

AUGUST 14, 2023

**AS YOU SIGN IN, IF  
VIRTUAL, PLEASE:**

- ADD YOUR DAUGHTER'S  
FIRST AND LAST NAME IN  
THE CHAT FOR  
ATTENDANCE
- MAKE SURE YOUR  
MICROPHONE IS MUTED

# FRESHMAN PARENT ORIENTATION

# AGENDA

- **Welcome & Prayer** – *Jennifer Ruckriegel*
- **State of the School Update** – *Mary Lang*
- **Attendance/Absences/Traffic** – *Kamaria Wesley*
- **Faith Opportunities** - *Mary Ann Steutermann*
- **Academic Expectations** – *Theresa Schuhmann*
- **Student Support Services/Achievement Center** – *Pam Conway*
- **Leadership & Engagement** - *Kristin Walsh*
- **Guidance Resources** – *Jennifer Ruckriegel*
- **Closing** – *Jennifer Ruckriegel*

# PRAYER

## **A Parent's Prayer for a Daughter**

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

# PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

*Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas*



# STATE OF THE SCHOOL

MARY LANG – PRESIDENT



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# WELCOME TO 2023 -2024 SCHOOL YEAR

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## Enrollment

- 900 students
- Largest all girl's Catholic School in Louisville and the largest Mercy school in the Americas

# AHS AT A GLANCE

**Work to Keep  
AHS “Small”**

Student to Teacher  
Ratio – 9 to 1

Average Class Size  
– 18.5 (many  
smaller)

Family Program –  
building bonds  
throughout school

Same Counselor,  
Dean, and  
Homeroom Teacher  
all four years

## WHERE OUR STUDENTS COME FROM



91 DIFFERENT GRADE  
SCHOOLS



52 DIFFERENT ZIP  
CODES



26% ATTENDED NON-  
CATHOLIC SCHOOLS



## MAKING AS AHS EDUCATION POSSIBLE

**40%** of student body receive tuition assistance (financial aid & scholarships)



**Over \$1.5M** awarded in tuition assistance for 2023-24 school year

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# COVID REMINDERS

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## COVID IS ON THE RISE..AGAIN!

- Monitor our absenteeism rate for faculty/staff/students and report to Archdiocese if reaches or exceeds 10%.
- Archdiocese & LMDPH will determine if additional prevention measures necessary – such as universal masking up to class or school closure.

## COVID REMINDERS

Keep your daughter at home if she is feeling sick.

If COVID positive – Isolate & notify our school nurse.

- Return **day 6** if she is symptom free but must wear a mask for full 10 days
- If symptoms don't resolve by Day 5 – then return **day 11**
- **Day 0** is the first day she experiences symptoms

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# 2023-2028 STRATEGIC PLAN

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## Synopsis of Plan soon!

- Result of intensive process and input from:
  - Board Members
  - Administrators
  - Faculty and Staff
  - Parents
  - Students
  - Community “experts”
  - Alumnae, Donors, Friends of AHS

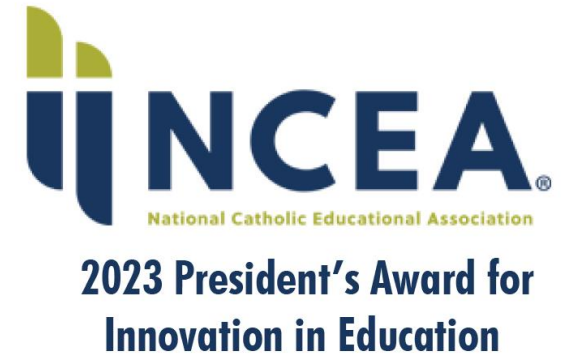
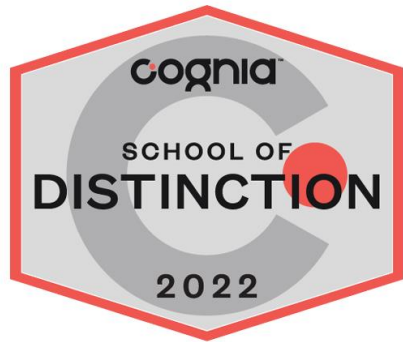
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# STRATEGIC PLAN 2023- 2028

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**Recommendations focused in 6 core areas – all centered on our students and their education & experience**

- Mission including DEI
- Academics & Technology
- Leadership & Engagement including Athletics
- Campus & Facilities
- Marketing & Admissions
- Funding



RECENT ACCOLADES!



