

AUGUST 14, 2023

**AS YOU SIGN IN,
PLEASE:**

- ADD YOUR DAUGHTER'S
FIRST AND LAST NAME IN
THE CHAT FOR
ATTENDANCE
- MAKE SURE YOUR
MICROPHONE IS MUTED

SOPHOMORE PARENT ORIENTATION

AGENDA

- **Welcome & Prayer** – *Dawn Deweese*
- **Commitment & Communication** – *Martha Tedesco*
- **Academic Expectations** – *Theresa Schuhmann*
- **Student Support Services/Achievement Center** – *Pam Conway*
- **Leadership & Engagement** – *Kristin Walsh*
- **Retreat/Service Programs/ACTs** – *Julia Scudder*
- **Attendance/Absences/Traffic** – *Kamaria Wesley*
- **State of the School Update** – *Mary Lang*
- **Overview of Sophomore Year/Socio-Emotional Learning** – *Dawn Deweese*
- **Closing** – *Dawn Deweese*

PRAYER

A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas



COMMITMENT & COMMUNICATION

MARTHA TEDESCO, PRINCIPAL



COMMUNICATION

THANK YOU for a **GREAT** start to the school year!

The Importance of Email: Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

**FOCUS OF OUR ORIENTATION DAY:
COMMITMENT TO THE CULTURE
HOW DO WE SUSTAIN IT?**

PRIDE

How do we take pride in ourselves?

How do we take pride in our school?

How do we take pride in our space?

How do we take pride in our relationships with each other?

Partnership with our Parents

COMMUNICATION & COMMITMENT

- **Assume positive intent.** We are all on the same team.
- **There are always at least TWO perspectives to every story.** And all perspectives are real.
- **Take a moment.** We acknowledge our passions for our daughter/student.
- **Be open to respectful, constructive dialogue.** We are committed to listening, reflecting, and responding.



ACADEMIC EXPECTATIONS

THERESA SCHUHMANN



ACADEMIC ADVISING

Academic advising by Deans of Studies

- Mrs. Fieldhouse: A – K
- Mrs. Schuhmann: L – Z

Drop/Add ends Tuesday, 8/22

TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Make sure you have paid any Art Class Supply Fees
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
 - Geometry, US History
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May

Do you want to use your Course Materials Scholarship?

Use It Here

Getting Started

We've made it really easy to get your course materials. Let's get started.

Shop by Schedule

Enter Student ID

→ View Your Materials

- OR -

Shop by Course



2021-2022 Academic Year

Starts between: 08/11/2021 - 08/25/2021



Site



View Your Materials



Starts between: 08/11/2021 - 08/25/2021



Site Assumption High School

 Summer Courses Assumption High School**Assumption High School**

ATTENTION ALL STUDENTS: If a course has the option of a print text and an electronic version, you may choose the version that best fits your learning style. You do not need to purchase both.

Course ID	Starting	Ending	Course ID	Starting	Ending
<input type="checkbox"/> 10114 HON BEGINNING CHORUS	08/11/21	05/28/22	<input type="checkbox"/> 5124 HON. HEALTH	08/11/21	05/28/22
<input type="checkbox"/> 10123 HON.I CHAMBER CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5201 DC THE TEACHING PROFESSIO	08/11/21	05/28/22
<input type="checkbox"/> 1014 HON. ACT PREP	08/11/21	05/28/22	<input type="checkbox"/> 5401 DC HUMAN DEVELOPMENT & LE	08/11/21	05/28/22
<input type="checkbox"/> 10202 ADVANCED CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5514 HEALTHY FAMILY LIVING	08/11/21	05/28/22
<input type="checkbox"/> 10402 INSTRUMENTAL ENSEMBLE	08/11/21	05/28/22	<input type="checkbox"/> 5814 FITNESS AND NUTRITION	08/11/21	05/28/22

COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS



- Academic Advising
 - Mrs. Fieldhouse (A – K)
 - Mrs. Schuhmann (L – Z)
- Placement
- TEAM *'Your Daughter's Name'*
- We are partners and need your help

