, our warehouse will not be able to accept it back. Any water damage to a product can mold other products in our warehouse and will be immediately recycled.
- **Duct Tape** – If the binding of your product is being held together by duct tape, or if there is tape on the cover of the book, our warehouse will not accept the return.
- **Highlights** – Students are permitted to highlight and mark in their books! We only ask that it is not excessive. If more than a third of the book is written in and highlighted, our warehouse will not accept it back.
- We also will not accept books in which profanity or graphic images have been added in by the student.
- If your daughter's book is lost or deemed unacceptable to be returned to eCampus, the family will be billed for the cost of the text.

IMPORTANT DATES



- **Wednesday, October 8, 2025**
 - Optional PSAT for any sophomore
- **Tuesday, October 28, 2025**
 - PreACT for ALL sophomores
- **Wednesday, January 21, 2026**
 - College Information Night for sophomores and juniors



STUDENT SUPPORT SERVICES ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR



**Follow us on
Instagram!**

We are the...

ACHIEVEMENT CENTER

Providing academic support
for all AHS students.



@ASSUMPTION.AC

THE DREAM TEAM IN THE AC



THE AC HAS 3 TEACHERS AND THE ENGLISH DEPT!

Mrs. Britt
Math/Science

hi



Mrs. Conway
English/Writing/
Reading



Mrs. Whitfield
Math/Science

hi





HOW DOES THE AC SUPPORT STUDENTS?

01

Academic
support in any
subject to the
best of our
ability.

02

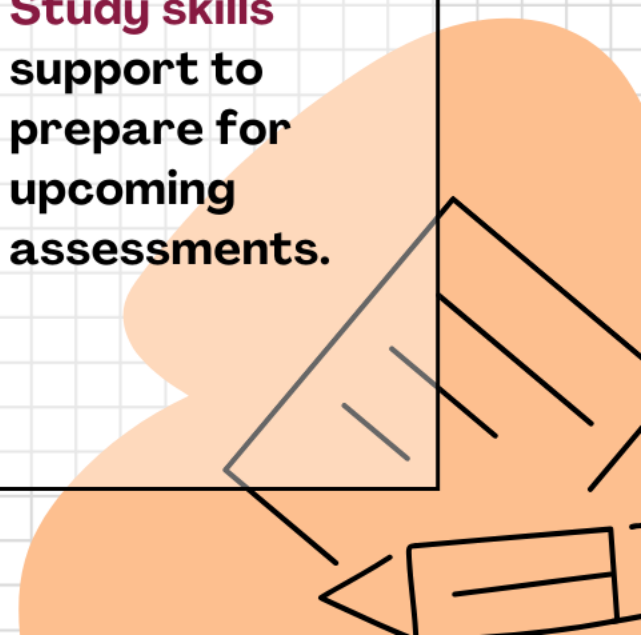
Organizational
support with
technology files
as well as class
binders/folders

