

AUGUST 12, 2024

**AS YOU SIGN IN,  
PLEASE:**

- ADD YOUR DAUGHTER'S FIRST AND LAST NAME IN THE CHAT FOR ATTENDANCE
- MAKE SURE YOUR MICROPHONE IS MUTED

# SOPHOMORE PARENT ORIENTATION

# AGENDA

- **Welcome & Prayer** – *Jennifer Ruckriegel*
- **Commitment & Communication** – *Martha Tedesco*
- **Academic Expectations** – *Theresa Schuhmann*
- **Student Support Services/Achievement Center** – *Pam Conway*
- **Leadership & Engagement** – *Kristin Walsh*
- **Retreat/Service Programs/ACTs** – *Julia Scudder*
- **Attendance/Absences/Traffic** – *Kamaria Wesley*
- **State of the School Update** – *Mary Lang*
- **Overview of Sophomore Year/Socio-Emotional Learning** – *Jennifer Ruckriegel*
- **Closing** – *Jennifer Ruckriegel*

# PRAYER

## A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

# PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

*Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas*



# COMMITMENT & COMMUNICATION

MARTHA TEDESCO, PRINCIPAL



# COMMUNICATION

**THANK YOU for a GREAT start to the school year!**

**The Importance of Email:** Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

## FOCUS OF OUR ORIENTATION DAY: COMMITMENT TO THE CULTURE

### COMMITMENT

Reviewed pride in ourselves, school, space, and relationships with each other.

**This year...a new component of our daily schedule.**

**FOCUS: Setting expectations and remembering who we are.**

*Partnership with our Parents*

# Communication is KEY

- Stop and think before you speak and act
- Speak with respect and with intention to LISTEN and understand
- Integrity matters
- Ask questions when you do not understand
  - **Ask 3 before me**
    - TEAMS
    - Guidance emails
    - Classmate
    - Faculty/Staff (during the school day)
      - **Are not expected to respond immediately to emails sent after school hours or on weekends**
      - **Allow two business/school days to respond**





# COMMUNICATION & COMMITMENT

- **Assume positive intent.** We are all on the same team.
- **There are always at least TWO perspectives to every story.** And all perspectives are real.
- **Take a moment.** We acknowledge our passions for our daughter/student.
- **Be open to respectful, constructive dialogue.** We are committed to listening, reflecting, and responding.



# ACADEMIC EXPECTATIONS

THERESA SCHUHMANN



# ACADEMIC ADVISING

## **Academic advising by Deans of Studies**

- Mrs. Fieldhouse: A – K
- Mrs. Schuhmann: L – Z

**Drop/Add ends Tuesday, 8/22**

# TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Make sure you have paid any Art Class Supply Fees
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
  - Geometry, US History
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May

Do you want to use your Course Materials Scholarship?

[Use It Here](#)

# Getting Started

We've made it really easy to get your course materials. Let's get started.

## Shop by Schedule

[View Your Materials](#)

- or -

## Shop by Course



2021-2022 Academic Year

Starts between: 08/11/2021 - 08/25/2021



Site



[View Your Materials](#)



Starts between: 08/11/2021 - 08/25/2021



Site Assumption High School



Summer Courses



Assumption High School

### Assumption High School



ATTENTION ALL STUDENTS: If a course has the option of a print text and an electronic version, you may choose the version that best fits your learning style. You do not need to purchase both.

Course ID	Starting	Ending	Course ID	Starting	Ending
<input type="checkbox"/> 10114 HON BEGINNING CHORUS	08/11/21	05/28/22	<input type="checkbox"/> 5124 HON. HEALTH	08/11/21	05/28/22
<input type="checkbox"/> 10123 HON.I CHAMBER CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5201 DC THE TEACHING PROFESSIO	08/11/21	05/28/22
<input type="checkbox"/> 1014 HON. ACT PREP	08/11/21	05/28/22	<input type="checkbox"/> 5401 DC HUMAN DEVELOPMENT & LE	08/11/21	05/28/22
<input type="checkbox"/> 10202 ADVANCED CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5514 HEALTHY FAMILY LIVING	08/11/21	05/28/22
<input type="checkbox"/> 10402 INSTRUMENTAL ENSEMBLE	08/11/21	05/28/22	<input type="checkbox"/> 5814 FITNESS AND NUTRITION	08/11/21	05/28/22

# COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS



- Academic Advising
  - Mrs. Fieldhouse (A – K)
  - Mrs. Schuhmann (L – Z)
- Placement
- TEAM *'Your Daughter's Name'*
- We are partners and need your help

# **The Middle Block: RTI/Community Time & Lunch**

- + 90 minutes of time in the middle of the day
- + Broken into 30-minute blocks of time which includes 3 lunch periods.



# RTI Time = Rockets Taking Initiative Time for Students

Tuesdays, Wednesdays, Thursdays

- +Independent Work
- +Required RTI – priority!
- +Required “will” work in the LSC or AC
- +Requests to meet with a teacher
- +Attend enrichment and interest opportunities
  - LEOs
  - Advocacy work
  - Campus ministry activities



# **RTI Time = Rockets Taking Initiative Time for Teachers**

## **Tuesdays, Wednesdays, Thursdays**

- +Team Meeting & Planning Time
- +RTI Time to work with small groups or individual students

# IMPORTANT DATES



- THURSDAY, OCTOBER 10, 2024
  - PreACT for all Sophomores
  - PSAT for Sophomores in Advanced and AP English and any other sophomore by request. They will take the PreACT on Saturday, October 5, 2024
- THURSDAY, JANUARY 30, 2025
  - Registration information night and college night



# STUDENT SUPPORT SERVICES ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR





We are the...

# **ACHIEVEMENT CENTER**

Providing academic support for  
all AHS students.



# THE DREAM TEAM IN THE AC



# THE AC HAS 4 TEACHERS AND THE ENGLISH DEPT!

Mrs. Britt  
Math/Science

hi



Mrs. Conway  
English/Writing/  
Reading/Spanish



Ms. Prentice  
Math/Science



GET IT SIS!

Mrs. Whitfield  
Math/Science

hi







# HOW DOES THE AC SUPPORT STUDENTS?

**01**

Academic support in any subject to the best of our ability.

**02**

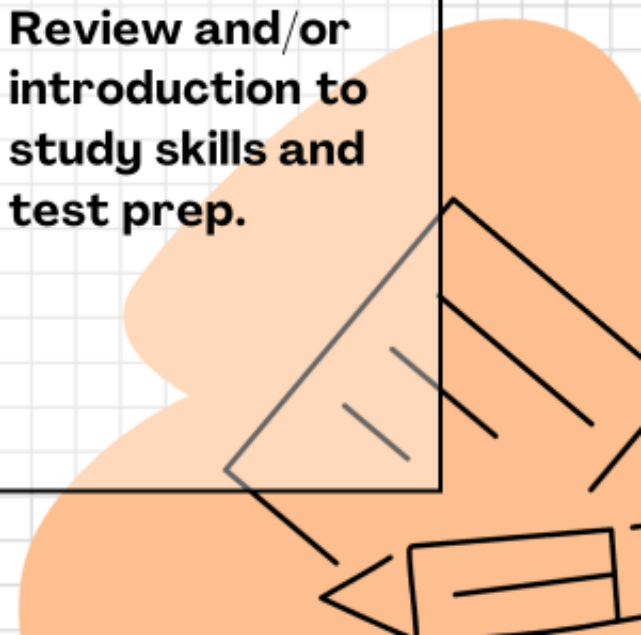
Organizational support with technology files as well as class binders/folders

**03**

Time management support for personal and study schedules.

**04**

Review and/or introduction to study skills and test prep.