IMPORTANT DATES



- **WEDNESDAY, OCTOBER 11, 2023**
 - PreACT for all Sophomores
 - PSAT for Sophomores in Honors I, Advanced and AP English and any other sophomore by request. They will take the PreACT on Saturday, October 7, 2023
- **THURSDAY, FEBRUARY 1, 2024**
 - Registration information night and college night



STUDENT SUPPORT SERVICES
ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR





**The Achievement Center
is here for your student!**

**Mrs. Conway
Ms. Prentice
Mrs. Renz**

**We can assist with any class
to support academic
success.**

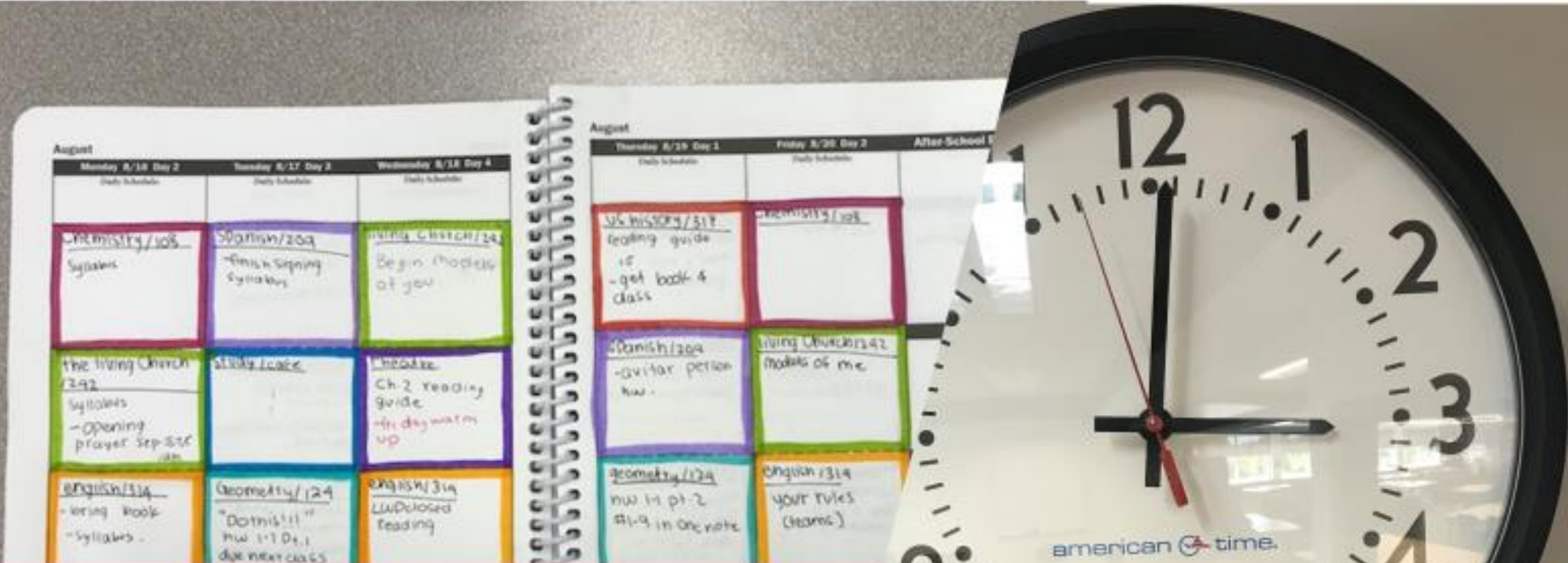


**Make sure your student stops by to
find out how the AC can serve them.**

The AC is eager to help your student have her best academic year!

We **not only** provide tutoring in any subject, **but we also** assist in other ways to ensure academic success!





