

AUGUST 15, 2022

**AS YOU SIGN IN,  
PLEASE:**

- ADD YOUR DAUGHTER'S  
FIRST AND LAST NAME IN  
THE CHAT FOR  
ATTENDANCE
- MAKE SURE YOUR  
MICROPHONE IS MUTED

# SOPHOMORE PARENT ORIENTATION

# AGENDA

- . **Welcome & Prayer** – *Kristin Walsh*
- . **Communication/Attendance/Absences/Traffic** - *Martha Tedesco*
- . **Academic Expectations** – *Judy Fieldhouse*
- . **Student Support Services/Achievement Center** – *Pam Conway*
- . **LEAD Program & Extra-curriculars** – *Theresa Schuhmann*
- . **Retreat/Service Programs/ACTs** – *Katie Culver*
- . **State of the School Update** – *Mary Lang*
- . **Overview of Sophomore Year/Socio-Emotional Learning** – *Kristin Walsh*
- . **Closing** – *Kristin Walsh*

# PRAYER

## A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

# PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

*Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas*



COMMUNICATION,/ATTENDANCE/ABSENCES/TRAFFIC

MARTHA TEDESCO, PRINCIPAL



# COMMUNICATION

**THANK YOU** for a **GREAT** start to the school year!

**The Importance of Email:** Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

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# STEPPING IN FOR ...

## DEAN OF STUDENTS

## CINDI BAUGHMAN



# ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Parent Handbook for all the details

- **ATTIRE:** Please help us with our uniform policies – especially skirt length.
- **ATTENDANCE:** Attendance and being on time much bigger deal in high school than in elementary/middle school
  - Consequences of too many absences and too many tardies spelled out in student-parent handbook
- Excuse for illness, death in the family
- Don't excuse for family trips, vacations,—contact well in advance if you think there could be mitigating circumstances
  - Unexcused absence: 50% credit for work completed and submitted
- To request an excused absence, submit request 1-2 weeks in advance:  
[attendance@ahsrockets.org](mailto:attendance@ahsrockets.org)



# LATE ARRIVAL/EARLY DISMISSAL

- Excuse for medical appointments, driver's testing
- May email requests to [attendance@ahsrockets.org](mailto:attendance@ahsrockets.org) day ahead of time, send hand-written note to Attendance Office day of—be sure to include details of what it is for
- Mrs. Burnam will send student out at appropriate time (pick up at main entrance) if requested in advance

# ASSUMPTION HIGH SCHOOL

## Carpool and Traffic Flow

**IMPORTANT NOTE:** The paved shoulder along Bardtown Road in front of Assumption is used as a turning lane/ waiting area for vehicles prior to entering the carpool lane on campus. Those queuing on the shoulder must be sure not to block the Bardtown Road/Tyler Lane intersection. If there is not room for the vehicle on the shoulder, drivers may not stop on Bardtown Road and block the intersection or drive past those waiting on the shoulder and then turn right onto the two-way drive/carpool line directly from Bardtown Road.



