

AUGUST 14, 2024

**AS YOU SIGN IN,
PLEASE:**

- ADD YOUR DAUGHTER'S
FIRST AND LAST NAME IN
THE CHAT FOR
ATTENDANCE
- MAKE SURE YOUR
MICROPHONE IS MUTED

SENIOR PARENT ORIENTATION

AGENDA

- **Welcome & Prayer** – Lynnzi Hoehler
- **Start of the School Update** – Mary Lang
- **Academic Expectations/Testing/AP/DC** – Judy Fieldhouse
- **Leadership & Engagement** – Kristin Walsh
- **Attendance/Absences and Other Good Stuff to Know**– Kamaria Wesley
- **Student Support Services/Achievement Center** – Pam Conway
- **Retreats/ARISE** – Katie Culver
- **College Information** – Kim Habich
- **Commitment & Communication** – Martha Tedesco
- **Overview of Senior Year Emotions/Counseling Services** – Lynnzi Hoehler
- **Closing** – Lynnzi Hoehler

PRAYER

A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas



START OF SCHOOL UPDATE

MARY LANG - PRESIDENT



WELCOME TO
2024 – 2025
SCHOOL YEAR

Enrollment

- 938 students
- Largest all girl's Catholic School in Louisville and one of the largest Mercy schools
- Benefit = Wide range of enrichment opportunities to engage every student

AHS AT A GLANCE

**Work to Keep
AHS “Small”**

Student to Teacher
Ratio – 10.8 to 1

Average Class Size
– 18.8 (many
smaller)

Family Program –
building bonds
throughout school

Same Counselor,
Dean, and
Homeroom Teacher
all four years

WHERE OUR STUDENTS COME FROM



99 DIFFERENT MIDDLE
SCHOOLS



51 DIFFERENT ZIP
CODES



26.5 % ATTENDED NON-
CATHOLIC SCHOOLS

MAKING AS AHS EDUCATION POSSIBLE

40% of student body receive tuition assistance (financial aid & scholarships)



Over \$1.7 M awarded in tuition assistance for 2023-24 school year

REMINDER ABOUT ILLNESS

Covid is now treated like other respiratory illnesses (cold, flu, RSV)

If your daughter is sick keep her home until symptoms are fully resolved and she is fever free (w/o the aid of fever reducing medication) for 24 hours





- Sound System
SS-500HD-D
3' high x 8' wide

- Arched Truss w/ Backlit
Channel Logos
DA-1008-25
3' high x 8.5' wide @2
Logos: 3' x 2.48' @2

- LED Display
LVX-440x760-10SMD
14.4' high x 24.94' wide



AHS voted as BEST private high school three years in a row!



ACADEMIC EXPECTATIONS

JUDY FIELDHOUSE – DEAN OF STUDIES



COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS



- Academic Advising
 - Mrs. Fieldhouse (A – K)
 - Mrs. Schuhmann (L – Z)
- Drop/Add Ends Wednesday 8/21
- TEAM *'Your Daughter's Name'*
- We are partners and need your help

The Middle Block: RTI/Community Time & Lunch

- + 90 minutes of time in the middle of the day
- + Broken into 30-minute blocks of time which includes 3 lunch periods.

RTI Time = Rockets Taking Initiative Time for Students

Tuesdays, Wednesdays, Thursdays

- +Independent Work
- +Required RTI – priority!
- +Required “will” work in the LSC or AC
- +Requests to meet with a teacher
- +Attend enrichment and interest opportunities
 - LEOs
 - Advocacy work
 - Campus ministry activities


RTI Time = Rockets Taking Initiative Time for Teachers

Tuesdays, Wednesdays, Thursdays

- + Team Meeting & Planning Time
- + RTI Time to work with small groups or individual students
- + If a student is invited by a teacher and they do not attend – parents will receive an email notification

TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May



Assumption High School
 2170 Tyler Lane
 Louisville, KY 40205
 Phone: (502)458-9551 * Fax: (502)454-8411
 www.ahsrockets.org

Nationally recognized for excellence
 U.S. Department of Education
 Blue Ribbon School of Excellence 1989, 1993, 1998
 Lighthouse School of Excellence 2003, 2005
 NCEA Innovation in Education Award 2005, 2009
 RAMP Award for Model Guidance Program 2005, 2008
 LDA Beacon of Hope Award 2008
 Accredited by Southern Association of Colleges and Schools

Levelled courses are available to students to allow for an individualized course of studies.

