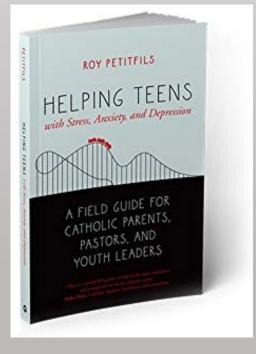
## **Post Pandemic Parenting:** Raising Kids in a Disconnected, Avoidant, and Traumatized World

- Understand how the post-pandemic youth culture landscape has changed.
- Learn the least discussed but most concerning aspect of social media.
- *Recognize the warning signs of distress and mental health issues.*
- Discover how to utilize the rich tools within our Catholic faith which help heal and manage anxiety, depression, and other issues.

Monday February 27, 2023 6:30—8:30 pm St. Margaret Mary 7813 Shelbyville Rd. Louisville, KY 40222





Roy Petitfils has worked with youth and young adults for more than 20 years as a minister, teacher, school administrator, school counselor and now as a counselor in private practice. Roy regularly consults with churches, publishers, and organizations helping them more effectively reach and minister to youth and young adults.