**ATTENDANCE/ABSENCES/TRAFFIC**

**KAMARIA WESLEY, DEAN OF STUDENTS**



# ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Parent Handbook for all the details

- **ATTIRE:** Please help us with our uniform policies – especially skirt length.
- **ATTENDANCE:** Attendance and being on time much bigger deal in high school than in elementary/middle school
  - Consequences of too many absences and too many tardies spelled out in student-parent handbook
- Excused for illness, death in the family, and driver's testing
- Absences, early dismissals, and late arrivals require a doctor's note/medical statement to be excused and work can be made up for 100% credit
- Unexcused for family trips, vacations,—contact 1-2 weeks in advance if you think there could be mitigating circumstances
  - Unexcused absence: 50% credit for work completed and submitted
- To request an excused absence, submit request 1-2 weeks in advance: [attendance@ahsrockets.org](mailto:attendance@ahsrockets.org)



# ASSUMPTION HIGH SCHOOL

## Carpool and Traffic Flow

**IMPORTANT NOTE:** The paved shoulder along Bardstown Road in front of Assumption is used as a turning lane/ waiting area for vehicles prior to entering the carpool lane on campus. Those queuing on the shoulder must be sure not to block the Bardstown Road/Tyler Lane intersection. If there is not room for the vehicle on the shoulder, drivers may not stop on Bardstown Road and block the intersection or drive past those waiting on the shoulder and then turn right onto the two-way drive/carpool line directly from Bardstown Road.

r Ln

Tyler Ln

No Student Drop Off or Pickup on Tyler Lane



FACULTY/STAFF PARKING  
No Student Drop Off or Pickup

CROSSWALK

STUDENT DROP OFF & PICKUP

MAIN STUDENT PARKING  
No Student Drop Off or Pickup



217  
Louis

10205

PARKING QUEUE

150

Bardstown Road

Do not stop. Please continue to pull around.

