



CLUB CATALOG

ASSUMPTION HIGH SCHOOL








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KEY

The colorful dots next to each club title signifies the grade levels that are permitted to join or participate and if an application is required.

-  **SENIORS**
-  **JUNIORS**
-  **SOPHOMORES**
-  **FRESHMEN**
-  **APPLICATION/SELECTION REQUIRED**



ACADEMIC CLUBS & COMPETITIONS

Academic Teams ●●●●

This is comprised of AHS's Quick Recall, Governor's Cup, and Future Problem Solving (FPS) teams.

• **Quick Recall** ●●●●

This is a team in which members listen to questions read by a moderator and attempt to beat the clock, and the opposing team, with a correct response. Play begins in September and ends in February with Governor's Cup. Students who participate in Quick Recall benefit by developing confidence and public speaking skills as they compete in weekly matches against teams from all non-public high schools in Louisville. Practices are once a week with competitions on Thursdays. There are varsity and junior varsity teams.

• **Governor's Cup** ●●●●●

This is for students selected to participate in local and state competitions. Students are selected from all academic teams with recommendations of faculty and area of expertise indicated by the student.

• **Future Problem Solving (FPS)** ●●●●

This is an internationally recognized, award-winning, creative-thinking competition. FPS members investigate future problems and use ingenuity, creativity, and cooperative learning to find solutions and plans of action. Competitions are offered at the district, regional, and state levels as part of the Governor's Cup. Practices are scheduled around competitions and take place beginning in January and ending in March.

Hand Robotics ●●●●

This club is open to students who would like to learn more about the foundation of engineering and design, biomedical innovations, coding, and artificial intelligence. Members will work together with partners to build a fully-functioning prosthetic hand by the end of the school year using technology made available by NeuroMaker, a leader in Neuroscience, product development, and product design. Meetings occur at least once a month after school.

French Club ●●●●

This club offers students the opportunity to expand their knowledge of the French language and culture. Members are encouraged to plan and participate in various social and cultural activities. Many of the activities focus on holidays in French-speaking countries.

Future Business Leaders of America (FBLA) ●●●●

This is an organization for students who have an interest in the field of business. Activities include monthly meetings, various speakers from the business community, fundraisers, and more. Regional and state conferences and competitions are held in the spring.

Future Physicians of America (FPA) ●●●●

This is an organization for those interested in pursuing a career in the medical field (nurses, lab techs, doctors). The club meets several times each semester to listen to and interact with professionals in the medical community.



Math League ●●●●

This club is composed of three seniors, three juniors, three sophomores, three freshmen, and two alternates for each class. The students participate in four regular meets held at various high schools throughout the school year. Awards are presented in the spring to the highest scoring members of each class among district schools.

Rose Window ●●●●

This is the literary arts magazine of AHS. It features poetry, prose, artwork, and photography created by students. All students are encouraged to submit pieces for possible publication in the magazine. Any student is welcome to be a member of the review or selection staff and to help with the magazine's design and layout. The editorial staff is selected by the moderator.

Spanish Club ●●●●

This club offers students the opportunity to experience and appreciate the culture of various Spanish-speaking countries. Many of the activities focus on holidays, arts and crafts, and food.

Speech & Debate Team ●●●●

This team is for students who are interested in developing or improving their skills in competitive performance, public speaking, and debate, also known as forensics. This is good preparation for those wanting to enter debate and speech contests. Students compete in tournaments sponsored by the Kentucky High School Speech League, National Catholic Forensic League, and Wilson Wyatt Debate League. Competition can lead to membership in the National Speech & Debate Association, the nation's oldest scholastic honor society.



ADVOCACY & SERVICE

Asian Culture Club ●●●●

This club explores the different aspects of Asian culture. Topics include movies, anime, music, language, and food.

American Sign Language (ASL) Club ●●●●

This is an opportunity for students to learn the basics of ASL as well as develop an understanding of the deaf community. This club offers students a sampling of what signing is all about and exposure to a different language. Different activities, games, and talks take place that focus on learning ASL and a different culture. New members and signers at any level are always welcome!