03

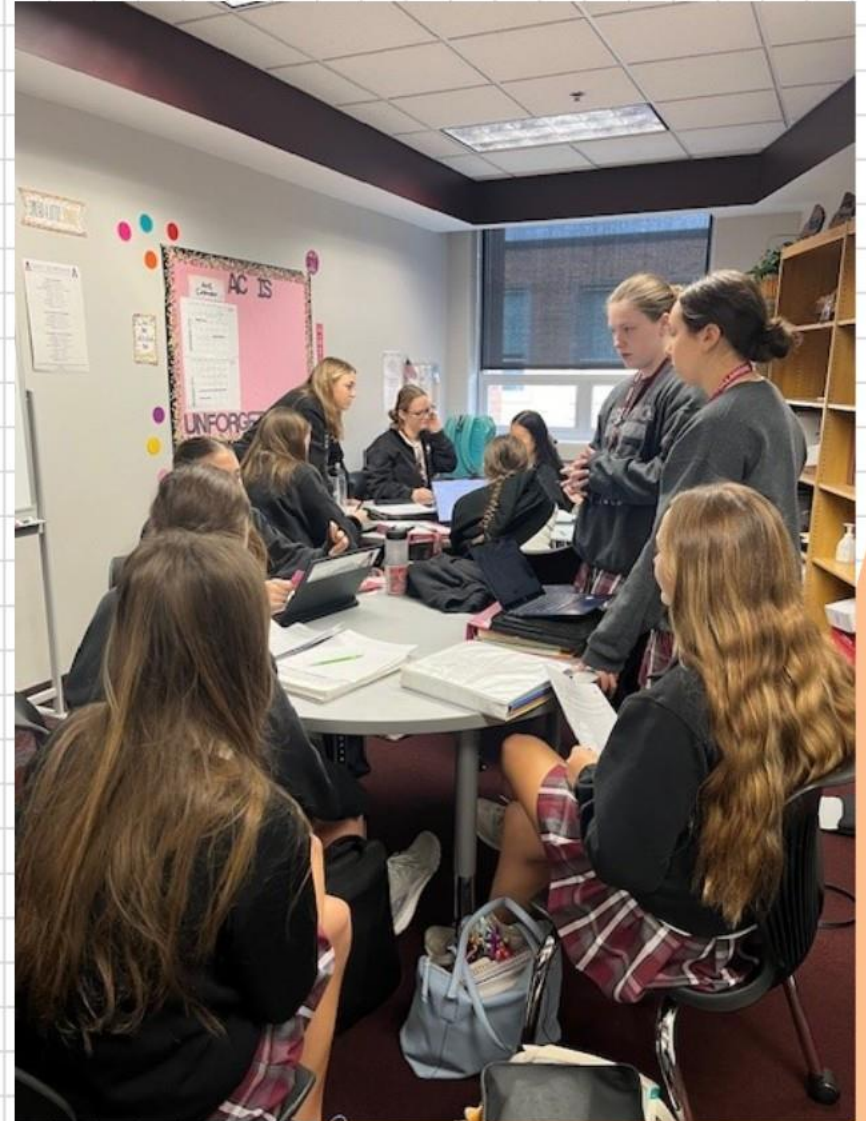
Time
management
support for
personal and
study
schedules.

04

Study skills
support to
prepare for
upcoming
assessments.



WHAT DOES RTI LOOK LIKE IN THE AC?



NOT ONLY, BUT ALSO...



1.

We are here before/after school.

2.

We can match students with a peer tutor OR sign them up to serve as a peer tutor.

3.

We create study groups for students.

4.

We send reminders of upcoming tests.

5.

We provide ACT practice tests.

6.

We are your student's biggest cheerleaders!



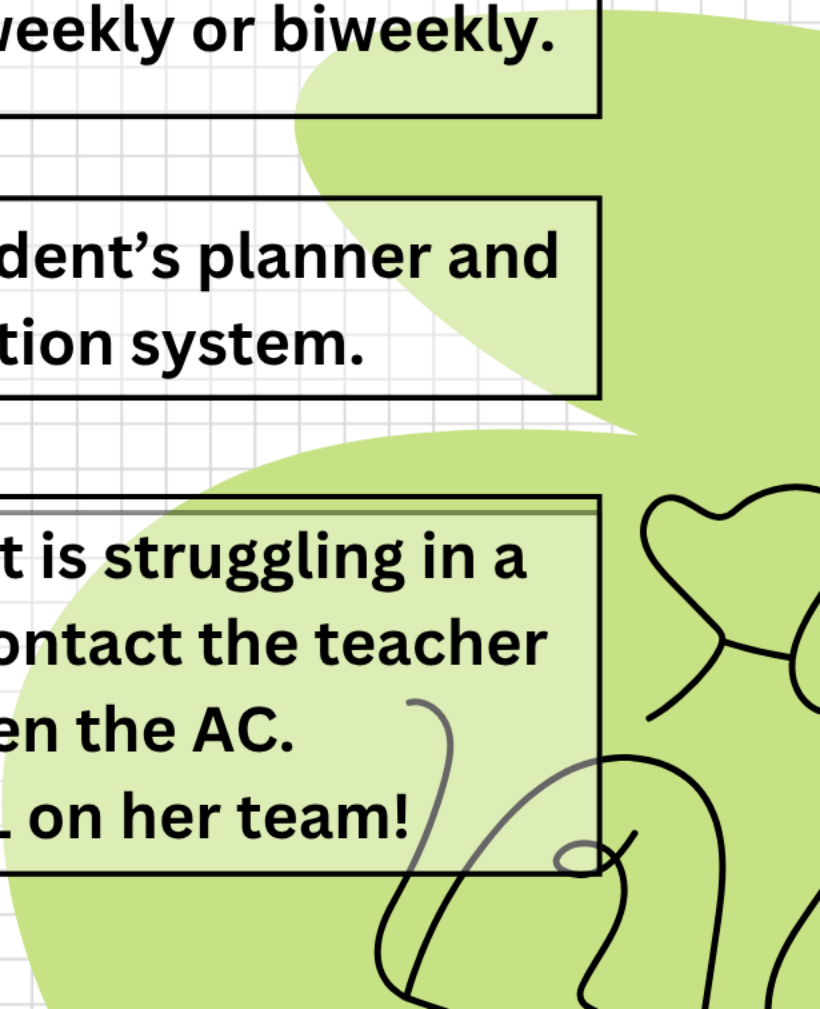
HOW CAN PARENTS SUPPORT FROM HOME?