# CARPOOL CONFIDENTIAL: secret #1





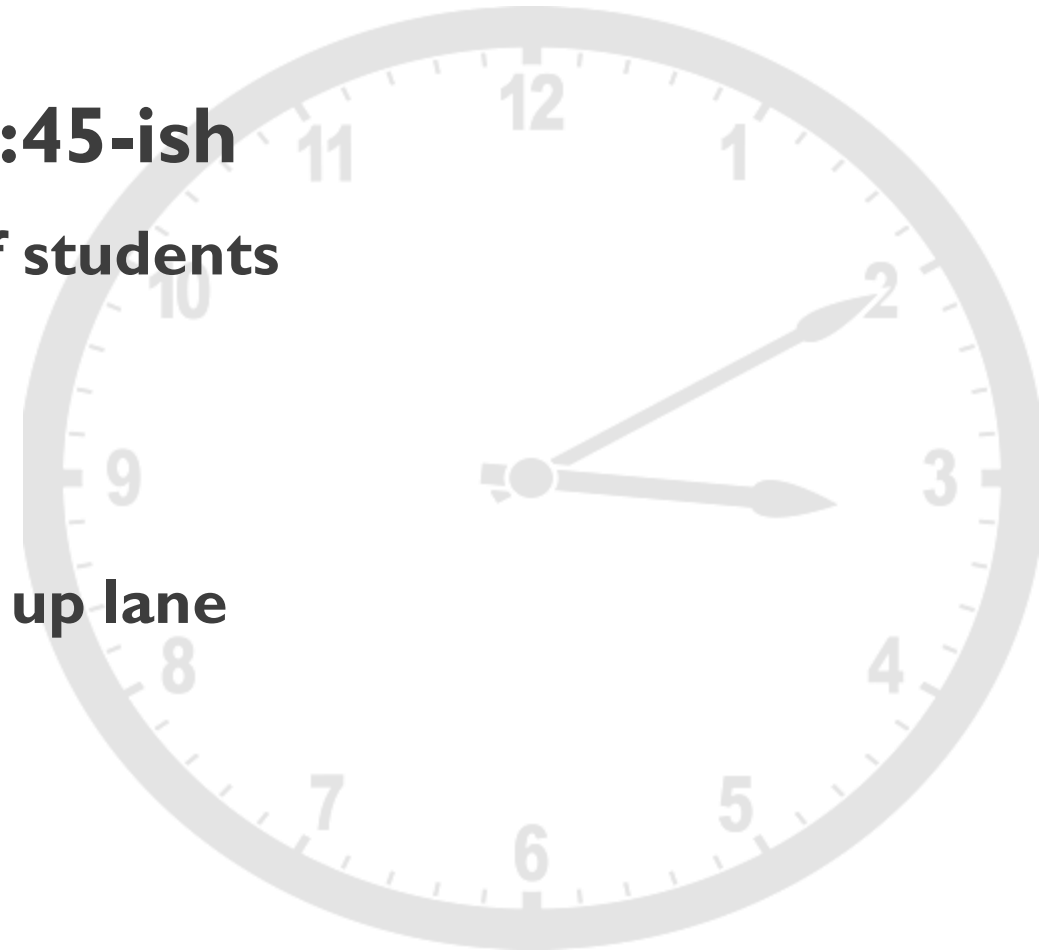
**CARPOOL CONFIDENTIAL: SECRET #2:**  
come earlier in the morning, later in the afternoon

