

AHS Freshman/Sophomore Dance

November 19, 2022

Your Complete Guide to the Important Details



#1: Who May Attend

SISTERS ROCK



- All AHS freshmen and sophomores invited
- It's perfectly fine to come without an outside guest
 - it's not about the "date"
 - lots of girls come with groups of friends
- Outside guest is your choice
 - No pre-approval needed
 - Just make sure guest understands and agrees to follow our rules
- Tickets will be sold only in advance--no tickets sold at the door the night of the event
 - \$20 per person, each student and guest need their own ticket
 - Tickets will be sold during lunches beginning Monday, November 14

#2: Coming and Going

- Dance will be held in the AHS Gym but you will enter and leave via the Atrium at the Main Entrance
- Dance will be held 8:00-11:00 p.m.
 - Must arrive by 9 p.m.
 - Must stay at least until 10:30 p.m.
 - Need to leave at 11:00 p.m.
 - May not leave and be readmitted
 - If there is a legitimate reason why a student/guest must arrive after 9 p.m. or leave prior to 11 p.m., a parent must write a note explaining the situation and the student should bring it to the dean of students no later than the Thursday prior to the event—notes will not be accepted the night of the event.
- Any outside guest must arrive with you, walk in with you, and leave with you

Passive Alcohol Sensors

- To help create the safest environment possible for our students and their guests, all those attending will be screened with a passive alcohol sensor as they enter and leave the event.
 - If the sensor detects the presence of any alcohol, the student and/or her guest will be detained, and a second reading will be taken to confirm the presence of alcohol before further action is taken.
 - Parents will be notified at the time any student or her guest is or appears to be under the influence of alcohol/drugs or is using or possessing alcohol or illegal drugs/vaping. If unable to locate a parent or appropriate family member, the student and/or her guest will be placed in the care of legal authorities who are present at all social events.



#3: Important Things to Remember the Night of the Dance



Be sure to bring...

- Students must present their **current name badges/student IDs** in order to be admitted to the event
 - students without name badges/IDs may be admitted but will be issued detentions
- Students and guests must present their **tickets** at the door
 - those who forget their tickets will still be admitted as long as their names are on the list of those who purchased tickets in advance but will be issued a detention

I FORGOT



What NOT to Bring

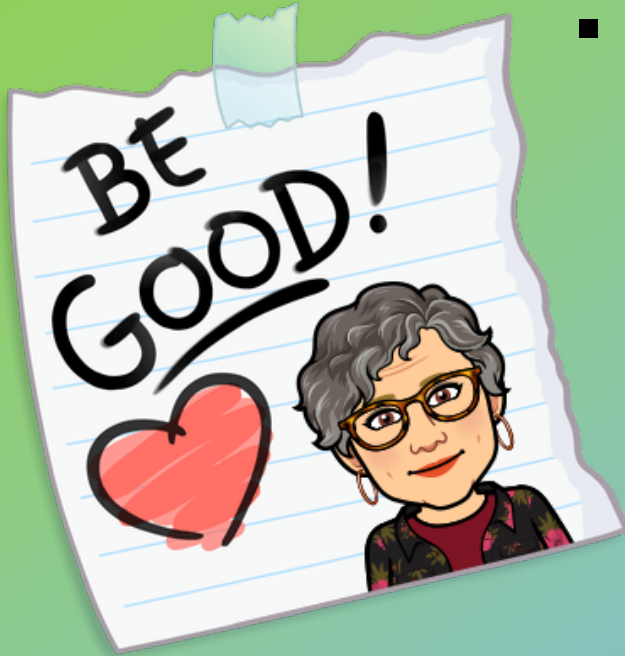
- Students/guests may not bring large bags or backpacks into the event; if absolutely necessary to bring, these may be given to an administrator present for safekeeping until the time for departure.
- No food or drink (including water bottles) may be brought into the event.
- A coat check will be provided for students/guests, but no one should bring large sums of money or valuable items to the dance with them.

Appropriate Behavior

- Only music that has words and meaning appropriate for a Catholic school event will be played; we will not play songs that are raunchy, about sex, degrading or offensive to women, use unacceptable language, etc.
- No “dirty dancing,” “twerking,” or other overtly sexual dancing will be allowed.
- Public displays of affection are inappropriate at a school event.



Appropriate Behavior



- Vaping/smoking is not allowed anywhere at the event/on school property. Please note that vape is considered an illegal substance and the school's drug/alcohol policies would apply. (See the student/parent handbook for details.)
- Any student or guest who exhibits unacceptable behavior may be dismissed. Parents will be notified prior to the student's dismissal.