Encourage your student to come to the AC for academic support.

Check grades weekly or biweekly.

Check your student's planner and organization system.

**If your student is struggling in a class, please contact the teacher and then the AC.
We are ALL on her team!**





LEADERSHIP & ENGAGEMENT

KRISTIN WALSH, DIRECTOR OF LEADERSHIP & ENGAGEMENT



MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*



I am a valuable person.
I have dignity & worth,
and what I do makes a
difference.

MISSION & VISION

*I am a valuable person.
I have dignity & worth, and what I do makes a difference.*

1.To ensure we are recognizing and responding to the non-academic needs of our students

- Long term
- In real-time

2.To provide engaging enrichment curriculum for students during RTI and Community time

- WE WORK PURPOSEFULLY ON OUR MISSION IN OUR COMMUNITY TIME

- Designated, regular time throughout the school day for opportunities for
 - **student engagement**
 - **community-building**
 - **academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- Student homerooms become their family
 - commitment to home base for students with two homeroom teachers who grow with your daughter
 - programming that provided advising and direction along the definition of engagement.

ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests.**
- **Opportunities to develop as a Christian Leader—formal and informal.**
- **Development of school-wide programming to provide a community atmosphere for all students.**



SERVICE LEARNING DIRECTOR

KATIE CULVER '04 (PRESENTED BY JULIA SCUDDER '08)



SOPHOMORE ACTS

Katie.Culver@ahsrockets.org

- 458-9551 Ext. 2597
- Sophomore ACTS: A Christian Through Service
 - In-Person service at local agencies
 - Students and parents will be able to share input on agency assignments
 - During the school day on Wednesdays in the spring
 - Assumption ACTS pants OR uniform approved leggings will be required. Pants can purchase from Shaheens
 - TB test and vaccinations *may* be required for certain agencies
 - TB test part of ACTS fee and given at school for students placed at agencies requiring it



RETREAT DIRECTOR

JULIA SCUDDER



SOPHOMORE RETREAT

- Julia.Scudder@ahsrockets.org, Instagram: [ahs.rockets.campusministry](https://www.instagram.com/ahs.rockets.campusministry)
 - 271-2621
- Sophomore year, students choose their retreat date.
- Earth & Spirit Center
- One-day retreats
- Community & Compassion Retreat
 - "Retreat will be filled with community building activities, mindful listening, nature walks, introspection, small group reflection, and time serving our Earth side by side."





ATTENDANCE/ABSENCES/TRAFFIC

KAMARIA WESLEY, DEAN OF STUDENTS



ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Family Handbook for further details

ATTIRE

- Please help us with our uniform policies – especially skirt length. After this week, disciplinary consequences will be enforced.