Academic: college preparatory course for freshman and sophomore students requiring greater emphasis on basic skills
Honors: college preparatory course based on standard high school curriculum which requires in-depth consideration of concepts and independent study and research
Honors 1: college preparatory course requiring in-depth consideration of concepts, independent study, analysis, and research; material is presented at an accelerated rate
Advanced: the most advanced high school level course available to students; accelerated college preparatory course which requires students to independently analyze and synthesize curriculum
DC: dual credit college level course; credit may be earned through University of Louisville or Western Kentucky University
AP: College Board approved course; students prepare to take AP exams

Grade 9			Grade 11		
14-15 Assumption High School			16-17 Assumption High School		
	Grade	Credit		Grade	Credit
ALGEBRA I (Honors)	B+	1.00	ACT PREP (Honors)	A	0.50
BIOLOGY (Honors)	A-	1.00	ALGEBRA II (Honors1)	A	1.00
CATHOLIC BELIEFS (Honors)	A	0.50	CATH SOCIAL TEACH (Honors)	A-	0.50
ENGLISH I (Honors)	B+	1.00	CATHOLIC MORAL TEACHING (Honors)	A-	0.50
HEALTH (Honors)	B+	0.50	ENGLISH III (Honors1)	A-	1.00
INTR DRAWPAINT (Honors)	A+	0.50	FORENSIC SCIENCE I (Honors)	A-	0.50
PHYS EDUC I (Honors)	A-	0.50	PAINTING I	A	0.50
SCRIPTURE (Honors)	B+	0.50	PHYSICS (Honors1)	A	1.00
SPANISH I (Honors)	B	1.00	PSYCHOLOGY (Honors)	A-	0.50
WORLD GEOGRAPHY (Honors)	A-	0.50	WORLD HISTORY (Honors1)	A-	1.00


9th YEAR CREDITS 7 ABSENT 3
 9th YEAR GPA 3.76 TARDY 0 9th Yr Weighted GPA 3.76

11th YEAR CREDITS 7 ABSENT 8
 11th YEAR GPA 4.00 TARDY 3 11th Yr Weighted GPA 4.00

Grade 10			Grade 12		
15-16 Assumption High School			17-18 Assumption High School		
	Grade	Credit		Grade	Credit
CHEMISTRY I (Honors)	A	1.00	ACT PREP (Honors)	A	0.50
DRAWPAINT I (Honors1)	A	0.50	ALGEBRA II (Honors1)	A	1.00
ENGLISH II (Honors1)	B+	1.00	CATH SOCIAL TEACH (Honors)	A-	0.50
GEOMETRY (Honors1)	A	1.00	CATHOLIC MORAL TEACHING (Honors)	A-	0.50
HUMANITIES I (Honors)	A-	0.50	ENGLISH III (Honors1)	A-	1.00
SPANISH II (Honors)	A-	1.00	FORENSIC SCIENCE I (Honors)	A-	0.50
THE LIVING CHURCH (Honors)	A	0.50	PAINTING I	A	0.50
THE PASCHAL MYSTERY (Honors)	A	0.50	PHYSICS (Honors1)	A	1.00
US HISTORY (Honors)	A-	1.00	PSYCHOLOGY (Honors)	A-	0.50

10th YEAR CREDITS 7 ABSENT 2
 10th YEAR GPA 3.95 TARDY 1 10th Yr Weighted GPA 3.95

12th YEAR CREDITS 7 ABSENT 10.5
 12th YEAR GPA 3.76 TARDY 6 12th Yr Weighted GPA 4.23