TIME MANAGEMENT and ORGANIZATIONAL SKILLS:

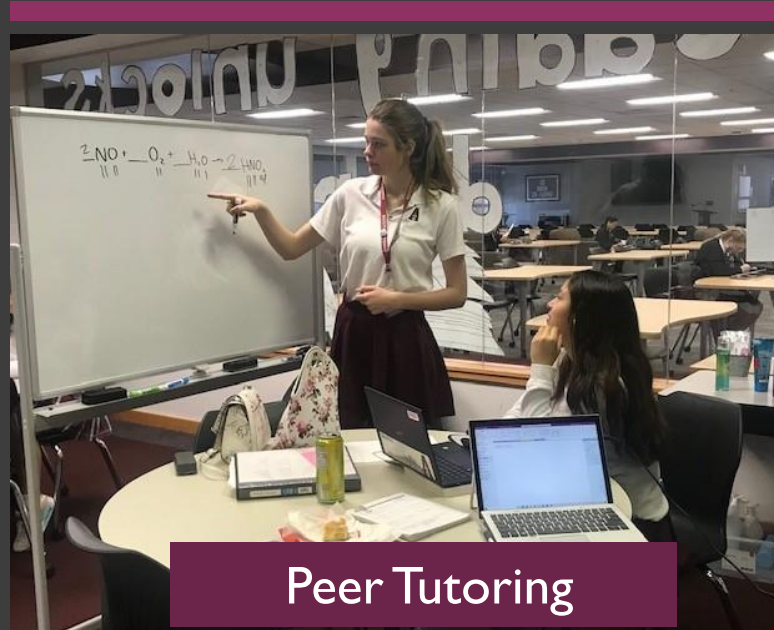
We show students how to plan their study time and utilize their planners. We also help organize binders and computer files. We can do weekly check-ins to see how a student's progress is going with developing these skills.

The AC provides study groups and peer tutoring to assist with test prep. They are available before and after school.



- Let's not forget about Work it Wednesday from 7:30-9:00 a.m.

- Check the Rocket Report for each month's schedule!



Peer Tutoring



WIW



Study Groups



LEADERSHIP & ENGAGEMENT

KRISTIN WALSH, DIRECTOR OF LEADERSHIP & ENGAGEMENT



MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*



An Assumption graduate is a woman for whom Faith Guides. She demonstrates an awareness of Catholic faith and values as evidenced by:

- demonstrating knowledge of Catholicism and Mercy Charism
- cultivating a relationship with God through prayer, reflection, and discernment
- living faith through action
- recognizing that each individual has innate value as a child of God

An Assumption graduate is a woman for whom Compassion Inspires. She responds to the needs of the times as evidenced by:

- advocating for self and others including the voiceless and vulnerable
- addressing the critical concerns of the Sisters of Mercy through works of social justice
- possessing cultural awareness and appreciation for diversity
- demonstrating effective interpersonal skills as a contributing member of the community

An Assumption graduate is a woman for whom Integrity Matters. She strives to live a life of truth and virtue as evidenced by:

- possessing the knowledge to make informed decisions regarding her health, technology use, and finances.
- demonstrating perseverance and resilience
- learning from mistakes and failure and demonstrating graciousness in success and defeat
- exhibiting personal responsibility and accountability

An Assumption graduate is a woman for whom Excellence Empowers. She pursues lifelong learning with intellectual curiosity as evidenced by:

- establishing and maintaining a growth mindset
- demonstrating the ability to think critically, analyze, and solve problems
- communicating effectively
- maintaining an awareness of historical and current events both at a local and global level
- possessing foundational knowledge sufficient for success in college and the post-secondary world

OUTCOMES OF AN ASSUMPTION GRADUATE



- Developed by our faculty and staff to identify the academic, life and leadership skills we want to guarantee for your daughters.
- Flow from our four pillars of our mission statement
- Developing these skills is a focus in our classroom

OUTCOMES OF AN ASSUMPTION GRADUATE



But we are also purposeful about accomplishing this through our LEAD Program

OUTCOMES OF AN ASSUMPTION GRADUATE

LEAD PROGRAM

L stands for

LEADERSHIP

E stands for

ENGAGEMENT

A stands for

ADVOCACY

D stands for

DIRECTION (GUIDANCE)

- **WE WORK PURPOSEFULLY ON THIS IN OUR LEAD & LEARN TIME**

- Designated, regular time throughout the school day for opportunities for
 - **student engagement**
 - **community-building**
 - **academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- Students are either in class meeting or in homeroom
 - commitment to home base for students with two homeroom teachers who grow with your daughter
 - programming that provided advising and direction in the areas of student engagement,

ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests**
 - Early September—Introduction to Clubs and Organizations during lunches
 - Meeting information will be available on our website calendar



SERVICE LEARNING DIRECTOR

KATIE CULVER '04 (PRESENTED BY JULIA SCUDDER)



SOPHOMORE ACTS

Katie.Culver@ahsrockets.org

- 458-9551 Ext. 2597
- MobileServe is our service tracking site/app
- Sophomore ACTS: A Christian Through Service
 - In-Person service at local agencies
 - During the school day on Wednesdays in the spring
 - Assumption ACTS pants will be required, can purchase from Shaheens
 - TB test and vaccinations *may* be required for certain agencies
 - TB test part of ACTS fee and given at school for students placed at agencies requiring it



RETREAT DIRECTOR

JULIA SCUDDER



SOPHOMORE RETREAT

- Julia.Scudder@ahsrockets.org
 - 271-2621
- Sophomore year, students choose their retreat date.
- Returning to the Earth & Spirit Center for a third year. Sophomores can choose a one-day retreat or a two-day, overnight retreat.
- Community & Compassion Retreat
 - "Retreat will be filled with community building activities, mindful listening, nature walks, introspection, small group reflection, and time serving our Earth side by side."





STATE OF THE SCHOOL UPDATE

MARY LANG - PRESIDENT



WELCOME TO
2023 – 2024
SCHOOL YEAR

Enrollment

- 900 students
- Largest all girl's Catholic School in Louisville and the largest Mercy school in the Americas

AHS AT A GLANCE

**Work to Keep
AHS “Small”**

Student to Teacher
Ratio – 9 to 1

Average Class Size
– 18.5 (many
smaller)

Family Program –
building bonds
throughout school

Same Counselor,
Dean, and
Homeroom Teacher
all four years

WHERE OUR STUDENTS COME FROM



91 DIFFERENT GRADE
SCHOOLS



52 DIFFERENT ZIP
CODES



26% ATTENDED NON-
CATHOLIC SCHOOLS

MAKING AS AHS EDUCATION POSSIBLE

40% of student body receive tuition assistance (financial aid & scholarships)



Over \$1.5M awarded in tuition assistance for 2023-24 school year

COVID REMINDERS

COVID IS ON THE RISE..AGAIN!

- Monitor our absenteeism rate for faculty/staff/students and report to Archdiocese if reaches or exceeds 10%.
- Archdiocese & LMDPH will determine if additional prevention measures necessary – such as universal masking up to class or school closure.

COVID REMINDERS

Keep your daughter at home if she is feeling sick.

If COVID positive – Isolate & notify our school nurse.

- Return **Day 6** if she is symptom free but must wear a mask for full 10 days
- If symptoms don't resolve by Day 5 must isolate for full 10 days and return **Day 11**
- **Day 0** is the first day experience symptoms

2023-2028 STRATEGIC PLAN

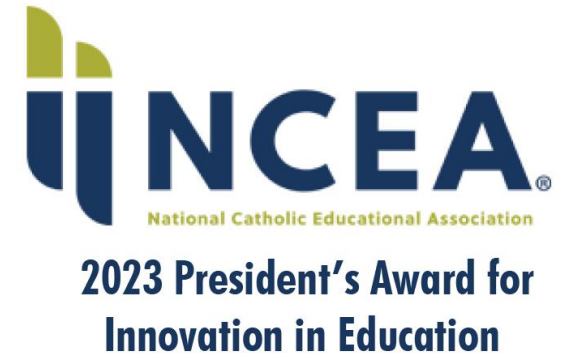
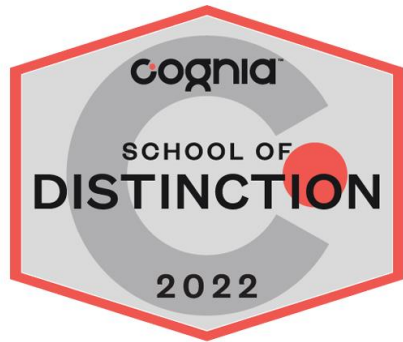
Synopsis of Plan soon!