# **NOT ONLY, BUT ALSO...**

**1.**

**We are here before/after school.**

**2.**

**We can match students with a peer tutor.**

**3.**

**We create study groups for students.**

**4.**

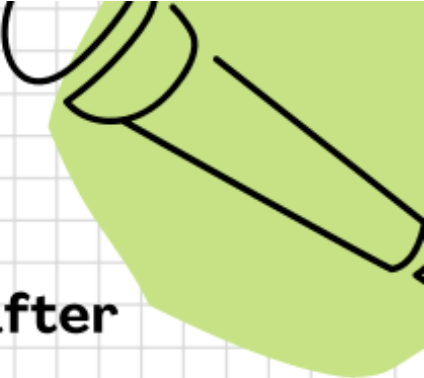
**We send reminders of upcoming tests/projects.**

**5.**

**We provide ACT practice tests.**

**6.**

**We are one of your student's biggest cheerleaders!**





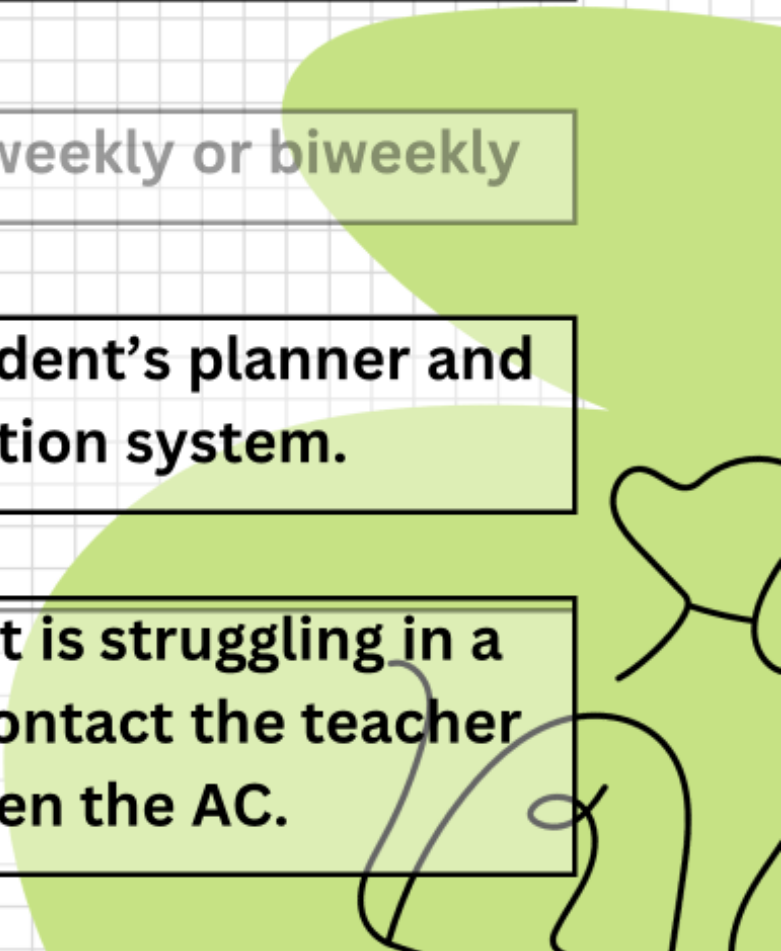
# **HOW CAN YOU SUPPORT FROM HOME?**

**Encourage your student to come to  
the AC for academic support.**

**Check grades weekly or biweekly**

**Check your student's planner and  
organization system.**

**If your student is struggling in a  
class, please contact the teacher  
and then the AC.**





# LEADERSHIP & ENGAGEMENT

KRISTIN WALSH, DIRECTOR OF LEADERSHIP & ENGAGEMENT



## MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*



I am a valuable person.  
I have dignity & worth,  
and what I do makes a  
difference.

**ASSUMPTION ENGAGES ALL STUDENTS**

## • WE WORK PURPOSEFULLY ON THIS IN OUR COMMUNITY TIME

- Designated, regular time throughout the school day for opportunities for
  - **student engagement**
  - **community-building**
  - **academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- Students are either in class meeting or in homeroom
  - commitment to home base for students with two homeroom teachers who grow with your daughter
  - programming that provided advising and direction along the definition of engagement.

## ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests.**
- **Opportunities to develop as a Christian Leader—formal and informal.**
- **Development of school-wide programming to provide a community atmosphere for all students.**



# SERVICE LEARNING DIRECTOR

KATIE CULVER '04 (PRESENTED BY JULIA SCUDDER '08)





## SOPHOMORE ACTS

[Katie.Culver@ahsrockets.org](mailto:Katie.Culver@ahsrockets.org)

- 458-9551 Ext. 2597
- MobileServe is our service tracking site/app
- Sophomore ACTS: A Christian Through Service
  - In-Person service at local agencies
  - During the school day on Wednesdays in the spring
  - Assumption ACTS pants will be required, can purchase from Shaheens
  - TB test and vaccinations *may* be required for certain agencies
    - TB test part of ACTS fee and given at school for students placed at agencies requiring it



# RETREAT DIRECTOR

JULIA SCUDDER



# SOPHOMORE RETREAT

- [Julia.Scudder@ahsrockets.org](mailto:Julia.Scudder@ahsrockets.org), Instagram: [ahs.rockets.campusministry](https://www.instagram.com/ahs.rockets.campusministry)
  - 271-2621
- Sophomore year, students choose their retreat date.
- Earth & Spirit Center
- One-day retreats
- Community & Compassion Retreat
  - "Retreat will be filled with community building activities, mindful listening, nature walks, introspection, small group reflection, and time serving our Earth side by side."