#4:

**Your Guide to
What to Wear &
What Not to Wear
to an Assumption
Semiformal Dance**



Face Masks

Face masks are not required, but students should discuss whether to wear a mask at this indoor event with a large crowd with their parents/guardians and do what they believe is the best thing for them to do in this regard.



Dress Code for Dances

To show respect for the event and those who plan and host it, students and their guests need to dress appropriately.

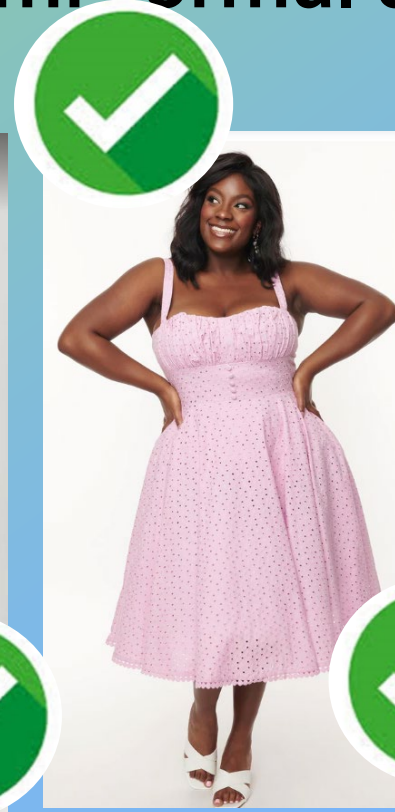
For a semi-formal event like the Freshman/Sophomore dance in November,

- girls are required to wear a dress, skirt and blouse, or **pantsuit***
- boys are required to wear slacks, a dress shirt (which must be worn and buttoned the entire night), and a tie.

* doesn't have to be a Hillary Clinton-style pantsuit; could be dressy jumpsuit, fancy pants outfit, a tuxedo, etc.

Dress Code for Dances

Creative attire is acceptable but needs to be respectful of the event; costumes are not acceptable attire for a semi-formal dance.



Dress Code for Dances

Dresses for dances need to be appropriate for a Catholic high school dance.

No jackets, sweaters, or other garments may be used to cover a dress that is inappropriate. (These may be worn with a dress, but the dress has to be okay on its own.)

Dress Code for Dances

Students who are not dressed appropriately for an Assumption dance will be sent home or required to change by the administrator on duty at the dance, whose judgment as to what is appropriate will be final.

NOTE: if putting on a T-shirt will cover the parts of a dress that are inappropriate, the student will be given a big T-shirt to wear and allowed to remain at the dance; she must keep the T-shirt on throughout the dance and will also be issued a demerit, which will need to be served in detention.

Dress Code for Dances

Dresses for dances need to be **APPROPRIATE** for a **Catholic high school** dance.

- ☑️ modest: not sexy; pretty much covers you from shoulder to mid-thigh
- ☑️ think beautiful, glamorous, elegant– not sexy
- ☑️ not what a celebrity wears on the red carpet, to a fashion gala, performing on stage
- ☑️ age-appropriate: don't need to look like you're 20 years old or older

Dress Code for Dances

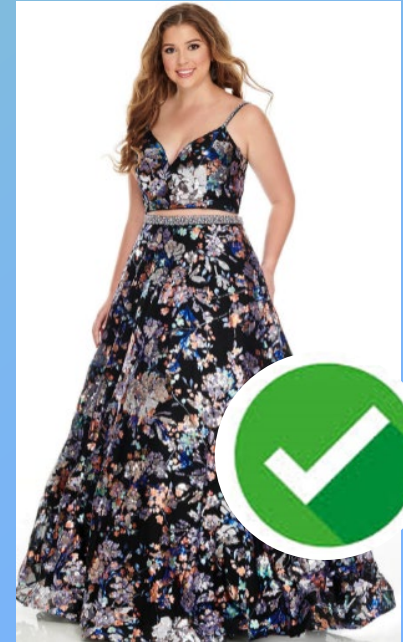
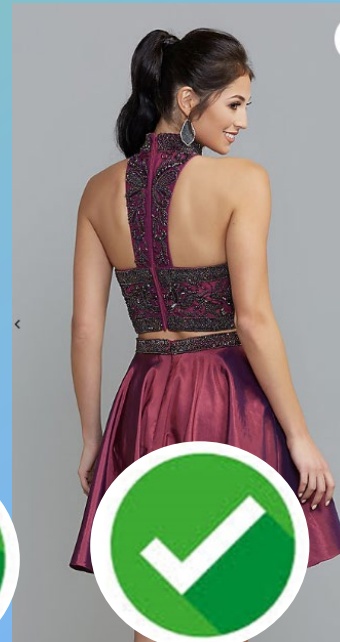
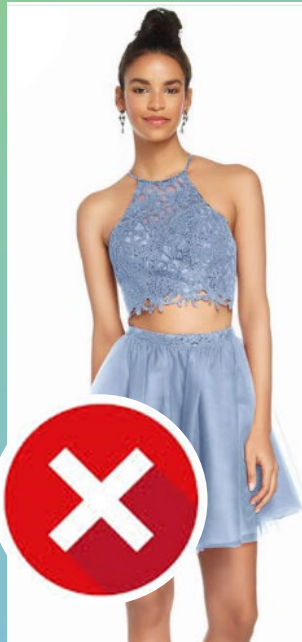
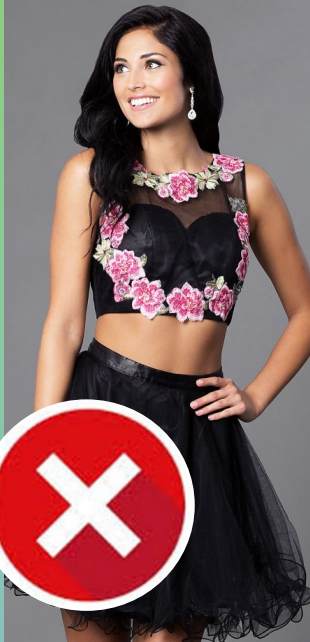
These interpretations are often at odds with fashion and cultural trends.