- Result of intensive process and input from:
 - Board Members
 - Administrators
 - Faculty and Staff
 - Parents
 - Students
 - Community “experts”
 - Alumnae, Donors, Friends of AHS

STRATEGIC PLAN 2023-2028

Recommendations focused in 6 core areas – all centered on our students and their education & experience

- Mission including DEI
- Academics including Technology
- Leadership and Engagement including Athletics
- Campus and Facilities
- Marketing and Admissions
- Funding



RECENT ACCOLADES!



ATTENDANCE/ABSENCES/TRAFFIC

KAMARIA WESLEY, DEAN OF STUDENTS



ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Parent Handbook for all the details

- **ATTIRE:** Please help us with our uniform policies – especially skirt length.
- **ATTENDANCE:** Attendance and being on time much bigger deal in high school than in elementary/middle school
 - Consequences of too many absences and too many tardies spelled out in student-parent handbook
- Excused for illness, death in the family, and driver's testing
- Absences, early dismissals, and late arrivals require a doctor's note/medical statement to be excused and work can be made up for 100% credit
- Unexcused for family trips, vacations,—contact 1-2 weeks in advance if you think there could be mitigating circumstances
 - Unexcused absence: 50% credit for work completed and submitted
- To request an excused absence, submit request 1-2 weeks in advance: attendance@ahsrockets.org

ASSUMPTION HIGH SCHOOL

Carpool and Traffic Flow

IMPORTANT NOTE: The paved shoulder along Bardstown Road in front of Assumption is used as a turning lane/ waiting area for vehicles prior to entering the carpool lane on campus. Those queuing on the shoulder must be sure not to block the Bardstown Road/Tyler Lane intersection. If there is not room for the vehicle on the shoulder, drivers may not stop on Bardstown Road and block the intersection or drive past those waiting on the shoulder and then turn right onto the two-way drive/carpool line directly from Bardstown Road.

r Ln

Tyler Ln

No Student Drop Off or Pickup on Tyler Lane



FACULTY/STAFF PARKING
No Student Drop Off or Pickup

CROSSWALK

STUDENT DROP OFF & PICKUP

MAIN STUDENT PARKING
No Student Drop Off or Pickup



217
Louis

10205

PARKING QUEUE

150

Bardstown Road

Do not stop. Please continue to pull around.