# STATE OF THE SCHOOL UPDATE

MARY LANG - PRESIDENT

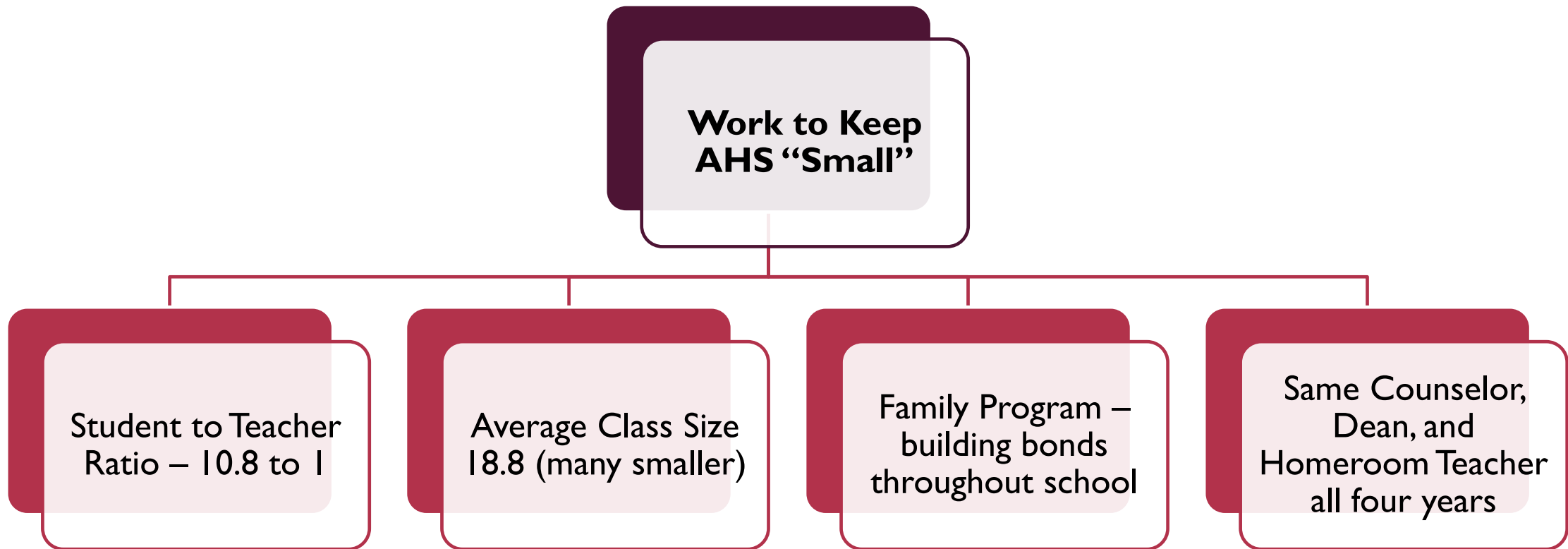


WELCOME TO  
2024 – 2025  
SCHOOL YEAR

## Enrollment

- 938 students
- Largest all girl's Catholic School in Louisville and one of the largest Mercy schools
- Benefit = Wide range of enrichment opportunities to engage every student

# AHS AT A GLANCE



## WHERE OUR STUDENTS COME FROM



99 DIFFERENT MIDDLE  
SCHOOLS



51 DIFFERENT ZIP  
CODES



26.5 % ATTENDED NON-  
CATHOLIC SCHOOLS

## MAKING A AHS EDUCATION POSSIBLE

**40%** of student body receive tuition assistance (financial aid & scholarships)



**Over \$1.7 M** awarded in tuition assistance for 2023-24 school year



## REMINDER ABOUT ILLNESS

Covid is now treated like other respiratory illnesses (cold, flu, RSV)

If your daughter is sick keep her home until symptoms are fully resolved and she is fever free (w/o the aid of fever reducing medication) for 24 hours





- Sound System  
SS-500HD-D  
3' high x 8' wide
- Arched Truss w/ Backlit  
Channel Logos  
DA-1008-25  
3' high x 8.5' wide @2  
Logos: 3' x 2.48' @2
- LED Display  
LVX-440x760-10SMD  
14.4' high x 24.94' wide





AHS voted as BEST private high school three years in a row!



ATTENDANCE/ABSENCES/TRAFFIC

KAMARIA WESLEY, DEAN OF STUDENTS



# ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Parent Handbook for all the details

## ATTIRE

- Please help us with our uniform policies – especially skirt length. After this week, disciplinary consequences will

## ATTENDANCE

- We no longer differentiate between excused and unexcused absences
  - There is no longer a need to email to get permission for your child to miss school
- If your child is absent, you must call the school or email [attendance@ahsrockets.org](mailto:attendance@ahsrockets.org)
- Attendance is taken by block- no more half-day absences; if a student is more than 20 minutes late to a class, they are counted as absent but must still attend the class.
- Students absent 10 or more times in a class will not earn credit for the course.
- Schedule appointments on breaks/around school hours
- Study block is a great time to schedule appointments

# ASSUMPTION HIGH SCHOOL

## Carpool and Traffic Flow

**IMPORTANT NOTE:** The paved shoulder along Bardtown Road in front of Assumption is used as a turning lane/ waiting area for vehicles prior to entering the carpool lane on campus. Those queuing on the shoulder must be sure not to block the Bardtown Road/Tyler Lane intersection. If there is not room for the vehicle on the shoulder, drivers may not stop on Bardtown Road and block the intersection or drive past those waiting on the shoulder and then turn right onto the two-way drive/carpool line directly from Bardtown Road.

r Ln

Tyler Ln

No Student Drop Off or Pickup on Tyler Lane

EXIT

FACULTY/STAFF PARKING  
No Student Drop Off or Pickup

CROSSWALK

STUDENT DROP OFF & PICKUP

MAIN STUDENT PARKING  
No Student Drop Off or Pickup

Do not stop. Please continue to pull around.