GPA Designations and Grading Scale

A+ 4.00 98-100	B+ 3.67 88-89	C+ 2.67 81-82	D+ 1.67 74-75	F 0.00 below 70
A 4.00 84-87	B 3.33 85-87	C 2.33 78-80	D 1.33 72-73	
A- 4.00 90-93	B- 3.00 83-84	C- 2.00 76-77	D- 1.00 70-71	

Weighted Grading Scale

AP/DC	Advanced	College Prep(H1, H and AC)
A+4	A+4.5	A+4
B+4	B+3.5	B+3
C+3	C+2.5	C+2
D+2	D+1.5	D+1
F+1	F+0.5	F+0

UNOFFICIAL PARENT COPY TRANSCRIPT

- Emailed home late July from SwitchReach
- Password protected with your daughter's student ID
- Only valid for 60 days
- Save as PDF for unofficial use

DUAL CREDIT COURSES AVAILABLE TO SENIORS

JCTC

Public Speaking (3 credit hours)

- COM 181
 - GPA requirement 3.0

OR

- GPA of 2.5 AND
- ACT requirement
 - ENGLISH 18
 - READING 20

SPRING 2024 courses

PreCal (4 credit hours)

- **MAT 171**
 - ACT requirement
 - MATH 23

Calculus (5 credit hours)

- **MAT 175**
 - ACT requirement
 - Math 27

- **French 101, 102**

DUAL CREDIT COURSES AVAILABLE TO SENIORS

UL

ENGLISH

- English IV (*3 credit hours each*)
 - ENG 101
 - ENG 102

TEACHING AND LEARNING PATHWAY

(3 credit hours each)

- EDTP 201 The Teaching Profession
- EDTP 215 Foundations of Instruction
- EDTP 107 Human Development and Learning

WKU

BUSINESS COURSES (3 credit hours each)

- Personal Finance FIN 161
- Intro to Business BUS 101

WORLD LANGUAGES

- Spanish 102, 201
- French 102, 201

SOCIAL STUDIES

- History 102

DUAL CREDIT SCHOLARSHIP PROGRAM

KRS 164.786

- Must apply to University
- JCTC or WKU or UL
 - Must apply for scholarship on KHEAA
 - TWO COURSES for 11th **AND** 12th grade.
 - Request transcript from college or university upon graduation.
- Some courses are also eligible for the Work Ready Scholarship
 - Details given to students in each class and Rocket Report



DON'T LET THIS BE YOU!

Only the Family can apply for the KHEAA Scholarships.

PLEASE READ THE ROCKETREPORT AND CHECK YOUR DAUGHTER'S
KHEAA ACCOUNT

STUDENT/FAMILY RESPONSIBILITY: WE ARE LEADING HER THROUGH

AP

Enroll in the course online and choose to take the exam

Pay the test fee to AHS
currently \$98 by **January 28**

Send score to college or university

DC

Enroll in the course

Apply and Register at the College or University

Pay the tuition – Currently \$95 per credit hour

KHEAA Scholarships Available

Set up university email

Request and send transcript to college or university

PRAY FOR A BUMP

- Know there will be a bump somewhere along the way
- Please work with us to help your daughter through it
- We will help your daughter know she is much more than ONE failed test or ONE missing assignment or ONE behavior poor choice.

BUMP

PRAY FOR A BUMP

- Know there will be a bump somewhere along the way
- Please work with us to help your daughter through it
- We will help your daughter know she is much more than ONE failed test or ONE missing assignment or ONE behavior poor choice.

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LEADERSHIP & ENGAGEMENT

KRISTIN WALSH – DIRECTOR OF LEADERSHIP & ENGAGEMENT



MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*



I am a valuable person.
I have dignity & worth,
and what I do makes a
difference.

ASSUMPTION ENGAGES ALL STUDENTS

• WE WORK PURPOSEFULLY ON THIS IN OUR COMMUNITY TIME

- Designated, regular time throughout the school day for opportunities for
 - **student engagement**
 - **community-building**
 - **academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- Students are either in class meeting or in homeroom
 - commitment to home base for students with two homeroom teachers who grow with your daughter
 - programming that provided advising and direction along the definition of engagement.

ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests.**
- **Opportunities to develop as a Christian Leader—formal and informal.**
- **Development of school-wide programming to provide a community atmosphere for all students.**



ATTENDANCE/ABSENCES/OTHER GOOD STUFF TO
KNOW

KAMARIA WESLEY, DEAN OF STUDENTS



ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Parent Handbook for all the details

ATTIRE

Please help us with our uniform policies – especially skirt length. After this week, disciplinary consequences will follow uniform and handbook infractions

ATTENDANCE

- We no longer differentiate between excused and unexcused absences
- There is no longer a need to email to get permission for your child to miss school
- If your child is absent, you must call the school or email attendance@ahsrockets.org
- Attendance is taken by block- no more half-day absences; if a student is more than 20 minutes late to a class, they are counted as absent but must still attend the class.
- Students absent 10 or more times in a class will not earn credit for the course.
- Schedule appointments on breaks/around school hours
- Study block is a great time to schedule appointments

ASSUMPTION HIGH SCHOOL

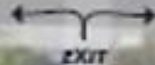
Carpool and Traffic Flow

IMPORTANT NOTE: The paved shoulder along Bardtown Road in front of Assumption is used as a turning lane/ waiting area for vehicles prior to entering the carpool lane on campus. Those queuing on the shoulder must be sure not to block the Bardtown Road/Tyler Lane intersection. If there is not room for the vehicle on the shoulder, drivers may not stop on Bardtown Road and block the intersection or drive past those waiting on the shoulder and then turn right onto the two-way drive/carpool line directly from Bardtown Road.

r Ln

Tyler Ln

No Student Drop Off or Pickup on Tyler Lane



CROSSWALK

STUDENT DROP OFF & PICKUP

MAIN STUDENT PARKING
No Student Drop Off or Pickup

FACULTY/STAFF PARKING
No Student Drop Off or Pickup

Do not stop. Please continue to pull around.

CARPOOL LANE

FACULTY/STAFF PARKING
No Student Drop Off or Pickup

STUDENT PARKING
No Student
Drop Off or Pickup

PARKING QUEUE

150

Bardtown Road

ENTER CARPOOL
LANE HERE

CROSSWALK

40205

217
Louis

DRIVER'S TESTING (and yes, we still have parking available)

- Students are encouraged to use time out of school for driver's testing whenever possible. When it is not possible, students should minimize their time out of school and are asked to incorporate their study block into the time missed if they can.
- **Written Permit Testing:** due to limited days/times when written tests are administered, students may be excused from school for up to a half day to take the written permit test.
- **Road Test for Restricted Driver's License:** students may be excused from school for up to a half day to take the road test to get her restricted license.
- Your child is responsible for communicating any planned absences to her teachers, gathering her make-up work, and abiding by the make-up work policy.



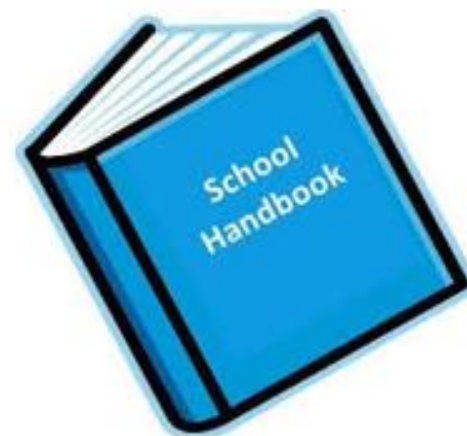
- Use Thursday of Mission Week (February 27, 2025)
- PSAT/college visit option on Testing Day (Thursday, October 10, and followed by 3 weekdays of Fall Break) to visit
- There is no need to get approval for college visits
 - On the day of the college visit, you will still need to call the school or email attendance@ahsrockets.org to report your child as absent.
 - Student must obtain official letter of verification of the college visit from the college admissions office and turn it in to the attendance office within 2 school days of the college visit.

AND BEFORE I GO...

Know that I am here
to support you and
your child in every way
possible. I look
forward to being a
team with you and
appreciate your
support!