CARPOOL LANE

CROSSWALK

ENTER CARPOOL LANE HERE

FACULTY/STAFF PARKING
No Student Drop Off or Pickup

STUDENT PARKING
No Student
Drop Off or Pickup

CARPOOL CONFIDENTIAL: secret #1



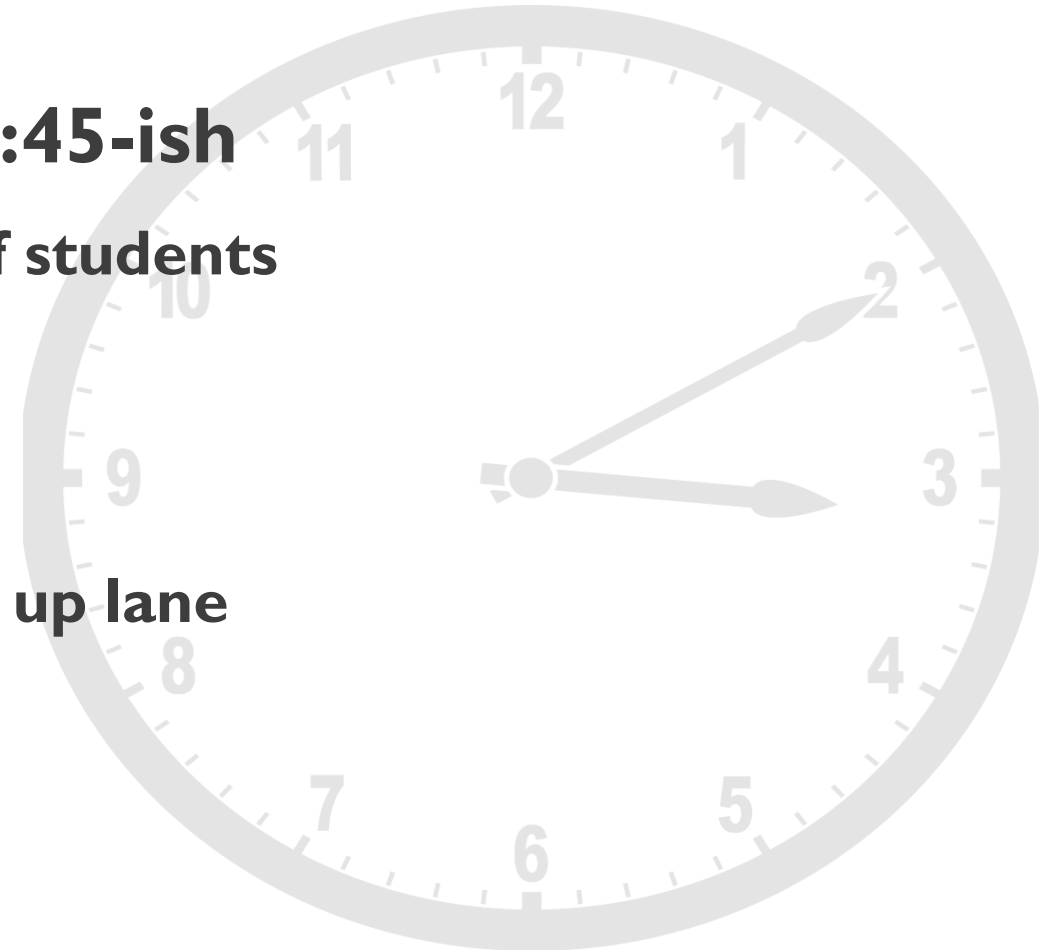
CARPOOL CONFIDENTIAL: SECRET #2:
come earlier in the morning, later in the afternoon

Prime time AM carpool starts 7:45/8:45-ish

- Building opens @ 7:15 a.m. for supervision of students

Staggered Parking Lot Dismissal

- 3:00: students who drive (and their carpools)
- Then, we dismiss the cars in the student pick up lane (usually about 3:08ish)