CARPOOL LANE

FACULTY/STAFF PARKING  
No Student Drop Off or Pickup

STUDENT PARKING  
No Student  
Drop Off or Pickup

CROSSWALK

ENTER CARPOOL  
LANE HERE

PARKING QUEUE

150

Bardtown Road

217  
Louis

10205

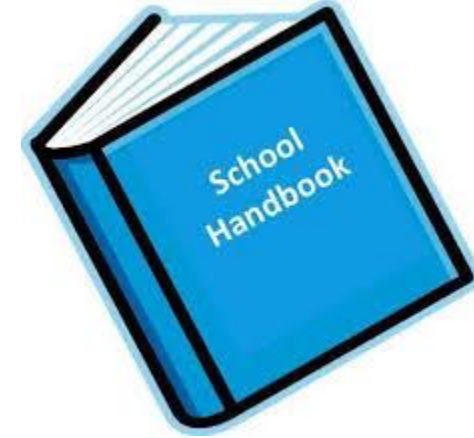


AND BEFORE I GO...

Know that I am here  
to support you and  
your child in every way  
possible. I look  
forward to being a  
team with you and  
appreciate your  
support!

"COMING TOGETHER IS A BEGINNING;  
KEEPING TOGETHER IS PROGRESS;  
WORKING TOGETHER IS SUCCESS."

- Henry Ford



- Trust your parenting! Look at the wonderful job you've done.
- Trust your Assumption community! We love your child and are here to teach them academically and socially.
- Trust your child! They want to make you proud and be successful. Let them continue learning how to walk. If they fall, be there to help them if they need you. Let them feel the trust you have in them to advocate for themselves.



COUNSELOR

JENNIFER RUCKRIEGEL





# OVERVIEW OF SOPHOMORE YEAR/SOCIAL EMOTIONAL LEARNING

SOPHOMORE SCHOOL COUNSELOR, JENNIFER RUCKRIEGEL



**I'm a  
SOPHOMORE!**

- Individual check in with every student each semester.
- In addition to checking in on transitional and emotional issues, I will also discuss the following:
  - ❖ Getting involved at Assumption
  - ❖ Continued college/career exploration, offering a career exploration group to sophomores with lots of interest already
  - ❖ Last year's standardized test scores/ways to engage in test prep
  - ❖ Group Counseling opportunities
- ❖ Follow Guidance Department on Facebook and Twitter
  - Facebook: Assumption Guidance Parent Page
  - Twitter: @AHSGuidanceDept

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# IS THE SOPHOMORE SLUMP REAL?

LET'S LOOK AT BAKER  
MAYFIELD...