"COMING TOGETHER IS A BEGINNING;
KEEPING TOGETHER IS PROGRESS;
WORKING TOGETHER IS SUCCESS."

- Henry Ford



- Trust your parenting! Look at the wonderful job you've done.
- Trust your Assumption community! We love your child and are here to teach them academically and socially.
- Trust your child! They want to make you proud and be successful. Let them continue learning how to walk. If they fall, be there to help them if they need you. Let them feel the trust you have in them to advocate for themselves.



STUDENT SUPPORT SERVICES ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR





We are the...

ACHIEVEMENT CENTER

Providing academic support for
all AHS students.

THE DREAM TEAM IN THE AC



THE AC HAS 4 TEACHERS AND THE ENGLISH DEPT!

Mrs. Britt
Math/Science

hi



Mrs. Conway
English/Writing/
Reading



Ms. Prentice
Math/Science



GET IT SIS!

Mrs. Whitfield
Math/Science

hi





HOW DOES THE AC SUPPORT STUDENTS?

01

Academic support in any subject to the best of our ability.

02

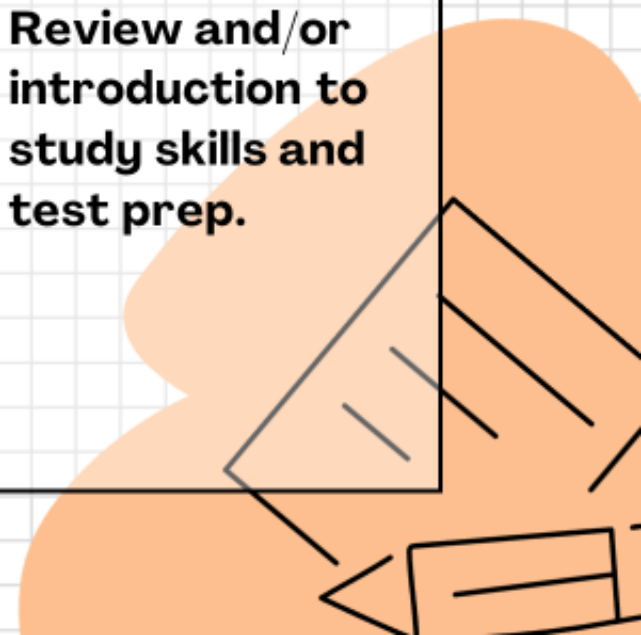
Organizational support with technology files as well as class binders/folders

03

Time management support for personal and study schedules.

04

Review and/or introduction to study skills and test prep.





NOT ONLY, BUT ALSO...

1.

We are here before/after school.

2.

We can match students with a peer tutor.

3.

We create study groups for students.

4.

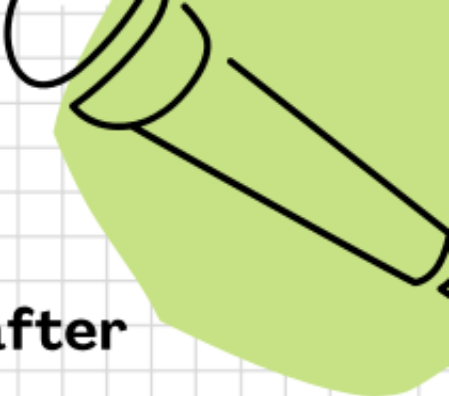
We send reminders of upcoming tests.

5.

We help with college and scholarship essays.

6.

We are your student's biggest cheerleaders!