Best Buddies Club ●●●●

This club is designed to build one-to-one friendships between people with and without intellectual and developmental disabilities (IDD), providing social interaction through a variety of events and activities including the annual Best Buddies Walk, holiday parties, movie nights, arts and crafts, and more. This club enables those with IDD to experience inclusion and form meaningful connections with others in the community. It provides AHS students with the opportunity to interact with those who are often marginalized in our society and get to know them as individuals. The group meets monthly to plan and participate in activities with their buddies.

Beta Club ●●●●●

This organization is dedicated to honoring academic achievement and encouraging school/community service. It is for students who maintain a 3.5 cumulative GPA and do not have more than two demerits. Grade checks are at the beginning of each semester, and discipline checks are twice a semester. Qualifying students receive applications in February. Members are required to attend 75% of meetings, unless they have excused absence from school. Members complete 20 service hours junior year and 20 service hours senior year. Juniors and seniors are registered as one club with the National Beta Club organization.

Black Student Union (BSU) ●●●●

This organization is open to all students regardless of race and provides, and opportunity to learn more about and celebrate black culture, discuss issues related to race, and promote diversity.

Diversity Group ●●●●

This organization is for students who have a passion for diversity and inclusion. This group meets to discuss topics of interest to students, hear from various guest speakers, and also participate in the Archdiocesan Diversity Group.



Green Dot ●●●●●

This club is committed to promoting the idea that we, as bystanders, can play an important role in helping create a culture of non-violence among our peers. This club works to educate others about dating violence, bullying, and sexual violence, and spread the word about how we can make the world a better, nicer place through our actions. Attendance at a Green Dot Bystander Training is required in order to be a member. Activities include monthly meetings, fundraising, and community outreach.

Humane Action Club ●●●●

This club is for students interested in activities that help animals, domestic and wild. Students participate in activities sponsored by the Humane Society.

Mental Health Awareness Club ●●●●

This club works to destigmatize mental illness and offer a supportive peer community for students who cope with their own mental illness or want to be a supportive presence to a family member or friend with a mental illness.

The Naturalist Club ●●●●

This club is for students who are interested in learning about and pursuing activities which promote stewardship of the natural world we live in. The club involves: planting in and harvesting from the gardens, hikes, learning how to propagate plants, how to compost waste matter, identify various plants/animals, and promoting an understanding and respect for the natural world.

Operation Smile ●●●●

This organization is for students who are interested in raising awareness and funds for those affected by cleft lips and palates. The organization meets monthly to plan events and fundraisers. Club proceeds go to fund surgeries for those with cleft lips and palates throughout the world. Students are invited to serve on committees within the organization which focus on awareness, public relations, and event planning. Committees are guided by the student leadership team.

Respect Life Club ●●●●

This club promotes the dignity of all human life, following the teachings of the Catholic Church. Members of the club have the opportunity to travel with the Archdiocese of Louisville to Washington, DC for the March for Life each January. The club is open to all students. Members are required to attend monthly meetings and participate in club activities.

Spectrum ●●●●

This is a campus-ministry organization that promotes inclusion and acceptance of differences, especially those related to LGBTQ+ individuals.

Student Y Chapter ●●●●

This is a youth service organization under the direction of the state YMCA Youth Association. Members provide values-oriented service to the community, school, and world. In addition, Y Club is the sponsoring organization for a model state government (KYA) in December and a model United Nations (KUNA) in March. Members in good standing with the club for the school year are permitted to attend conferences.



FAITH-BASED

Bible Study ●●●●

This is a small group of students who comes together to discuss, share, and pray while working through a written Bible study together, using Beth Moore's The Quest (for teen girls). It's very relaxed and provides a practical way to encounter and grow students' relationship with God, as well as others. You need not have ANY experience with Bible study or small groups to join.

Emmaus ●●●●

This is a group of students who meets to build community by discussing matters of faith and spirituality. Like the disciples on the road to Emmaus, we will discuss the ways we encounter God in our ordinary, everyday lives. It's like bringing retreat into daily life! Active members of the club will have opportunities to engage in Christian leadership. All are welcome regardless of religious background or small group sharing experience.

Fellowship of Assumption Athletes (FAA) ●●●●

This club is open to all students, you don't have to be an athlete to join. We strive to touch millions of lives, one heart at a time. FAA focuses on serving local communities by equipping, empowering, and encouraging people to make a difference for Christ. The purpose of this club is to help students increase their faith in God and their commitment to Christ. Outside speakers are often invited to share with the group during meetings.