CARPOOL LANE

CROSSWALK

ENTER CARPOOL LANE HERE

FACULTY/STAFF PARKING  
No Student Drop Off or Pickup

STUDENT PARKING  
No Student  
Drop Off or Pickup

# CARPOOL CONFIDENTIAL: secret #1



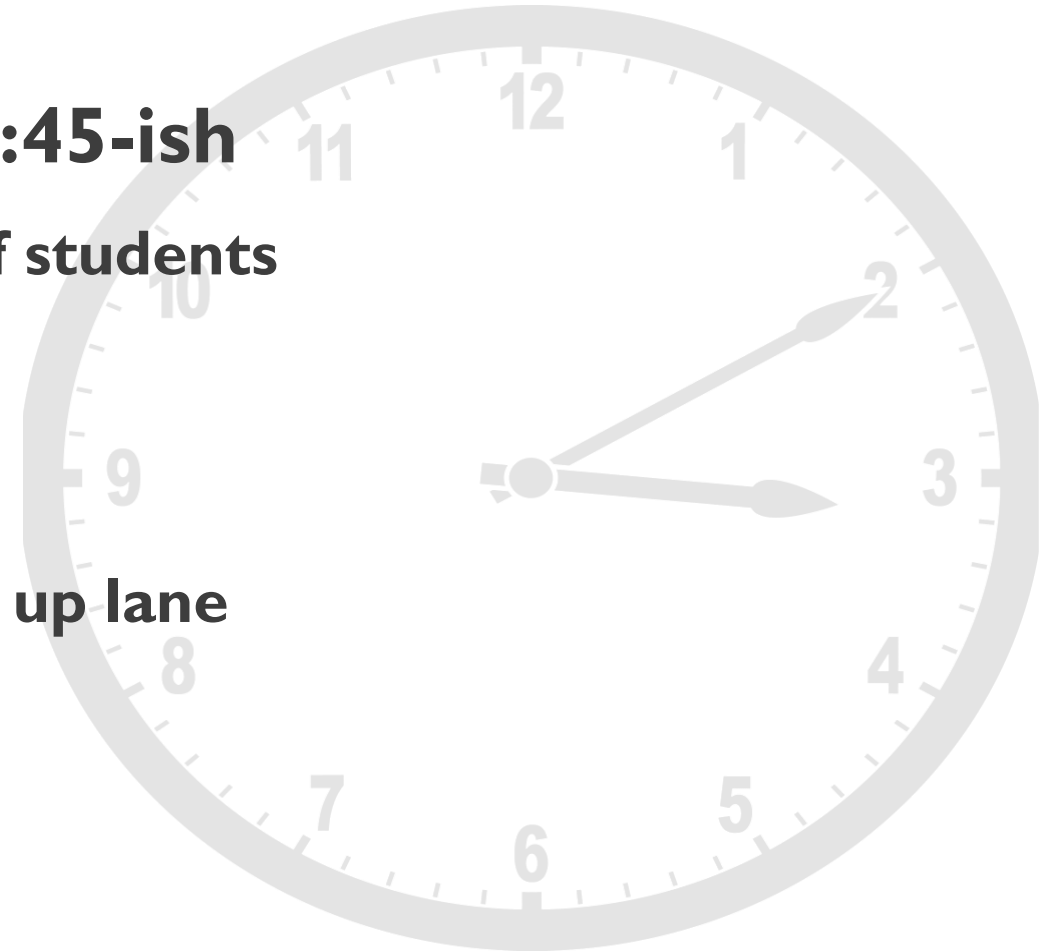
**CARPOOL CONFIDENTIAL: SECRET #2:**  
come earlier in the morning, later in the afternoon

**Prime time AM carpool starts 7:45/8:45-ish**

- Building opens @ 7:15 a.m. for supervision of students

**Staggered Parking Lot Dismissal**

- 3:00: students who drive (and their carpools)
- Then, we dismiss the cars in the student pick up lane (usually about 3:08ish)