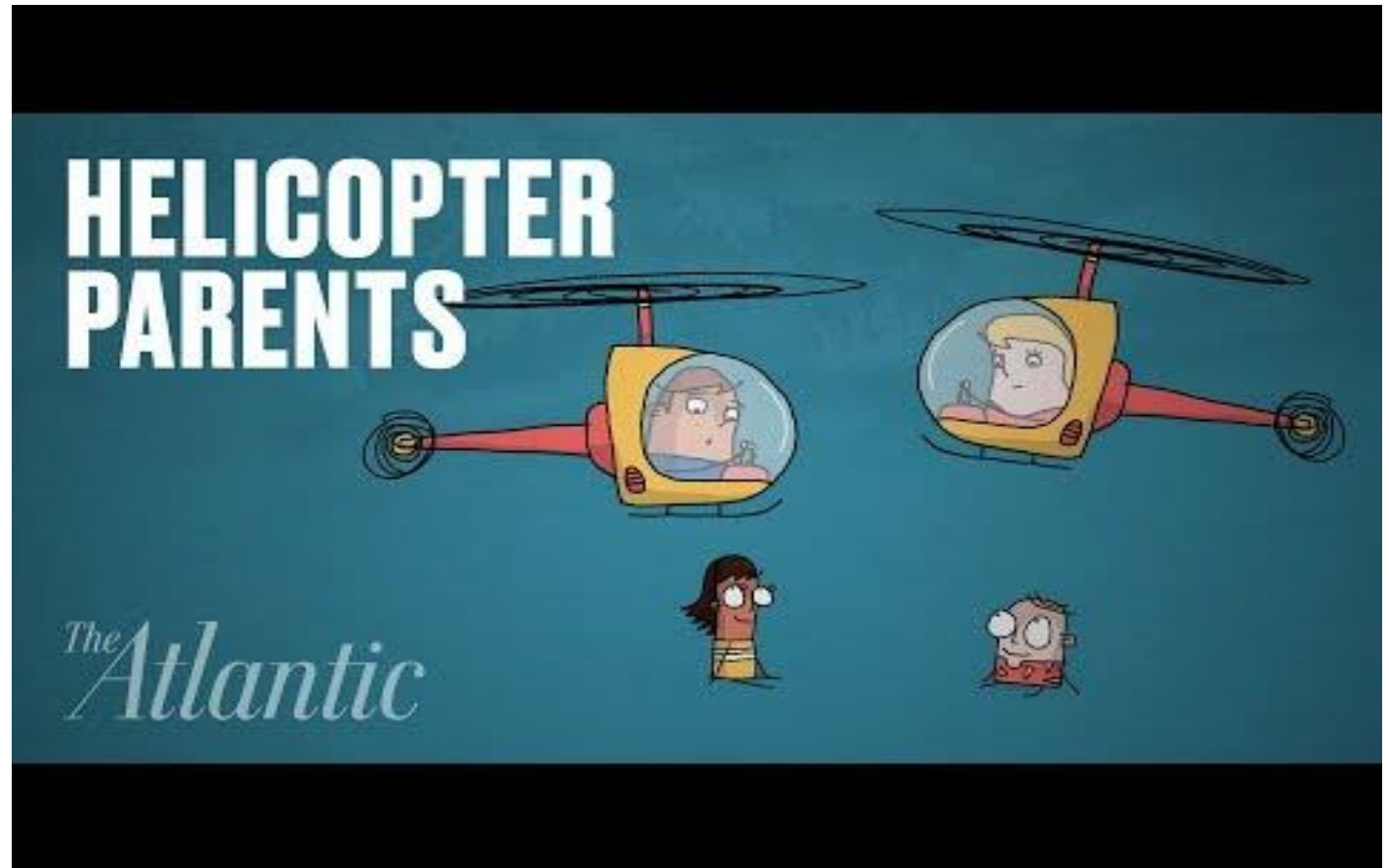


AND BEFORE I GO...

Know that I am here to support you and your child in every way possible. I look forward to being a team with you and appreciate your support!

"COMING TOGETHER IS A BEGINNING;
KEEPING TOGETHER IS PROGRESS;
WORKING TOGETHER IS SUCCESS."

- Henry Ford



- Trust your parenting! Look at the wonderful job you've done.
- Trust your Assumption community! We love your child and are here to teach them academically and socially.
- Trust your child! They want to make you proud and be successful. Let them continue learning how to walk. If they fall, be there to help them if they need you. Let them feel the trust you have in them to advocate for themselves.



COUNSELOR

DAWN DEWEESE



OVERVIEW OF SOPHOMORE YEAR/SOCIAL EMOTIONAL LEARNING

SOPHOMORE SCHOOL COUNSELOR, DAWN DEWEESE



**I'm a
SOPHOMORE!**

- Individual check in with every student each semester.
- In addition to checking in on transitional and emotional issues, I will also discuss the following:
 - ❖ Getting involved at Assumption
 - ❖ Continued college/career exploration, offering a career exploration group to sophomores with lots of interest already
 - ❖ Last year's standardized test scores/ways to engage in test prep
 - ❖ Group Counseling opportunities
- ❖ Follow Guidance Department on Facebook and Twitter
Facebook: Assumption Guidance Parent Page
Twitter: @AHSGuidanceDept

IS THE SOPHOMORE SLUMP REAL?

LET'S LOOK AT BAKER
MAYFIELD...