ATTENDANCE

- No Excused/unexcused absences
 - All absences must be reported- call school or email attendance@ahsrockets.org
 - Approval for extended absences no longer a practice
- Attendance by block; more than 20 minutes late to a class, student is counted as absent but must still attend the class.
- 10 or more absences in a class will not earn credit for the course.
- Schedule appointments on breaks/around school hours
- Study block is a great time to schedule appointments

ARRIVAL AND DISMISSAL

- Follow the directions of the parking lot workers
- Hop on out
- Outside beverages disposed of or left behind before entering
- WALK
- Crosswalks



ASSUMPTION HIGH SCHOOL

Carpool and Traffic Flow

IMPORTANT NOTE: The paved shoulder along Bardtown Road in front of Assumption is used as a turning lane/ waiting area for vehicles prior to entering the carpool lane on campus. Those queuing on the shoulder must be sure not to block the Bardtown Road/Tyler Lane intersection. If there is not room for the vehicle on the shoulder, drivers may not stop on Bardtown Road and block the intersection or drive past those waiting on the shoulder and then turn right onto the two-way drive/carpool line directly from Bardtown Road.

r Ln

Tyler Ln

No Student Drop Off or Pickup on Tyler Lane

EXIT

FACULTY/STAFF PARKING
No Student Drop Off or Pickup

CROSSWALK

STUDENT DROP OFF & PICKUP

MAIN STUDENT PARKING
No Student Drop Off or Pickup

Do not stop. Please continue to pull around.