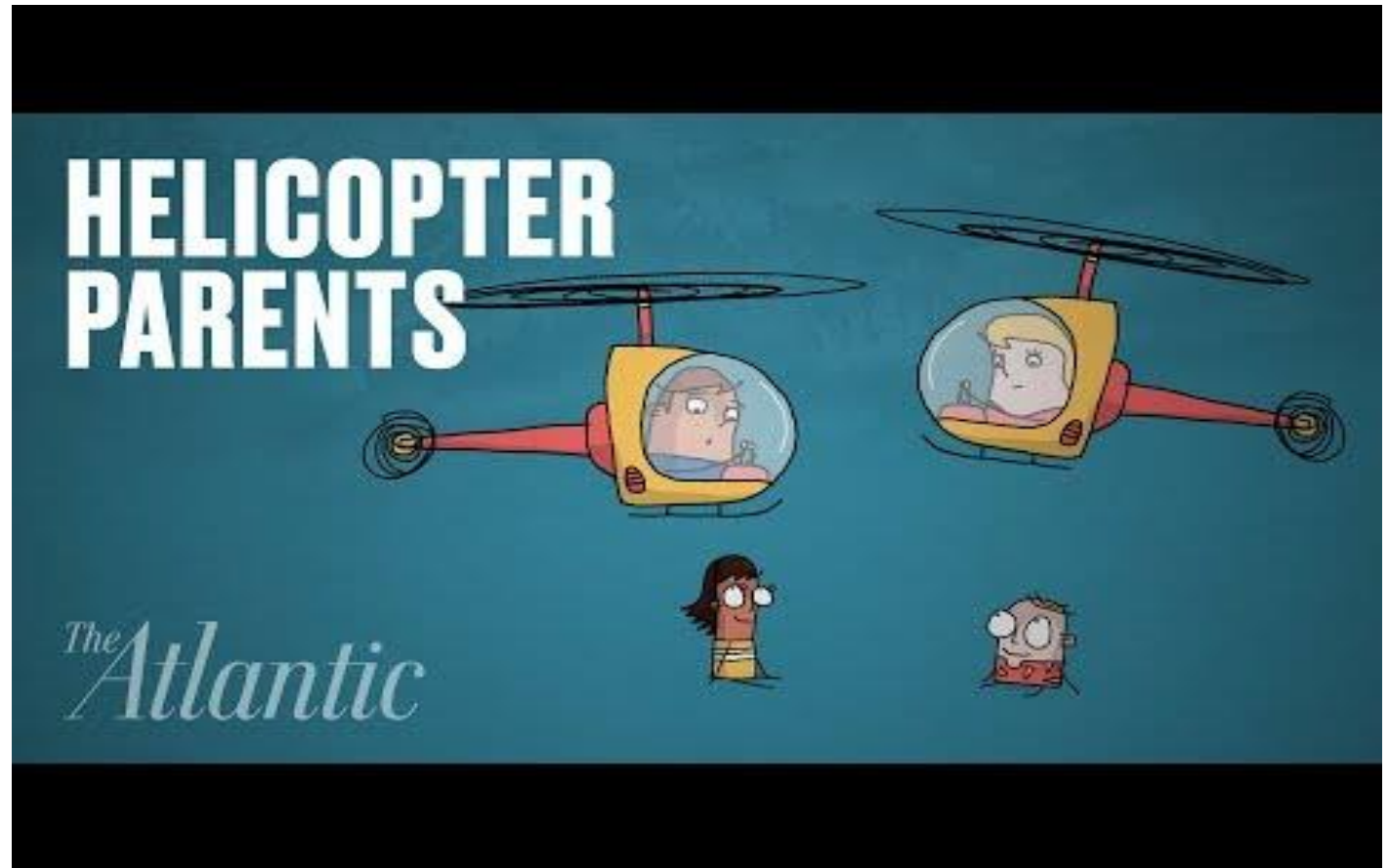


AND BEFORE I GO...

Know that I am here to support you and your child in every way possible. I look forward to being a team with you and appreciate your support!

"COMING TOGETHER IS A BEGINNING;  
KEEPING TOGETHER IS PROGRESS;  
WORKING TOGETHER IS SUCCESS."

- Henry Ford



- Trust your parenting! Look at the wonderful job you've done.
- Trust your Assumption community! We love your child and are here to teach them academically and socially.
- Trust your child! They want to make you proud and be successful. Let them continue learning how to walk. If they fall, be there to help them if they need you. Let them feel the trust you have in them to advocate for themselves.



# FAITH GUIDES

MARY ANN STEUTERMANN – EXECUTIVE DIRECTOR OF MISSION EFFECTIVENESS




# FAITH GUIDES

Assumption is a Catholic school and a welcoming community!

- ❑ Respectful of all faith traditions
- ❑ 23% Non-Catholic
- ❑ Theology classes all four years
- ❑ Service program – 5 hours required freshman year
- ❑ Retreat program – freshmen go with their homeroom

# FAITH GUIDES

## Sponsored by the Sisters of Mercy

- ❑ **Core Values:** compelled by mercy, inspired by faith, principled leadership, educational courage, and a voice for dignity and respect
  - ❑ **Critical Concerns:** women, immigration, earth, non-violence, and anti-racism
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# FAITH GUIDES