What follows specifies a number of current fashion trends that could cause problems in terms of being acceptable/appropriate for a Catholic high school dance. Examples are not exhaustive but should give you a pretty good idea of what would be okay and what won't fly.

Dress Code for Dances

No more than minimal bare midriff areas or bodices that look like bras or bikini tops

- ✓ NOTE: mesh covering large areas may not be skin-colored or see-through
- ✓ Strapless is okay



Dress Code for Dances

No plunging necklines

- ✓ center cut of the dress does not extend beyond a normal bra cut (note: a push-up bra does not have a normal bra cut)
- ✓ NOTE: mesh covering large areas may not be skin-colored or see-through



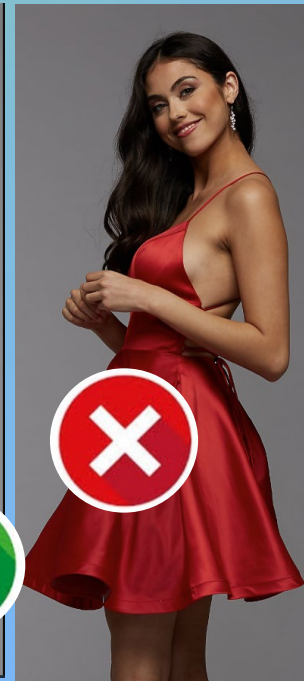
Note:
mesh is
skin-
colored
but
covers
just a
small
area