# INTERCEPTIONS

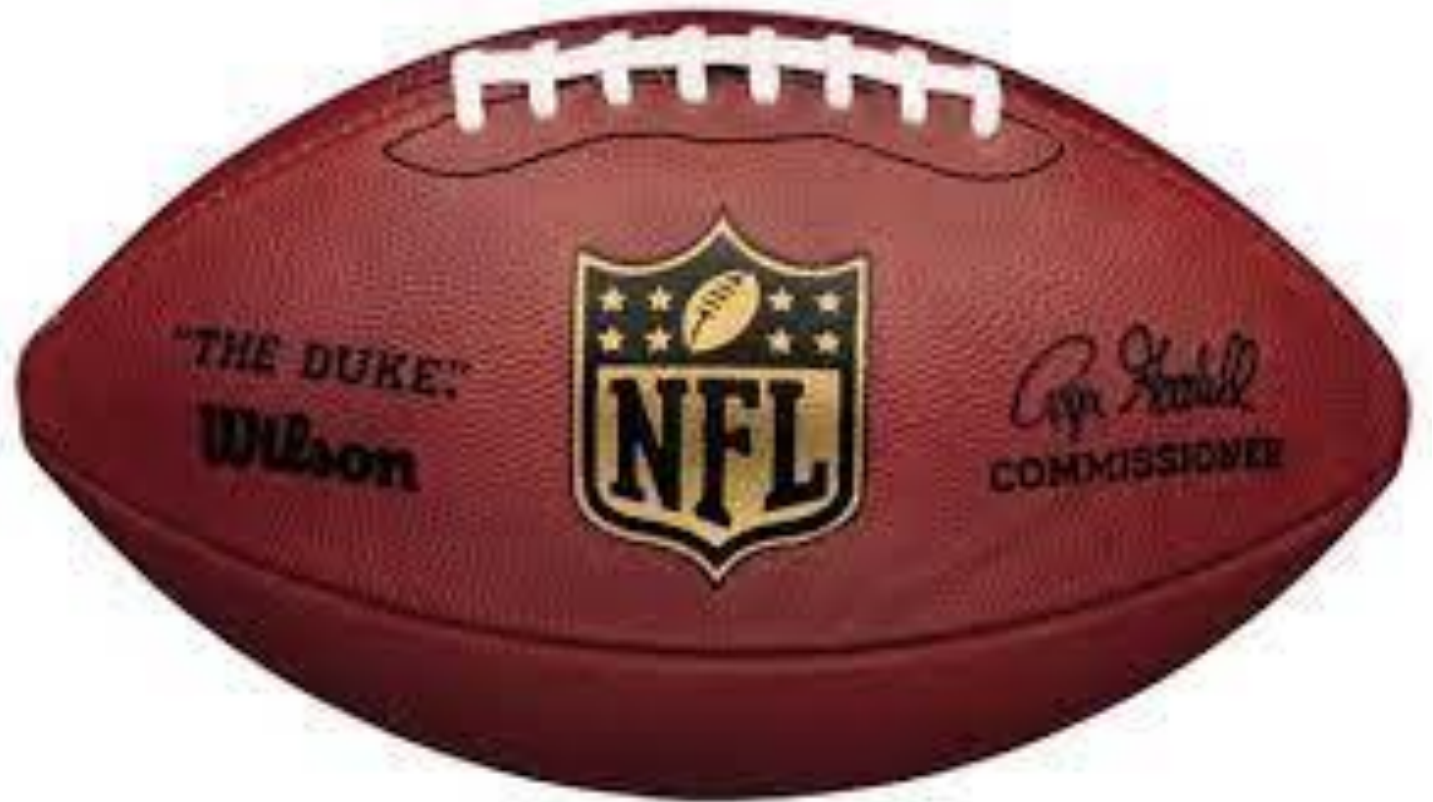
2018- "Freshman Year"

**14 interceptions**

2019- "Sophomore  
Year"

**21 interceptions**

What happened in his  
"junior" year?...



## "JUNIOR YEAR" STAT

### ONLY 8 INTERCEPTIONS!

- Curveballs, interceptions, challenges may happen sophomore year.
- Look for opportunities for engagement and belonging.
- When things feel overwhelming, help them see what they can do right now.
- You know your child best- if something seems off, it probably is, please reach out.



Don't forget  
about Parent  
Prayer!

Tuesdays from  
8:15-8:45!

**Assumption  
Parent Prayer Group**



**Join us to pray  
on Tuesday mornings!**

**August 27 - May 6**

**8:15am – 8:45am**

**Assumption Chapel**

Please park in any open spot and enter the school through the main entrance.

**All are welcome!**

All AHS parents are invited to begin the day in prayer every Tuesday morning. Throughout the year, we pray for each student, faculty and staff member at AHS by name while parents at Sacred Heart, Mercy, Presentation, Trinity and St. Xavier share the same weekly prayer.

No need to RSVP. Please invite friends.

Join the email list: **[bit.ly/AHSPrayer](https://bit.ly/AHSPrayer)**

Let us know how the AHS Community can pray for you:

**[bit.ly/AHSIntentions](https://bit.ly/AHSIntentions)**

# REACH OUT!

**President** – *Mary Lang*

**Principal** – *Martha Tedesco*

**Sophomore Counselor** – Jennifer Ruckriegel

**Dean of Students** – *Kamaria Wesley*

**Deans of Studies** – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

**Service Learning Director** – *Katie Culver*

**Retreat Director** – *Julia Scudder*

Email us at [firstname.lastname@ahsrockets.org](mailto:firstname.lastname@ahsrockets.org)  
or call the school at (502-458-9551).