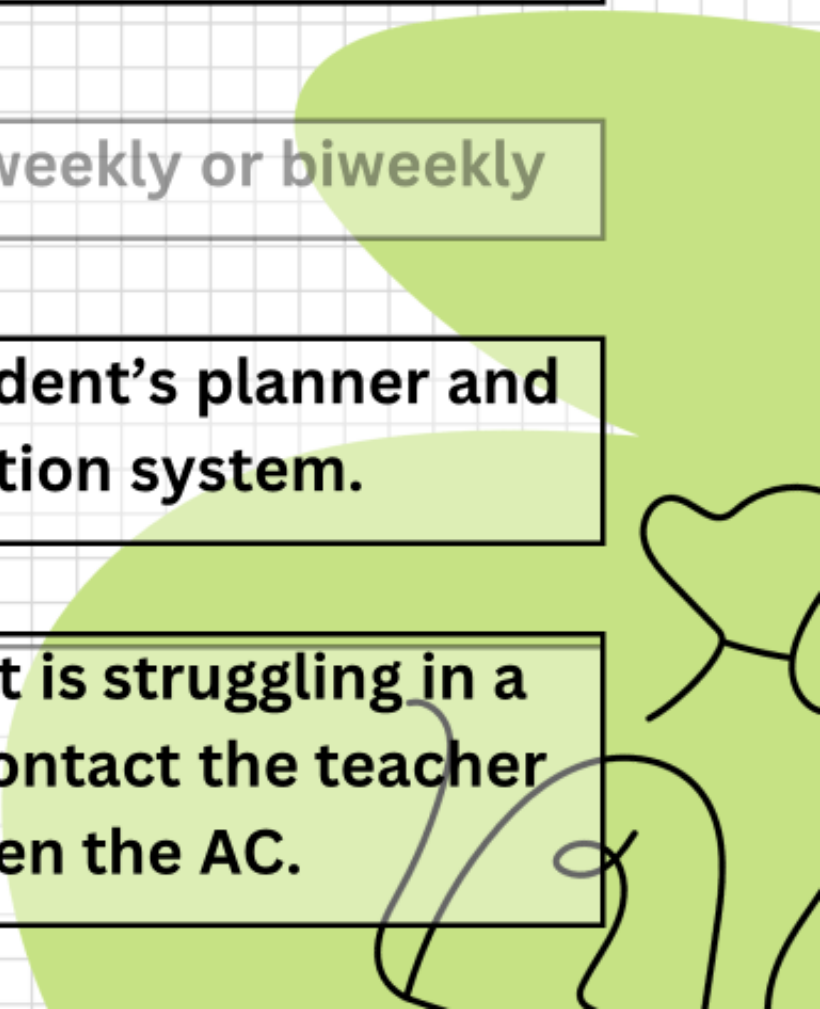
HOW CAN YOU SUPPORT FROM HOME?

**Encourage your student to come to
the AC for academic support.**

Check grades weekly or biweekly

**Check your student's planner and
organization system.**

**If your student is struggling in a
class, please contact the teacher
and then the AC.**





RETREAT PROGRAM/ARISE

KATIE CULVER— SERVICE LEARNING DIRECTOR



SENIOR RETREAT

- Julia.Scudder@ahsrockets.org
 - 271-2621
 - Instagram: @ahs.rocket.retreats
- Integral part of senior experience.
- Most students have their own room but may request a room with a friend.
- Dates:
 - October 3-6 (Thur-Sun)
 - January 16-19 (MLK Jr. Weekend)
 - February 24-27 Mission Week)
 - March 13-16 (Thur-Sun)
- Applications will be available this Friday. Retreat spots are given on a first come-first served basis.

ARISE SERVICE TRIPS (MISSION WEEK)

- Katie Culver
- Katie.Culver@ahsrockets.org 458-9551 ext. 2597
- Re-envisioning ARISE to meet the needs of this class
- Will offer direct service and advocacy opportunities
- Survey will go to students next week
- Focus on: Service, Simplicity, Community, and Prayer



COLLEGE INFORMATION

KIM HABICH – COLLEGE COUNSELOR



COLLEGE COUNSELING AT ASSUMPTION

- ❖ Two College Counselors:

- ❖ Leigh Jackson: A-K

- ❖ Kim Habich: L-Z

- ❖ College Counselors work with all juniors and seniors regarding the college process.

- ❖ We welcome individual appointments with students. Parents/Families are welcome to be a part of the process!

COLLEGE COUNSELING AT ASSUMPTION

Events

- ❖ College Workshop with all Seniors

August 1st & 8th

- ❖ College Night for Parents/Guardians

Thursday, September 5th @ 6:30 – AHS Theater

- ❖ Financial Aid Night

Thursday, October 3rd @ 6:30 – AHS Theater



COMMITMENT & COMMUNICATION

MARTHA TEDESCO, PRINCIPAL



COMMUNICATION

THANK YOU for a GREAT start to the school year!