## Communal Prayer and Worship

- ☐ Prayer every morning
- ☐ Five-Minute Prayer for students each Wednesday at the beginning of lunch beginning Aug. 29.
- ☐ Opening Mass on Aug. 15 – Feast of the Assumption
- ☐ Freshman Parent Mass on Sept. 10 at 2:00 p.m. at St. Raphael
- ☐ Parent Prayer every Tuesday from 8:30-9:00 a.m. in the chapel beginning Aug. 30



# FAITH GUIDES

## Co-Curricular Options:

- ❑ Respect Life Club
- ❑ Bible Study
- ❑ Emmaus – faith sharing and development
- ❑ Other opportunities via email





# ACADEMIC EXPECTATIONS

THERESA SCHUHMANN– DEAN OF STUDIES



# ACADEMIC ADVISING

## Academic advising by Deans of Studies

- Mrs. Fieldhouse: A – K
- Mrs. Schuhmann: L – Z

**We are looking forward to supporting your daughter academically!**

# TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
  - Health, Algebra, Geometry, PLTW Biomedical Science, Art Fees
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May

Do you want to use your Course Materials Scholarship?

Use It Here

# Getting Started

We've made it really easy to get your course materials. Let's get started.

## Shop by Schedule

Enter Student ID

→ View Your Materials

- OR -

## Shop by Course

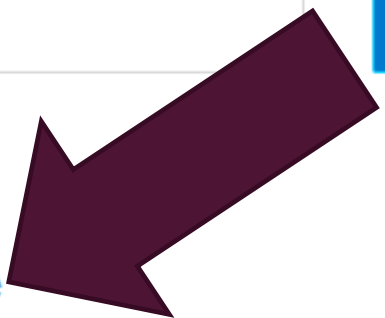


2021-2022 Academic Year

Starts between: 08/11/2021 - 08/25/2021



Site



View Your Materials



Starts between: 08/11/2021 - 08/25/2021



Site Assumption High School

 Summer Courses Assumption High School**Assumption High School**

ATTENTION ALL STUDENTS: If a course has the option of a print text and an electronic version, you may choose the version that best fits your learning style. You do not need to purchase both.

| Course ID  | Starting | Ending   | Course ID   | Starting | Ending   |
|--|----------|----------|---|----------|----------|
| <input type="checkbox"/> 10114 HON BEGINNING CHORUS  | 08/11/21 | 05/28/22 | <input type="checkbox"/> 5124 HON. HEALTH               | 08/11/21 | 05/28/22 |
| <input type="checkbox"/> 10123 HON.I CHAMBER CHOIR   | 08/11/21 | 05/28/22 | <input type="checkbox"/> 5201 DC THE TEACHING PROFESSIO | 08/11/21 | 05/28/22 |
| <input type="checkbox"/> 1014 HON. ACT PREP          | 08/11/21 | 05/28/22 | <input type="checkbox"/> 5401 DC HUMAN DEVELOPMENT & LE | 08/11/21 | 05/28/22 |
| <input type="checkbox"/> 10202 ADVANCED CHOIR        | 08/11/21 | 05/28/22 | <input type="checkbox"/> 5514 HEALTHY FAMILY LIVING     | 08/11/21 | 05/28/22 |
| <input type="checkbox"/> 10402 INSTRUMENTAL ENSEMBLE | 08/11/21 | 05/28/22 | <input type="checkbox"/> 5814 FITNESS AND NUTRITION     | 08/11/21 | 05/28/22 |

# COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS

- Team of professionals working with your daughter
- TEAM '*Your Daughter's Name*'
- Placement/levels
- PowerSchool
- We are partners and need your help





STUDENT SUPPORT SERVICES  
ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR







**The Achievement Center  
is here for your student!**

**Mrs. Conway  
Ms. Prentice  
Mrs. Renz**

**We can assist with any class  
to support academic  
success.**



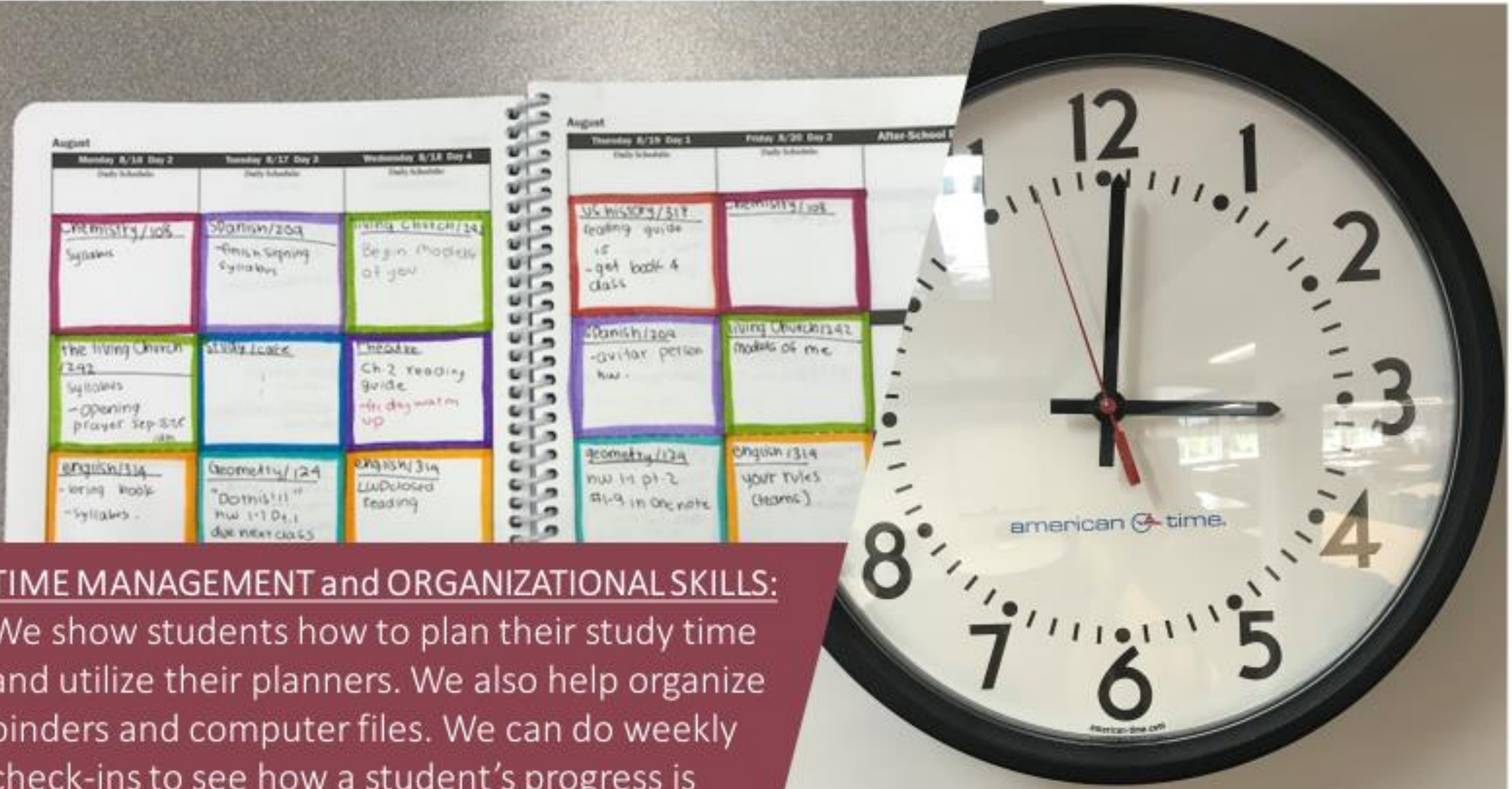
**Make sure your student stops by to  
find out how the AC can serve them.**

The AC is eager to help your student have her best academic year!