Dress Code for Dances

Dress must have sides

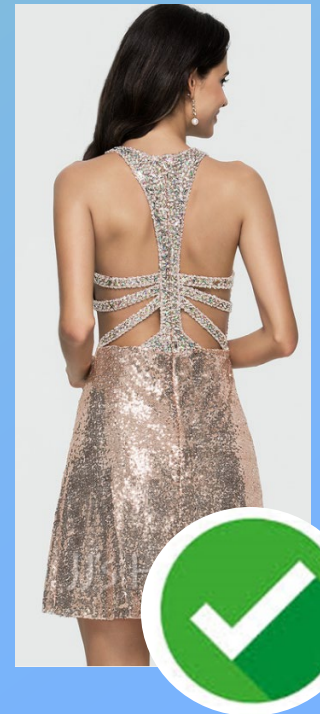
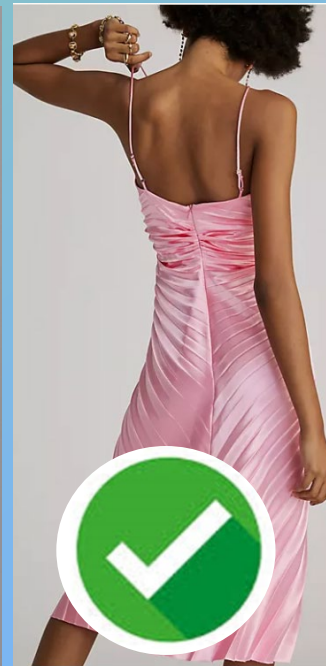
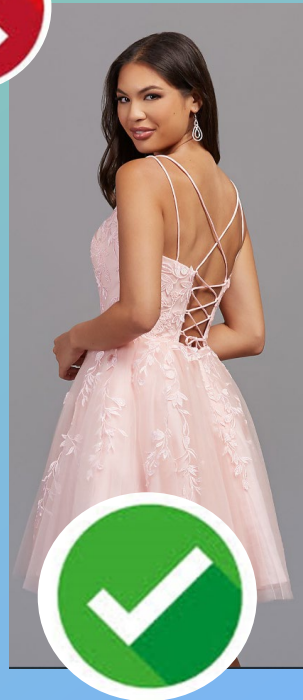
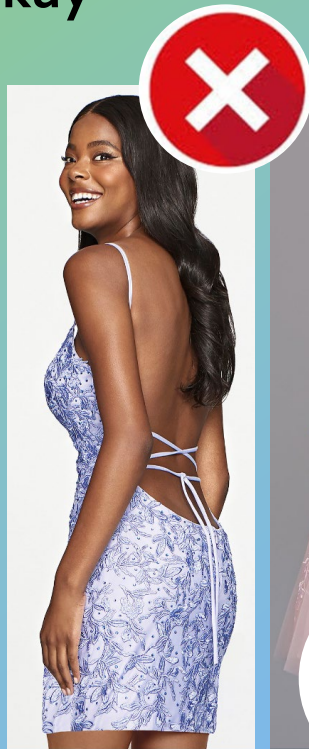
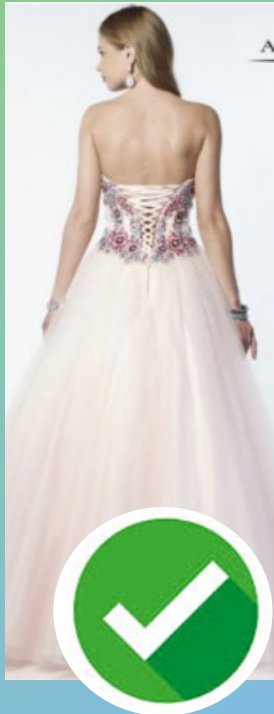
- ✓ No more than VERY minimal side cut-outs allowed
- ✓ Side of breast may not be exposed
- ✓ NOTE: mesh covering large areas may not be skin-colored or see-through



Dress Code for Dances

No backless dresses or plunging waistlines: dress back may not fall below the waist

- ✓ Strappy backs are okay—but can't be just two thin straps and no other material.
- ✓ Corset backs are okay



Dress Code for Dances

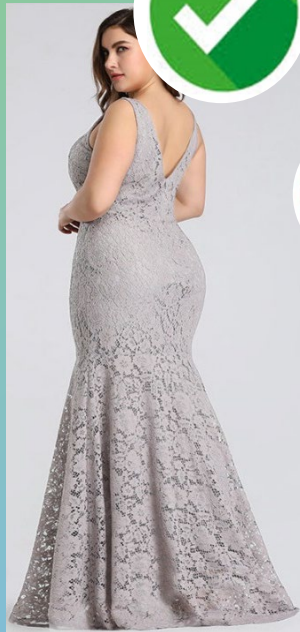
Dress length (front and back) must be at least an inch longer than the student's fingertips when her relaxed arms are down at her side, and any slits in the dress may not extend above the student's fingertips when her relaxed arms are down at her side. HINT: if the word "mini" is included in the description, it's very likely to be too short.



Dress Code for Dances

Bodycon dresses are NOT allowed: a one-piece figure-hugging garment that clings tightly to the body from the bust to the lower hem (clings tightly all the way down, including hugging the tops of the thighs under the derriere; material is stretchy)

- ✓ Fitted is okay
- ✓ Mermaid style is okay



Note: this one is okay because it doesn't cling—it's just fitted (and it's also long enough)

FINAL WORDS

about WHAT TO WEAR

This is NOT a new dance dress policy—it is simply more specific about what we have in mind when we say dresses need to be *appropriate for a Catholic high school dance*.

You can easily avoid being upset the night of the dance by following these guidelines when choosing your dress for the dance. And please don't say it is impossible to find a dress that meets all our guidelines. There are lots and lots of dresses that would be perfect for an AHS dance—you just might have to do a little looking and you might not be able to go with the first dress you like.

If you have questions, see one of your class moderators or class counselor—or ask your mom or grandma. 😊

NOTE: we have no Dean of Dresses, and there is no requirement to have dresses approved by the administration in advance. In fact, you need to use the guidelines and consult with your trustworthy adults before consulting with the Dean of Students regarding a dress.

LET'S DANCE

Come to your
school dance
and have fun
with your
classmates,
your
Assumption
sisters!

