



*Nourishing a Brighter Future*



### **Dear Families of Assumption High School**

Flik Independent School Dining is pleased to be a part of the Assumption High School community. We are the United States' premier provider of food services for over 275 private and independent schools.

We are committed to providing quality foodservice at every meal. Our meals are prepared from fresh ingredients and support local and sustainable agricultural practices. We go above and beyond foodservice by offering nutrition education that empowers students to make healthy choices on a daily basis.

We look forward to partnering with your unique community to ensure our menus and offerings are exceeding your expectations. Service styles, seating and menus may look a bit different upon opening, but the quality and friendly service we are known for will never waiver.

Please take a moment and sign up for the dining program by mailing in the form, or signing up on-line at <https://www.myschoolbucks.com/>. To view the menus, you can go to <https://ahs.flikisdining.com/>. There you will find more information on our programming and menus.

Flik is looking forward to providing an enjoyable and exciting dining experience to students at Assumption High School.



# 2023-2024 Assumption High School Meal Plan

<b>Full Year Plan</b>	<b>\$1252.10</b>
<b>Fall Semester</b>	<b>\$606.60</b>
<b>Spring Semester</b>	<b>\$701.20</b>

Students can receive a complete meal each day including an entrée, two sides and water.

Or, students can choose any of the items offered on any given day as long as the total for the meal does not exceed \$7.25.

## How Do I Pay for Lunch?

Students can pay with cash, check, Meal Plan, or Declining Balance Account. Meal plans must be purchased with cash or check. You can add money to your child's Declining Balance Account in these ways:

1. Send in a check with your student to give to the cashier in the Dining Hall in the morning.
2. Drop off a check at the front office for delivery to the Flik mailbox.
3. Pay online by credit card through the [www.MySchoolBucks.com](http://www.MySchoolBucks.com) online account (please note that a fee will be charged. The fee does not go to Flik or AHS). This is for Declining Balance Accounts only.

When checking out, students must swipe their student ID card. Purchases are automatically deducted from the available balance in the students' account.

## How To Set Up a Declining Balance Account

For your convenience and to eliminate the need for carrying cash, we also offer a debit system for prepaid a la carte purchases for breakfast, lunch and snack items.

To set up a Declining Balance Account go to [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

- Select **Kentucky** from the list of available states
- Select **Assumption High School**
- Enter your contact information
- Create a login ID and password
- Add your child to the account by entering their name and school ID number. To obtain your student's ID number, contact Vicki Gavin at 502-271-2574 or [victoria.gavin@compass-usa.com](mailto:victoria.gavin@compass-usa.com)

**We are asking all Freshman families to register at [www.MySchoolBucks.com](http://www.MySchoolBucks.com)**



# SIGN UP TODAY!

Student Name: \_\_\_\_\_

Student Number: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

## Please check all that apply:

_____ Full Year Plan	\$1252.10
_____ Fall Semester	\$606.60
_____ Spring Semester	\$701.20
_____ Declining Balance Plan	\$75.00 (minimum to open account)

## Payment Options:

Turn in check or cash in person to Flik employees. Make check payable to Flik Independent School Dining (FISD). Please include the student's name/ID number on the memo line of the check.

Mail in a check to Assumption High School (address below) Attn: Flik Dining Services.

Declining Balance Accounts can be paid with a credit card ONLINE ONLY at <https://www.myschoolbucks.com/>. (Please note that a service fee will be charged. This fee does not go to Flik or AHS).

Payments may be mailed to:  
**Flik Independent School Dining**  
**c/o Assumption High School**  
**2170 Tyler Lane**  
**Louisville, KY 40205**

Signature: \_\_\_\_\_