Jammin' for Jesus ●●●●

This is a group of singers and musicians who are interested in lending their time and talent to this music ministry. They provide service to the school community by leading song at AHS liturgies and prayer services.

Joseph of Arimathea Society ●●●●

Members of this group live out the corporal and spiritual works of Mercy to bury the dead and to pray for the living and the dead by acting as pallbearers or witnesses at the funerals for the poor and the homeless at River Valley Cemetery or Meadow View Cemetery. Working with the Jefferson County Coroner's Office and students from other Catholic high schools and universities, members endeavor to give paupers' funerals some human dignity by providing a witness to the burial, flowers for the grave, and prayer. They offer comfort, support, and dignity for the dead and the people who cared for them and about them. The group is sponsored by Campus Ministry.



HONOR SOCIETIES

Foreign Language Honor Society - French ●●●●

This is a national organization open to students in French III, IV or V. Students are selected for membership based on their academic achievement in French and other courses. New members are selected during the spring semester and are inducted in March.

Foreign Language Honor Society - Spanish ●●●●

This is a national organization open to students in Spanish III, IV or V. Students are selected for membership based on their academic achievement in Spanish and other courses. New members are selected during the second semester of Spanish III and are inducted in the spring.

Mu Alpha Theta (MAT) ●●●●●

This is a national high school and junior college mathematics club and honor society whose purpose is to increase interest in math. Activities may include monthly meetings and planning AHS's Math Week events for the whole school. Students may apply for membership based on their academic achievement in math and other courses, and if they have completed a semester of geometry. New members are selected in the spring and are inducted in May.

National Art Honor Society (NAHS) ●●●●

The purpose of this program is to inspire and recognize students who have shown outstanding ability in art. Selection for membership requires that students have a minimum of one semester in art and maintain a 3.0 GPA. Each NAHS member is required to perform service that incorporates drawing and/or design skills for the AHS faculty and/or staff.

National English Honor Society (NEHS) ●●●

This is an organization that recognizes students who have shown interest and ability in their English classes. Membership is contingent on the completion of an application, including a teacher recommendation. Students who apply must have a minimum of 3.0 overall GPA and a 3.5 average in all English classes. As a member, students are required to attend monthly meetings in which students explore topics of interest associated with literature as well as plan a service project.

National Honor Society (NHS) ●●●

This is an organization for students who maintain a 3.7 cumulative GPA and who demonstrate outstanding leadership, character, and service to school and community. In January, after second semester grades are available, is when students may apply. To be considered for selection and eventual induction, students may have no more than one demerit on their discipline records and must be actively involved in at least three current school activities, provide evidence of leadership in which they have been directly responsible for motivating a group or promoting a school activity, and document meaningful community service experiences performed outside of school time whose primary purpose is to address the needs of others (minimum 20 hours of service for sophomores and 40 hours of service for juniors). Students selected for NHS must continue to complete a minimum of 20 service hours, with four of those hours performed in support of the group's goals. These requirements must be maintained in order to remain in good standing as a member and shall be reviewed bi-annually by the NHS Council. More detailed information is available at interest meetings in January.



Rho Kappa National Social Studies Honor Society ●●●

This organization provides national recognition for students who have demonstrated excellence in the field of social studies. Rho Kappa encourages an interest in, understanding of, and appreciation of the social studies. Members must have completed four semesters of social studies courses and be prepared to complete at least six semesters; they must have at least a 3.0 GPA in the social studies classes taken and an overall cumulative GPA of at least 3.0.

Science National Honor Society ●●●

This organization must strive to adhere and enhance the nationally defined objectives:

- Encourage and recognize scientific and intellectual thought
- Advance the students' knowledge of classical and modern sciences
- Communicate with the scientific community
- Aid the civic community with its comprehension of science
- Encourage students to participate in community service and in turn, encourage a dedication to the pursuit of scientific knowledge that benefits all of mankind

Members must be in advanced-level science classes with at least a 3.5 GPA in all science courses.

Tri-M Music Honor Society ●●●●●

This is a music honor society that students are invited to participate in if they are enrolled in a school-sponsored music ensemble or class, are of excellent character, maintain at least a B average in music, and at least a C average in other academic subjects.