We **not only** provide tutoring in any subject, **but we also** assist in other ways to ensure academic success!







TIME MANAGEMENT and ORGANIZATIONAL SKILLS:

We show students how to plan their study time and utilize their planners. We also help organize binders and computer files. We can do weekly check-ins to see how a student's progress is going with developing these skills.

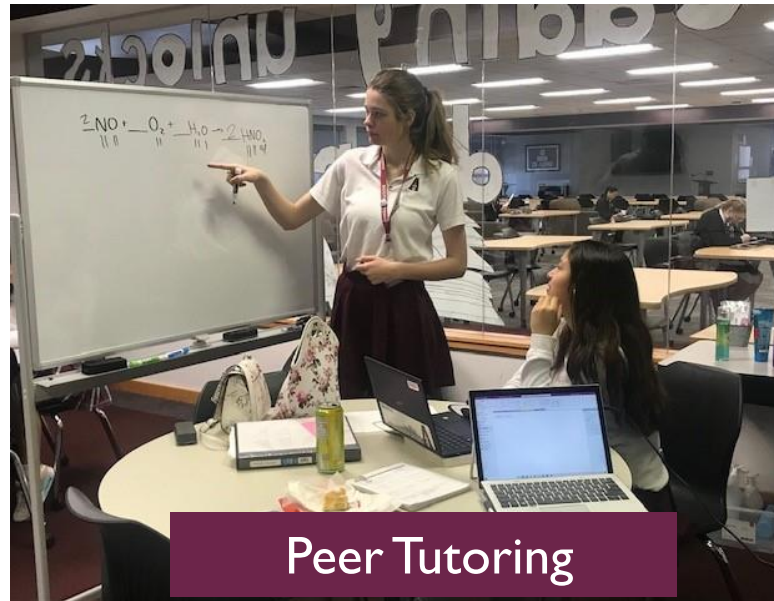
The AC provides study groups and peer tutoring to assist with test prep. They are available before and after school.





■ Let's not forget about Work it Wednesday from 7:30-9:00 a.m.

■ Check the Rocket Report for each month's schedule!





# LEADERSHIP & ENGAGEMENT

KRISTIN WALSH – DIRECTOR OF LEADERSHIP & ENGAGEMENT



## MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*



**An Assumption graduate is a woman for whom Faith Guides. She demonstrates an awareness of Catholic faith and values as evidenced by:**

- demonstrating knowledge of Catholicism and Mercy Charism
- cultivating a relationship with God through prayer, reflection, and discernment
- living faith through action
- recognizing that each individual has innate value as a child of God

**An Assumption graduate is a woman for whom Compassion Inspires. She responds to the needs of the times as evidenced by:**

- advocating for self and others including the voiceless and vulnerable
- addressing the critical concerns of the Sisters of Mercy through works of social justice
- possessing cultural awareness and appreciation for diversity
- demonstrating effective interpersonal skills as a contributing member of the community

**An Assumption graduate is a woman for whom Integrity Matters. She strives to live a life of truth and virtue as evidenced by:**

- possessing the knowledge to make informed decisions regarding her health, technology use, and finances.
- demonstrating perseverance and resilience
- learning from mistakes and failure and demonstrating graciousness in success and defeat
- exhibiting personal responsibility and accountability

**An Assumption graduate is a woman for whom Excellence Empowers. She pursues lifelong learning with intellectual curiosity as evidenced by:**

- establishing and maintaining a growth mindset
- demonstrating the ability to think critically, analyze, and solve problems
- communicating effectively
- maintaining an awareness of historical and current events both at a local and global level
- possessing foundational knowledge sufficient for success in college and the post-secondary world

# OUTCOMES OF AN ASSUMPTION GRADUATE





- Developed by our faculty and staff to identify the academic, life and leadership skills we want to guarantee for your daughters.
- Flow from our four pillars of our mission statement
- Developing these skills is a focus in our classroom