CARPOOL LANE

FACULTY/STAFF PARKING
No Student Drop Off or Pickup

STUDENT PARKING
No Student
Drop Off or Pickup

CROSSWALK

ENTER CARPOOL
LANE HERE

PARKING QUEUE

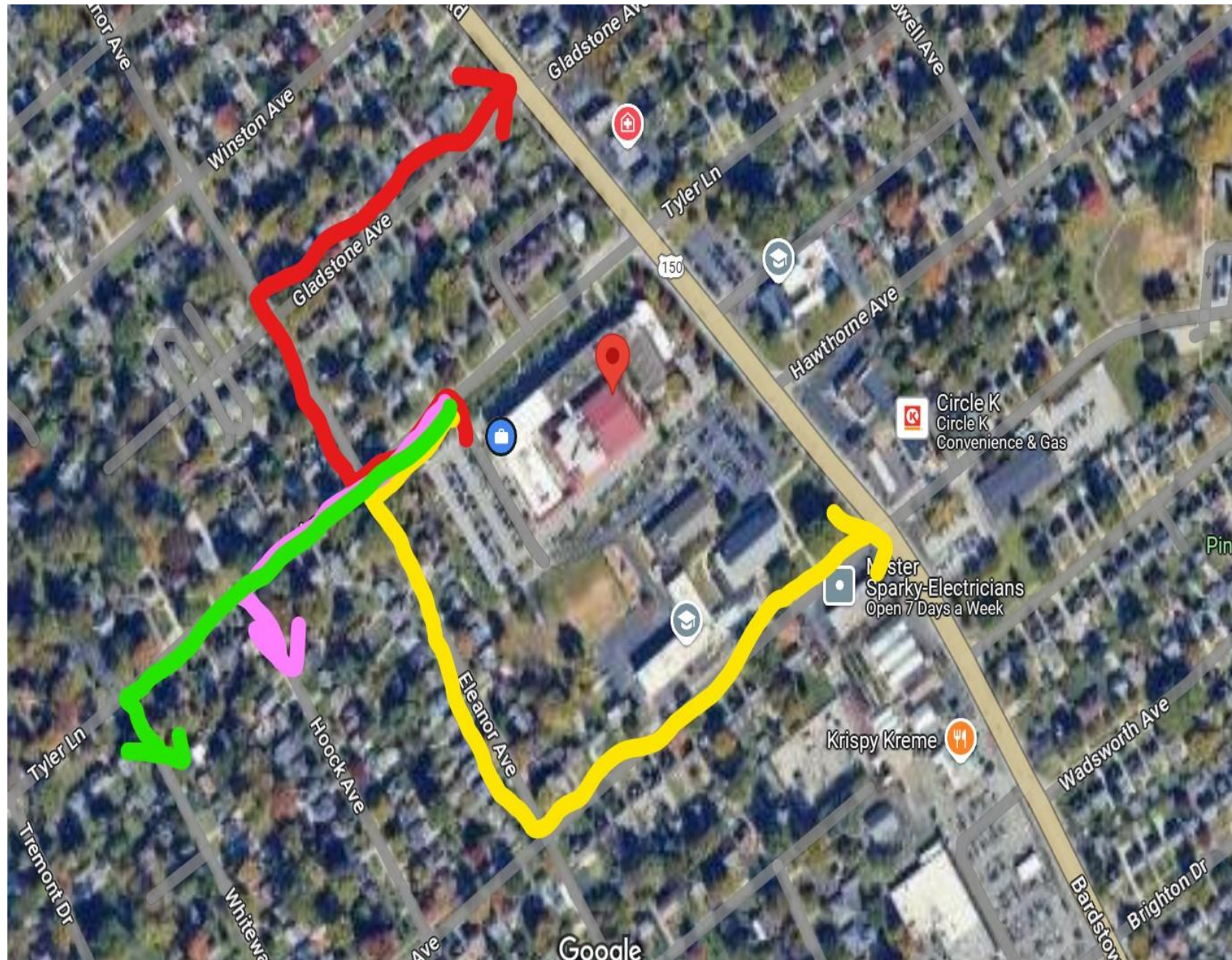
150

Bardtown Road

10205

217
Louis

- Follow directions of parking lot workers
- Turn left, please.





THANK YOU FOR YOUR PARTNERSHIP!