INTERCEPTIONS

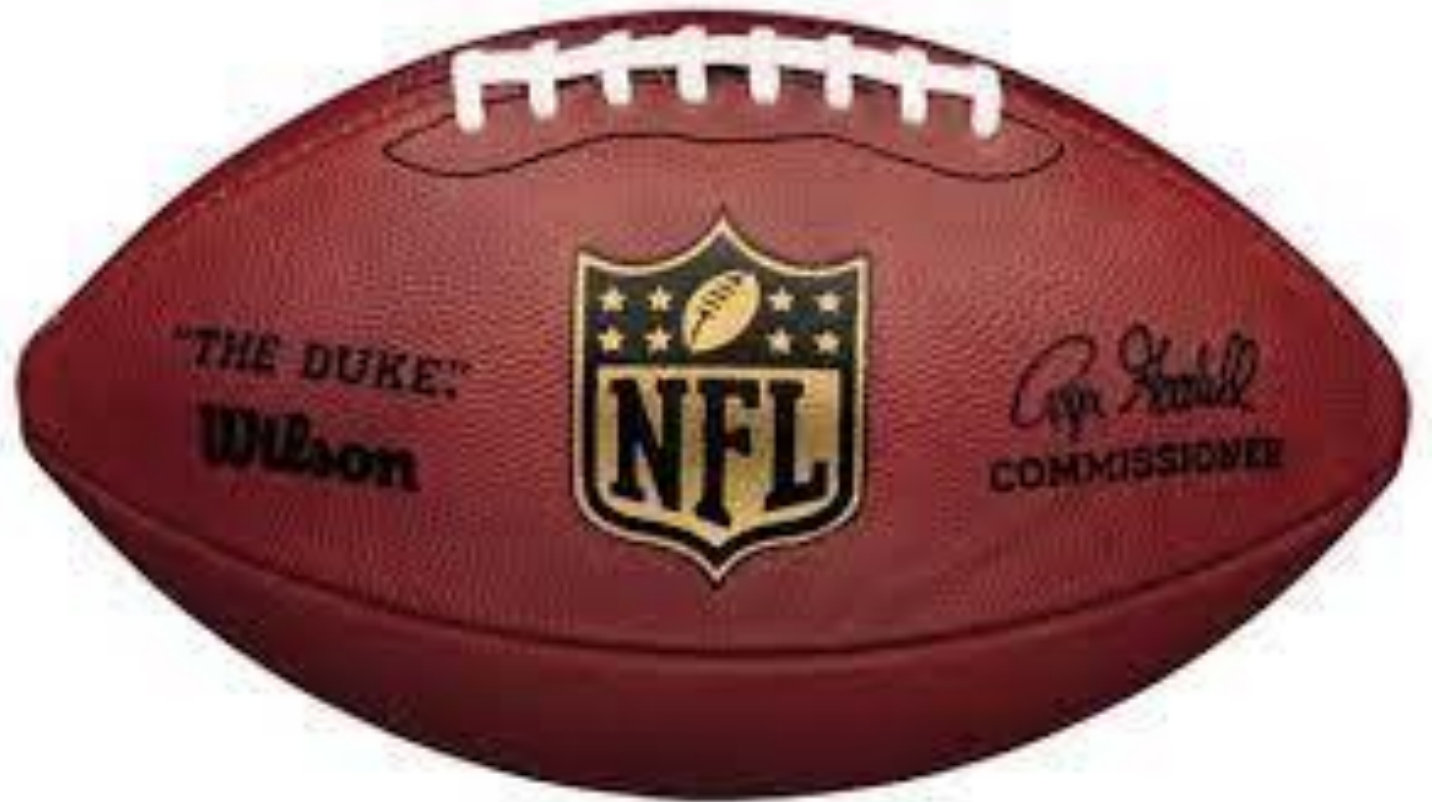
2018- "Freshman Year"

14 interceptions

2019- "Sophomore
Year"

21 interceptions

What happened in his
"junior" year?...



"JUNIOR YEAR" STAT

ONLY 8 INTERCEPTIONS!

- Curveballs, interceptions, challenges may happen sophomore year.
- Look for opportunities for engagement and belonging.
- When things feel overwhelming, help them see what they can do right now.



REACH OUT!

President – *Mary Lang*

Principal – *Martha Tedesco*

Sophomore Counselor – *Dawn Deweese*

Dean of Students – *Kamaria Wesley*

Deans of Studies – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

Service Learning Director – *Katie Culver*

Retreat Director – *Julia Scudder*

Email us at firstname.lastname@ahsrockets.org
or call the school at (502-458-9551).