



Junior Prom

Saturday, April 15, 2023

You will be getting lots more details about the dance itself later, but for those who have started dress shopping ...

Your Guide to What to Wear & What Not to Wear to an Assumption Semiformal Dance



Dress Code for Dances

To show respect for the event and those who plan and host it, students and their guests need to dress appropriately.

For a semi-formal event like the Freshman/Sophomore dance in November,

- girls are required to wear a dress, skirt and blouse, or pantsuit*
- boys are required to wear slacks, a dress shirt (which must be worn and buttoned the entire night), and a tie.

* doesn't have to be a Hillary Clinton-style pantsuit; could be dressy jumpsuit, fancy pants outfit, a tuxedo, etc.

Dress Code for Dances

Creative attire is acceptable but needs to be respectful of the event; costumes are not acceptable attire for a semi-formal dance.



Dress Code for Dances

Dresses for dances need to be appropriate for a Catholic high school dance.

No jackets, sweaters, or other garments may be used to cover a dress that is inappropriate. (These may be worn with a dress, but the dress has to be okay on its own.)

Dress Code for Dances

Students who are not dressed appropriately for an Assumption dance will be sent home or required to change by the administrator on duty at the dance, whose judgment as to what is appropriate will be final.

NOTE: if putting on a T-shirt will cover the parts of a dress that are inappropriate, the student will be given a big T-shirt to wear and allowed to remain at the dance; she must keep the T-shirt on throughout the dance and will also be issued a demerit, which will need to be served in detention.

Dress Code for Dances

Dresses for dances need to be **APPROPRIATE** for a **Catholic high school** dance.

- ☑️ modest: not sexy; pretty much covers you from shoulder to mid-thigh
- ☑️ think beautiful, glamorous, elegant– not sexy
- ☑️ not what a celebrity wears on the red carpet, to a fashion gala, performing on stage
- ☑️ age-appropriate: don't need to look like you're 20 years old or older

Dress Code for Dances

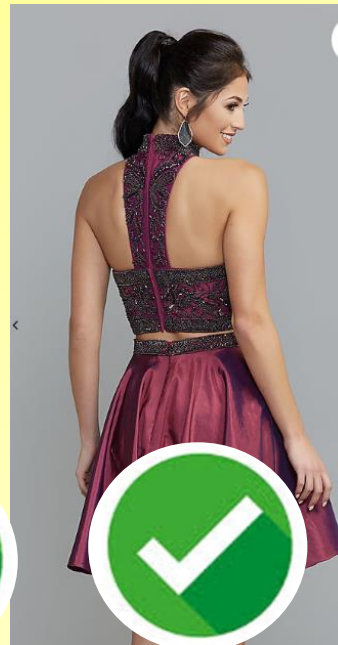
These interpretations are often at odds with fashion and cultural trends.

What follows specifies a number of current fashion trends that could cause problems in terms of being acceptable/appropriate for a Catholic high school dance. Examples are not exhaustive but should give you a pretty good idea of what would be okay and what won't fly.

Dress Code for Dances

No more than minimal bare midriff areas or bodices that look like bras or bikini tops

- ✅ **NOTE: mesh covering large areas may not be skin-colored or see-through**
- ✅ **Strapless is okay**



Dress Code for Dances

No plunging necklines

- ✅ center cut of the dress does not extend beyond a normal bra cut (note: a push-up bra does not have a normal bra cut)
- ✅ NOTE: mesh covering large areas may not be skin-colored or see-through



Note:
mesh is
skin-
colored
but
covers
just a
small
area



Dress Code for Dances

Dress must have sides

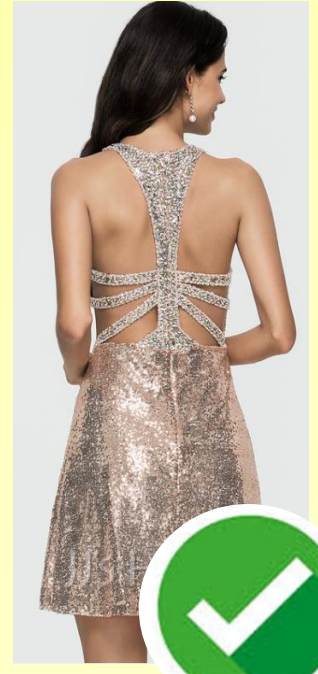
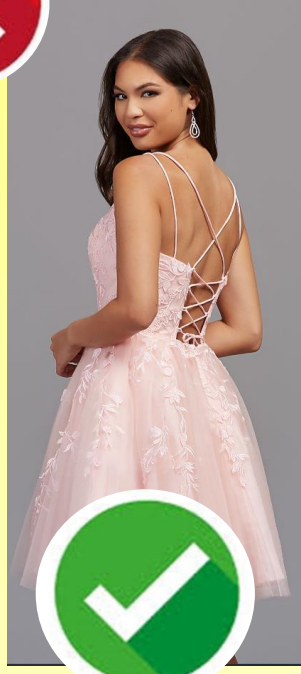
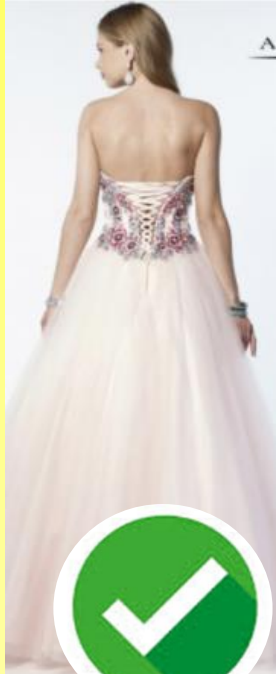
- ✓ No more than VERY minimal side cut-outs allowed
- ✓ Side of breast may not be exposed
- ✓ NOTE: mesh covering large areas may not be skin-colored or see-through



Dress Code for Dances

No backless dresses or plunging waistlines: dress back may not fall below the waist

- ✓ Strappy backs are okay—but can't be just two thin straps and no other material.
- ✓ Corset backs are okay



Dress Code for Dances

Dress length (front and back) must be at least an inch longer than the student's fingertips when her relaxed arms are down at her side, and any slits in the dress may not extend above the student's fingertips when her relaxed arms are down at her side. HINT: if the word "mini" is included in the description, it's very likely to be too short.



Dress Code for Dances

Bodycon dresses are NOT allowed: a one-piece figure-hugging garment that clings tightly to the body from the bust to the lower hem (clings tightly all the way down, including hugging the tops of the thighs under the derriere; material is stretchy)

✓ Fitted is okay

✓ Mermaid style is okay

Note: this one is okay because it doesn't cling—it's just fitted (and it's also long enough)



FINAL WORDS

about WHAT TO WEAR

This is NOT a new dance dress policy—it is simply more specific about what we have in mind when we say dresses need to be *appropriate for a Catholic high school dance*.

You can easily avoid being upset the night of the dance by following these guidelines when choosing your dress for the dance. And please don't say it is impossible to find a dress that meets all our guidelines. There are lots and lots of dresses that would be perfect for an AHS dance—you just might have to do a little looking and you might not be able to go with the first dress you like.

If you have questions, see one of your class moderators or class counselor—or ask your mom or grandma. 😊

NOTE: we have no Dean of Dresses, and there is no requirement to have dresses approved by the administration in advance. In fact, you need to use the guidelines and consult with your trustworthy adults before consulting with the Dean of Students regarding a dress.