The Importance of Email: Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

FOCUS OF OUR ORIENTATION DAY: COMMITMENT TO THE CULTURE

COMMITMENT

Reviewed pride in ourselves, school, space, and relationships with each other.

This year...a new component of our daily schedule.

FOCUS: Setting expectations and remembering who we are.

Partnership with our Parents

Communication is KEY

- Stop and think before you speak and act
- Speak with respect and with intention to LISTEN and understand
- Integrity matters
- Ask questions when you do not understand
 - **Ask 3 before me**
 - TEAMS
 - Guidance emails
 - Classmate
 - Faculty/Staff (during the school day)
 - **Are not expected to respond immediately to emails sent after school hours or on weekends**
 - **Allow two business/school days to respond**



COMMUNICATION & COMMITMENT

- **Assume positive intent.** We are all on the same team.
- **There are always at least TWO perspectives to every story.** And all perspectives are real.
- **Take a moment.** We acknowledge our passions for our daughter/student.
- **Be open to respectful, constructive dialogue.** We are committed to listening, reflecting, and responding.



OVERVIEW OF SENIOR YEAR EMOTIONS/COUNSELING SERVICES

LYNNZI HOEHLER— SENIOR COUNSELOR



THE FIVE STAGES OF SENIOR YEAR EMOTIONS- IT'S A ROLLERCOASTER OF EMOTIONS

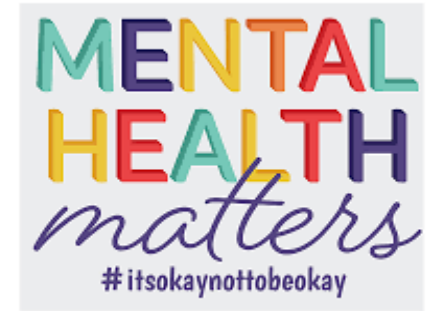
- It's all uphill right now
- And then it takes a crazy turn
- And then there's calm
- Before the storm
- And then it all comes to an end

<https://www.society19.com/5-stages-senior-years-emotional-roller-coaster/>



MENTAL HEALTH SUPPORT FOR YOUR DAUGHTERS

- At least one meeting per semester
- Groups (Senior Transfer Groups, Grief, Divorce, Stress Less, etc.)
- Weekly Email Newsletter - "Friday Forecast"
- Mindful Mondays
- Their commitment as a class is to each other
- Red Flags



And, a resource for you: Edit Your Life podcast, episode "Simple + Compassionate Parenting Tactics with Dr. Tina Payne Bryson" (<https://edityourlifeshow.com/tina-payne-bryson/>)

Don't forget
about Parent
Prayer!

Tuesdays from
8:15-8:45!

**Assumption
Parent Prayer Group**



**Join us to pray
on Tuesday mornings!**

August 27 - May 6

8:15am – 8:45am

Assumption Chapel

Please park in any open spot and enter the school through the main entrance.

All are welcome!

All AHS parents are invited to begin the day in prayer every Tuesday morning. Throughout the year, we pray for each student, faculty and staff member at AHS by name while parents at Sacred Heart, Mercy, Presentation, Trinity and St. Xavier share the same weekly prayer.

No need to RSVP. Please invite friends.

Join the email list: bit.ly/AHSPrayer

Let us know how the AHS Community can pray for you:

bit.ly/AHSIntentions

REACH OUT!

President – *Mary Lang*

Principal – *Martha Tedesco*

Senior Counselor – *Lynnzi Hoehler*

Dean of Students – *Kamaria Wesley*

Deans of Studies – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

College Counselors – *Leigh Jackson (A-K) & Kim Habich (L-Z)*

Retreat Director – *Julia Scudder*

Service Learning Director- *Katie Culver*

Email us at firstname.lastname@ahsrockets.org
or call the school at (502-458-9551).