**OUTCOMES OF AN ASSUMPTION GRADUATE**



But we are also purposeful about accomplishing this through our LEAD Program

OUTCOMES OF AN ASSUMPTION GRADUATE

# LEAD PROGRAM

L stands for

**LEADERSHIP**

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E stands for

**ENGAGEMENT**

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A stands for

**ADVOCACY**

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D stands for

**DIRECTION (GUIDANCE)**

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- **WE WORK PURPOSEFULLY ON THIS IN OUR LEAD & LEARN TIME**

- Designated, regular time throughout the school day for opportunities for
  - **student engagement**
  - **community-building**
  - **academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- Students are either in class meeting or in homeroom
  - commitment to home base for students with two homeroom teachers who grow with your daughter
  - programming that provided advising and direction in the areas of student engagement,

## ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests**
  - Early September—Introduction to Clubs and Organizations during lunches
  - Meeting information will be available on our website calendar



# COMMITMENT & COMMUNICATION

MARTHA TEDESCO - PRINCIPAL



# COMMUNICATION

**THANK YOU** for a **GREAT** start to the school year!

**The Importance of Email:** Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

**FOCUS OF OUR ORIENTATION DAY:  
COMMITMENT TO THE CULTURE  
HOW DO WE SUSTAIN IT?**

## **PRIDE**

**How do we take pride in ourselves?**

**How do we take pride in our school?**

**How do we take pride in our space?**

**How do we take pride in our relationships with each other?**

***Partnership with our Parents***



# COMMUNICATION & COMMITMENT

- **Assume positive intent.** We are all on the same team.
- **There are always at least TWO perspectives to every story.** And all perspectives are real.
- **Take a moment.** We acknowledge our passions for our daughter/student.
- **Be open to respectful, constructive dialogue.** We are committed to listening, reflecting, and responding.



# COUNSELING RESOURCES

JENNIFER RUCKRIEGEL— FRESHMAN COUNSELOR



# COUNSELING RESOURCES

- **Structure of our Counseling Program**
  - **Four class counselors:** Lynnzi Hoehler, Abby Asfahl, Jennifer Ruckriegel, & Dawn Deweese.
  - **Two college counselors:** Leigh Jackson (A-K) & Kim Habich (L-Z)
  - **Administrative Assistant:** Meghan Rogers
- **Academic, college, career, social, and personal support**
- **Email, individual meetings, small groups, classroom guidance**
- **Confidentiality- following ASCA standards**

## CHECKING IN ON EACH STUDENT EACH SEMESTER

**My goal is to have an initial meeting with each freshman before Fall Break. (students can also request meetings if needed)**

**What do we discuss in the meeting?**

- **#1 Concern in the Transition to HS—Sense of Belonging**
  - **Placement & Involvement**
  - **Anything they choose to share**
  - **Goals for this semester**

# MANDATORY FRESHMAN PARENT DRUG & ALCOHOL INFO. NIGHT

- **Attend one of two meetings:**
  - **Wednesday, September 6th in the Media Center at 6:30pm**
  - **Monday, September 11th in the Media Center at 6:30pm**
- **FEATURED SPEAKERS- Mark Parrish from Innerview and Kamaria Wesley**

PLEASE REACH OUT IF I CAN HELP!

**In the words of High School Musical...** *"We're all in this together."*

**Please reach out if you have any concerns so that we can partner together to help your daughter. I may not be able to return calls or e-mails until after school, but I work hard to deliver a same-day response.**



# REACH OUT!

**President** – *Mary Lang*

**Principal** – *Martha Tedesco*

**Freshman Counselor** – *Jennifer Ruckriegel*

**Dean of Students** – *Kamaria Wesley*

**Deans of Studies** – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

**Campus Minister** – *Mary Ann Steutermann*

Email us at [firstname.lastname@ahsrockets.org](mailto:firstname.lastname@ahsrockets.org)

or call the school at (502-458-9551).