LEADERSHIP

Advancement Council ●●●●

This group is chosen by the Office of Advancement through an application process. Members of the Advancement Council are chosen for their enthusiasm for AHS, poise, maturity, positive attitude, excellent public speaking, and leadership skills. These students are required to participate in several events per semester and assist the Advancement Department with aspects of fundraising and donor relations, alumnae relations, public relations and marketing, and special event planning.

Ambassadors ●●

This is an organization for which members are chosen for their leadership skills and poise. These students assist the Director of Engagement & Leadership with all full-school assemblies. They are also responsible for ushering at school functions where crowd control is necessary, including drama productions, choral concerts, art shows, etc. The Ambassadors also have an active role in Open House and plan the Father-Daughter Dance in coordination with the Sophomore class officers. All Ambassadors must attend the annual Ambassador Leadership Workshop held in the Summer. Applications are available in the spring of junior year.

Class Officers ●●●●●

These leaders exist to initiate and coordinate class activities, to provide better communication among class members, and to provide opportunities that help classmates get to know each other better. They are also leaders in fostering class spirit and building community/spirit within the whole school. Membership includes an elected class president for each grade level and eight officers. Class president and class officer candidates may have no more than two demerits and must have a cumulative B average for the current year. An election review board screens all candidates. Elections for sophomores, juniors, and seniors take place in the Spring, and elections for Freshmen take place in December. All sophomore, junior, and senior class officers and class presidents must attend the AHS Student Leader workshop held each Summer.

Family Council ●●●●●

The mission of this student government is to foster togetherness and pride in our families, school, and community through inclusion and compassion to create an environment where everyone can feel valued and loved and to have fun! The Family Council usually meets every Tuesday morning, and all members serve on one of three committees: family, school, and community. In addition to implementing homeroom and family activities, family reps also work on major school events like the Walk, Canstruction, and Family Olympics, as well as provide student voice on issues with administration. Elections for sophomores, juniors, and seniors take place in the spring, and elections for freshmen take place in December. Members are required to meet all the attendance, academic, and disciplinary criteria for all student government organizations.



Homeroom Moms ●●

These leaders are chosen from each family to help welcome and acclimate their newest family members to AHS by greeting freshmen on the first day of school, organizing beginning of school “get-to-know-you” activities, planning the Freshman Sleepover, assisting in freshman leadership development and, in general, taking care of their freshmen.

Library Advisory Council (LAC) ●●●●●

This group consists of 20-24 students and the library media specialist. This group is responsible for planning, promoting, setting up, and cleaning up all Media Center programs and fundraisers (Teen Read Week, Banned Books Week, poetry slam, author visits, etc.) Members are required to attend at least 75% of the meetings and events and assist in working at the circulation desk in the Media Center approximately 12 study halls a semester. Applicants must be responsible, organized, and dependable. They must take the initiative in planning new programs and be interested in marketing and advertising programs. Applicants must demonstrate a love of reading, and they must be willing to act as advocates for the library media program. Applications open in September.

Peer Leader Program ●●●

This organization is comprised of students who have made a commitment to be drug-, alcohol-, and tobacco-free. Students are trained to lead discussions, facilitate role playing, and serve as role models at AHS and in our community. Students must apply for membership and sign a commitment to living drug-, alcohol-, and tobacco-free. Applications are available in the fall of each school year.

Recruitment Team ●●●●

This team consists of dedicated students who recruit prospective students for AHS. Recruiters are selected through an application process, as well as group interviews if needed. This amazing group of young women is responsible for promoting AHS through visiting grade schools, giving tours, hosting shadows, and working Excellence Empowers, Open House, and all Future Rocket events. Applicants must be in good standing and have a 3.0 cumulative grade point average. Applications are available in early spring and must be submitted on a timely basis in order to be considered for the fall recruiting season.

Student Technology Leaders (STL) ●●●●

This is an opportunity for students to help their peers with simple technology solutions. Students must have good troubleshooting skills when it comes to questions about computers. Students volunteer once a week during their study period and receive volunteer hours for their time.