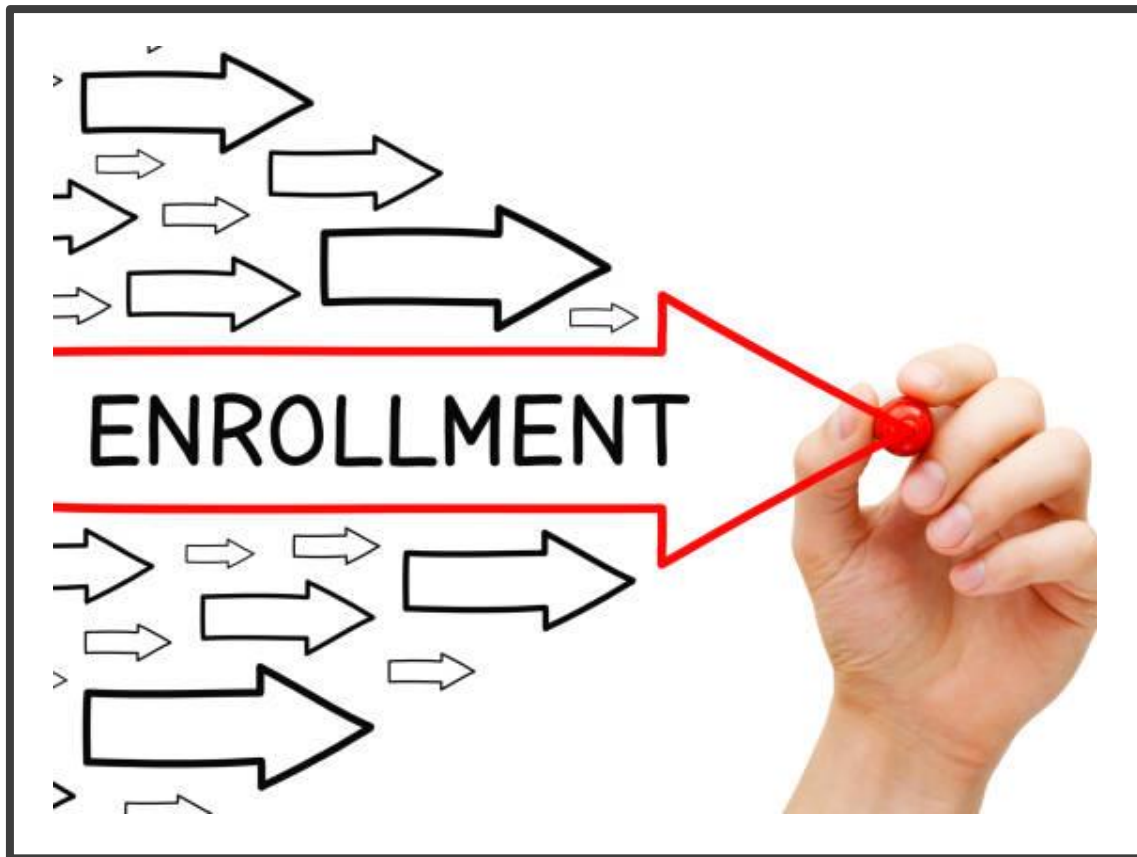


STATE OF THE SCHOOL UPDATE

MARY LANG - PRESIDENT

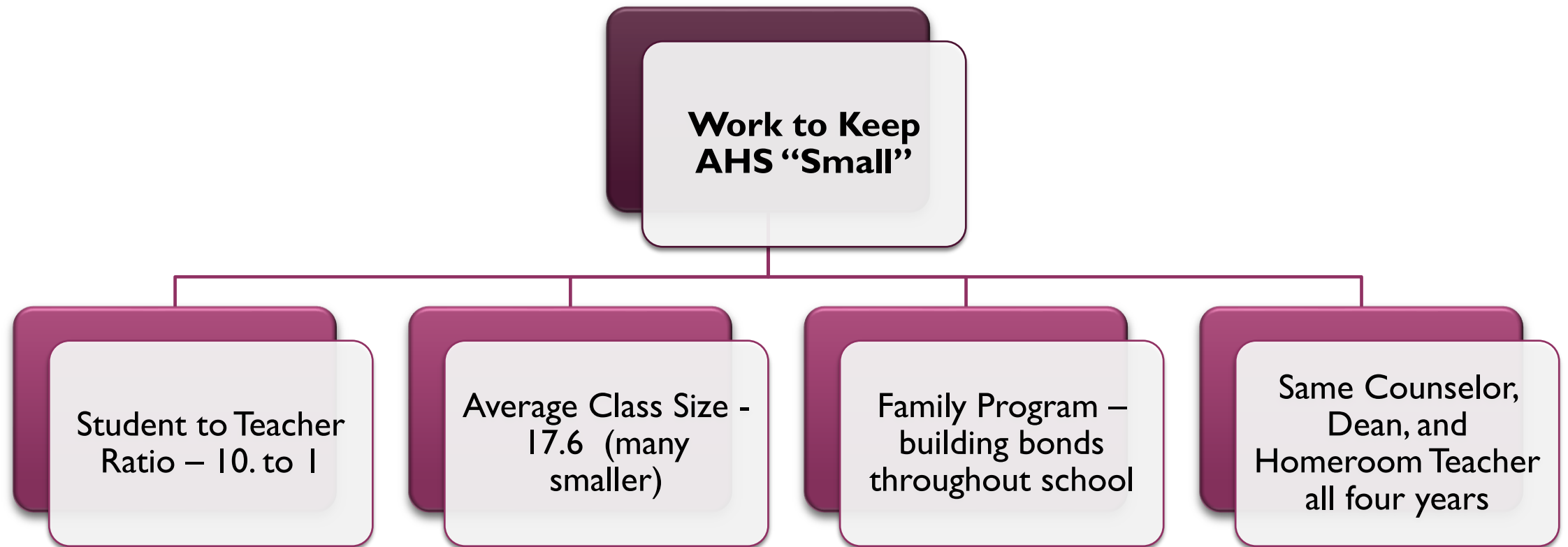


ENROLLMENT



- 930 students
- Largest all girl's Catholic School in Louisville
- Benefit = wide range of academic & enrichment opportunities to engage every student

AHS AT A GLANCE



WHERE OUR STUDENTS COME FROM



96 DIFFERENT MIDDLE
SCHOOLS



51 DIFFERENT ZIP
CODES



25% ATTENDED NON-
CATHOLIC SCHOOLS

MAKING A AHS EDUCATION POSSIBLE

40% of student body receive tuition assistance (financial aid & scholarships)



Over \$1.8 M awarded in tuition assistance for 2025-26 school year

SB 181- ELECTRONIC COMMUNICATION

-
- SB 181 – went into affect this summer
 - Applies to public schools - the Archdiocese has urged all Catholic Schools to adopt policies that safeguard students and provide guidance to employees on acceptable means of traceable communication.
 - Places restrictions on employees engaging with students one on one through non-traceable means which includes phone call, text, or social media.

ELECTRONIC COMMUNICATION CONTINUED...

-
- AHS has adopted 2 platforms to communicate with students:
 - Email
 - Group Me (or Teamsnap for athletics)
 - All students/parents are included in the Group Me/Team Snap along with an administrator
 - No private communications are permitted
 - Both platforms are traceable and accessible to administration

ELECTRONIC COMMUNICATIONS CONTINUED....

Two Exceptions:

- Related to the Student
- Parental Consent
 - Consent form completed by the Parent and submitted to the President to maintain on file
 - Can be revoked in writing at any time with notice to the President

Accolades!

FAITH GUIDES | **COMPASSION** INSPIRES | **INTEGRITY** MATTERS | **EXCELLENCE** EMPOWERS





COUNSELOR

AMY CUNDIFF



OVERVIEW OF SOPHOMORE YEAR/SOCIAL EMOTIONAL LEARNING

SOPHOMORE SCHOOL COUNSELOR, JENNIFER RUCKRIEGEL



**I'm a
SOPHOMORE!**

- Individual check in with every student each semester.
- In addition to checking in on transitional and emotional issues, I will also discuss the following:
 - ❖ Getting involved at Assumption
 - ❖ Continued college/career exploration, offering a career exploration group to sophomores with lots of interest already
 - ❖ Last year's standardized test scores/ways to engage in test prep
 - ❖ Group Counseling opportunities
- ❖ Follow Guidance Department on Facebook and Twitter
 - Facebook: Assumption Guidance Parent Page
 - Twitter: @AHSGuidanceDept

IS THE SOPHOMORE SLUMP REAL?

LET'S LOOK AT BAKER
MAYFIELD...