Varsity Club ●●●●

This group is chosen through an application process. Members of Varsity Club plan, promote, and execute school spirit events such as pep rallies, spirit week, and the opening ceremonies of the Pink and White game. Members are required to attend weekly meetings.



SPECIAL INTEREST

ACE Mentor Club ●●●●

This club introduces students to the professions of architecture, construction management, and engineering. The club generally meets every other Wednesday after school from 3:00-4:00 p.m. During the meetings, members of the professions give a brief presentation regarding their employment and then lead the club members through a hands-on activity. During the second semester, students design their own project and present their plan at a banquet with industry professionals and other schools' ACE Program Club members.

Art Club ●●●●

This club meets after school to work on art projects that are not related to work done in class. Students explore new media, service opportunities, and art experiences in the broader Louisville community. No previous experience required!

Bell Choir ●●●●

This group is composed of students who are interested in and/or have experience with ringing handbells. Membership is limited to 11 members, and students who can read music are given preference. Participants perform at a variety of school functions, including liturgies, prayer services, and school concerts. Choir members may also have the opportunity to perform at several community events as well as a national competition in Florida.

Book Club ●●●●

This is a student-oriented reading group that meets to discuss books and literary topics of interest. Its goal is to promote literacy in the AHS community and beyond.

Creative Writing Circle ●●●●

This is a community of writers who enjoy gathering twice a month to write and share from writing prompts. This is a place for serious writers, as well as ones who enjoy writing as a creative outlet without the need to finish or publish a piece.

Culinary Club ●●●●

This club is for students who like to cook, are new in the kitchen, or just love to eat! Culinary Club is an inclusive community where students have the opportunity to make new friends, learn skills to cook in the home for themselves/friends/family, and share in conversations about food. Each month, club members will learn about and make a dish with the Culinary Club community, and then they will share the dish with others.

Digital Media Team ●●●●

As a part of the Digital Media Team, students have the opportunity to run the video boards in the gym, take photos and videos at athletic events, create content for the athletic social media, conduct post-game interviews, work as game time announcers, and much more. Students receive training in their area of interest and sign up for events to work throughout the school year.

Film Club ●●●●

In this club, members create and agree upon a list of film titles from different genre groups and meet monthly to discuss the films. Films selected by the club are rated either G, PG, or PG-13.



Glee Club ●●●●

This is a non-audition choir that sings pop music. The club meets after school twice a month and often performs at the winter and spring music concerts. This club was designed as a musical outlet for students who can't fit music classes into their school schedule; all singers are welcome. Instrumentalists who are interested in accompanying the choir are welcome as well.

Intramural Sports ●●●●

The purpose of intramural sports is to provide athletic opportunities for all by organizing volleyball, flag football, and floor hockey events throughout the school year.

Photography Club ●●●●

This group meets once a month to explore interesting topics/subjects and techniques in photography. Any skill levels are welcome. Students use any camera that is charged—even cell phones.

Pickleball Club ●●●●

The fastest growing sport in the U.S. is also a club at AHS! This group gathers monthly to learn the fundamentals of this very accessible sport and to play games (you only need a little experience to play real games). Members also usually have snacks at these monthly meetings. Join for fun, exercise, good games, and for the best part, no previous experience needed.

Spanish Scrabble ●●●●

This is a club that provides the opportunity for interested AHS students to play Scrabble in a language they are learning. When possible, students compete against students from other schools.

Rocket Aerials ●●●●

This is a fun, challenging, and inclusive athletic club that allows you to take flight! With the use of aerial apparatuses, such as the silk, aerial hoop, and trapeze, students can learn to put together a lyrical dance routine in the air. This practice can aid in upper-body strength and full-body flexibility. Come join Rocket Aerials and be one of the next AHS aerialists!

Rose Theatre Company ●●●●●

Rose Theatre Company is open to students who enjoy drama. The company produces three shows annually: the fall musical, the BLOOM Theatre Project (social justice theatre thematically tied to Mission Week), and a spring play. Their Mission: "Rose Theatre Company strives to bring truth to the stage, both on stage and behind the scenes. We are a family who works hard and has fun devoting our time and talents to the drama and comedy of life."

• **Acting Auditions** ●●●●●

Take place approximately 6-10 weeks prior to production and are open to all students and young men from area high schools.

• **Tech** ●●●●●

This is an integral part of Rose Theatre Company, with students working behind the scenes on costumes, lights, scenery, props, sound, hair/makeup, stage management, social, or publicity. If interested in tech, students fill out a tech survey before auditions.

Rose Theatre Company is a no-cut extracurricular program; however, if a show does not require a large technical staff, a cap will be put on the number of tech surveys accepted with a first come/first serve procedure.



MODERATORS (A-Z)

A

ACE Mentor Club

Erin Chandler

Academic Teams: Governor's Cup, Future Problem Solving, & Quick Recall

Lou Armstrong
Pam Conway
Daniel Hamm
Eileen Moore

Advancement Council

Abby Martin

Ambassadors

Beth Long

Asian Culture Club

Brent Miller

B

Bell Choir

Steven Straub

Best Buddies Club

Angela Renz

Beta Club

Roquie Carrier
Erica Lasley
Leigh Jackson
Stephanie Shelton

Bible Study

Katie Culver

Black Student Union (BSU)

Janet Adkins
Aricka Prentice

Book Club

Kathy Schum

C

Class Officers

- Sophomore: Annie Boehnlein & Nick Rogers
- Junior: Carey Ogburn & Lindsay Peetz
- Senior: Meri Lou Mattingly & Stacy Johnson

Creative Writing Circle

Paula Spugnardi

Culinary Club

Chef Andrew
Samantha Spalding

D

Digital Media Team

Nicole Plicta

Diversity Group

Dawn Deweese

E

Emmaus

Campus Ministry

F

Family Council

Julia Scudder
Mary Ann Steutermann
Kristin Walsh

Future Business Leaders of America (FBLA)

Kristi Becker
Sandy Maxted
John Wolfe

Foreign Language Honor Society - French

Jennifer Shirley

Foreign Language Honor Society - Spanish

Liz Bender

French Club

Jennifer Shirley

Future Physicians of America (FPA)

Carrie Laha

G

Glee Club

Jared Ramirez

Green Dot

Abby Asfahl
Judi Erskine
Erica Lasley

H

Hand Robotics

Jill Elder



MODERATORS (A-Z)

Homeroom Moms

Erin Gary
Matt Lega

Humane Action Club

Sarah Johnstone
Brian Kirby

I

Intramural Sports

Teri Campisano
Stasia Polston
Mary Elise Schlich
Allison Stevenson

J

Jammin' for Jesus

Jackie Metry

Joseph of Arimathea Society

Gail King

L

Library Advisory Council (LAC)

Erica Lasley

M

Math League

Terri Kurtz
Christa Fackler

Mental Health Awareness Club

Dawn Deweese
Lynnzi Hoehler

Mu Alpha Theta (MAT)

Beth Shoemaker
Carol Stellino-Smith

N

National Art Honor Society (NAHS)

Elizabeth Foley

National English Honor Society (NEHS)

Jessica Williams

National Honor Society (NHS)

Kim Habich
Kelly Kirwan

The Naturalist Club

Michael Blum
Leah Wolford

O

Operation Smile

Laura Cronin
Ned Berghausen

P

Peer Leaders Program

Jennifer Ruckriegel

Photography Club

Gina Beirne

Pickleball Club

Josh Gray
Debbie Judd
Brian Kirby

R

Recruitment Team

Elisabeth Cassady
Kelsey Gunter

Respect Life Club

Lisa Wieland

Rho Kappa National Social Studies Honor Society

Megan Rose

Rocket Aerials

Christy Hulswede

Rose Theatre Company

Jenny Friedenberg
Colleen Murphy
Andrew Stairs

Rose Window

Liz Foley
Katie Highbanks

S

Science National Honor Society

Leah Wolford

Spanish Club

Jared Ramirez
Mary Lipscomb

Spanish Scrabble

James Sutherland

Spectrum

Diane Darst
Mary Ann Steutermann



MODERATORS (A-Z)

Speech & Debate Team

Diane Darst
Hannah Marks
Lisa Wieland

Student Technology Leaders

Jill Elder
Hannah Valenzuela

Student Y Chapter

Kayla Daley
Alex Laudeman

I

Tri-M Music Honor Society

Jackie Metry
Steven Straub

V

Varsity Club

Tiffany Hickerson
Jody Schaefer