INTERCEPTIONS

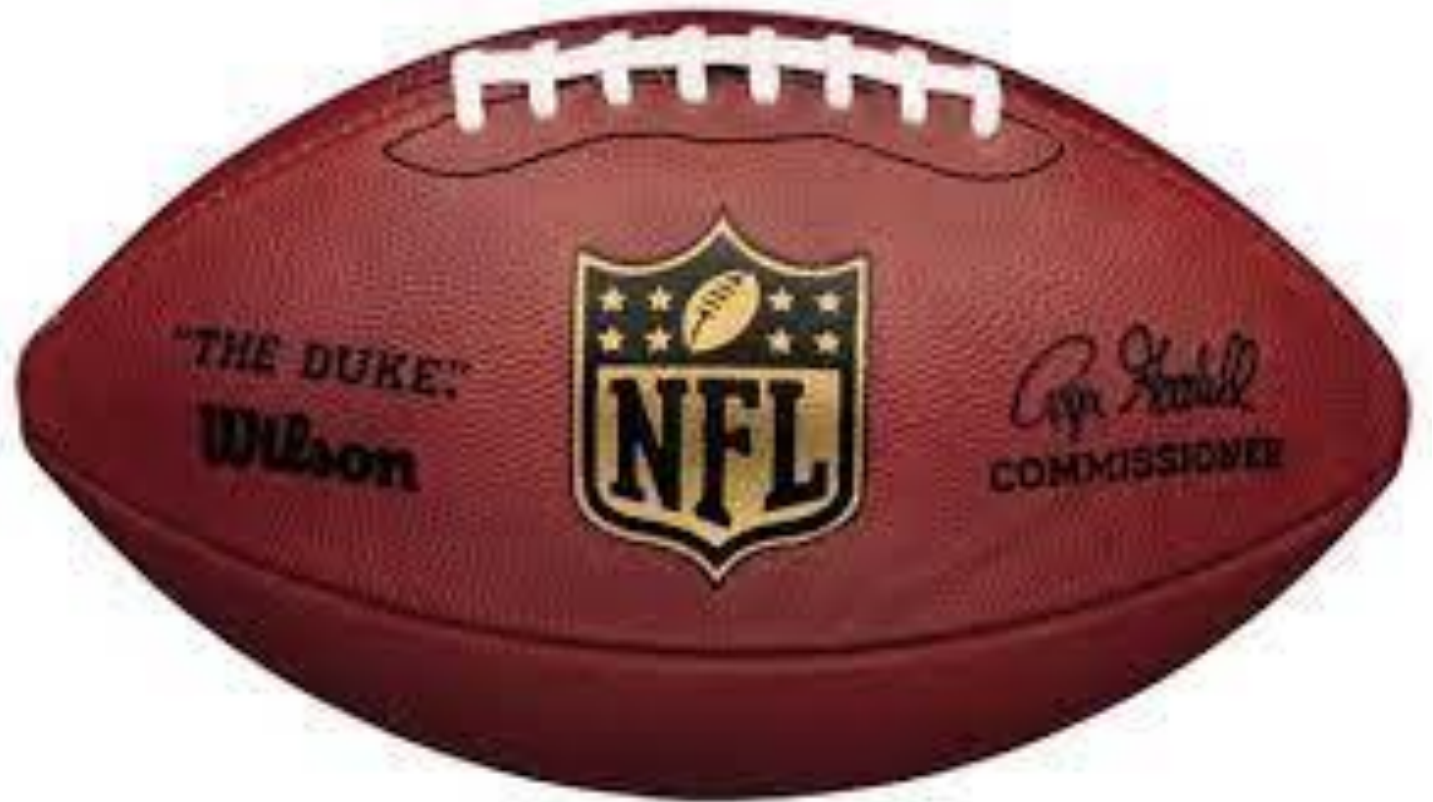
2018- "Freshman Year"

14 interceptions

2019- "Sophomore
Year"

21 interceptions

What happened in his
"junior" year?...



"JUNIOR YEAR" STAT

ONLY 8 INTERCEPTIONS!

- Curveballs, interceptions, challenges may happen sophomore year.
- Look for opportunities for engagement and belonging.
- When things feel overwhelming, help them see what they can do right now.
- You know your child best- if something seems off, it probably is, please reach out.



Don't forget
about Parent
Prayer!

Tuesdays from
8:15-8:45!

**Assumption
Parent Prayer Group**



**Join us to pray
on Tuesday mornings!**

August 27 - May 6

8:15am – 8:45am

Assumption Chapel

Please park in any open spot and enter the school through the main entrance.

All are welcome!

All AHS parents are invited to begin the day in prayer every Tuesday morning. Throughout the year, we pray for each student, faculty and staff member at AHS by name while parents at Sacred Heart, Mercy, Presentation, Trinity and St. Xavier share the same weekly prayer.

No need to RSVP. Please invite friends.

Join the email list: bit.ly/AHSPrayer

Let us know how the AHS Community can pray for you:

bit.ly/AHSIntentions

REACH OUT!

President – *Mary Lang*

Principal – *Martha Tedesco*

Sophomore Counselor – *Amy Cundiff*

Dean of Students – *Kamaria Wesley*

Deans of Studies – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

Service Learning Director – *Katie Culver*

Retreat Director – *Julia Scudder*

Email us at firstname.lastname@ahsrockets.org
or call the school at (502-458-9551).