**Prime time AM carpool starts 7:45/8:45-ish**

- Building opens @ 7:15 a.m. for supervision of students

**Staggered Parking Lot Dismissal**

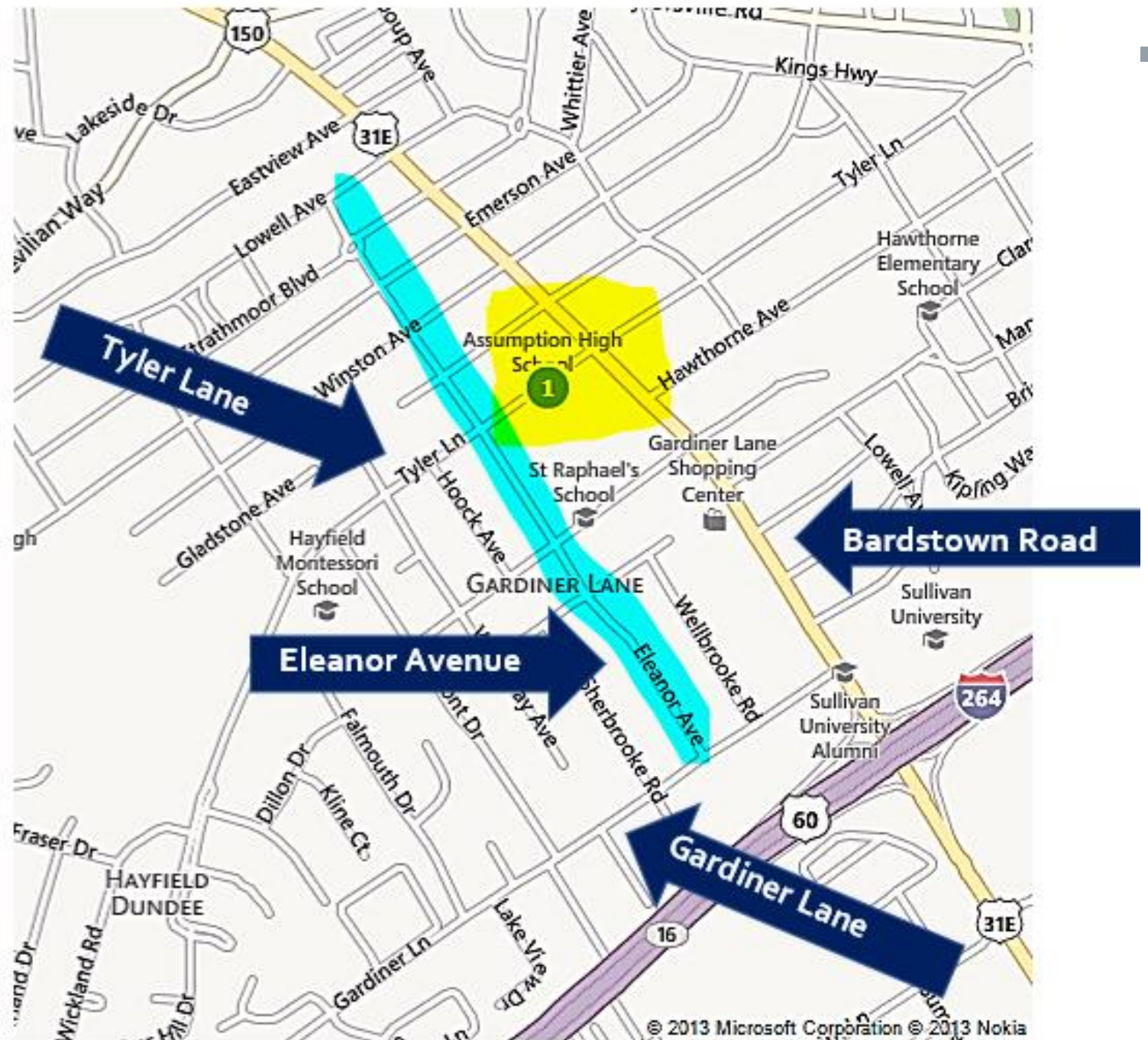
- 3:00: students who drive (and their carpools)
- Then, we dismiss the cars in the student pick up lane (usually about 3:08ish)



## CARPOOL CONFIDENTIAL: SECRET #3: AVOIDANCE & DIVERSION

### ■ TOP TIPS

- #1: Come early in the morning and later in the afternoon.
- #2: If you come early in the afternoon, do **NOT** park/wait on Tyler Lane.
- #3: Avoid Bardstown Road as much as possible
- #4: Avoid Tyler Lane as much as possible.
- #5: Remember the **TURN LEFT ON TYLER** option and the Gardiner Lane Shopping Center option.



AND BEFORE I GO...

OUR PROMISE  
*to you!*

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# ACADEMIC DEANS

THERESA SCHUHMANN (L – Z)

JUDY FIELDHOUSE (A – K)

# TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Make sure you have paid any Art Class Supply Fees
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
  - Geometry, US History
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May



Do you want to use your Course Materials Scholarship?

[Use It Here](#)

# Getting Started

We've made it really easy to get your course materials. Let's get started.

## Shop by Schedule

[View Your Materials](#)

- or -

## Shop by Course



2021-2022 Academic Year

Starts between: 08/11/2021 - 08/25/2021



Site

[View Your Materials](#)



Starts between: 08/11/2021 - 08/25/2021



Site Assumption High School



Summer Courses



Assumption High School

### Assumption High School



ATTENTION ALL STUDENTS: If a course has the option of a print text and an electronic version, you may choose the version that best fits your learning style. You do not need to purchase both.

Course ID	Starting	Ending	Course ID	Starting	Ending
<input type="checkbox"/> 10114 HON BEGINNING CHORUS	08/11/21	05/28/22	<input type="checkbox"/> 5124 HON. HEALTH	08/11/21	05/28/22
<input type="checkbox"/> 10123 HON.I CHAMBER CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5201 DC THE TEACHING PROFESSIO	08/11/21	05/28/22
<input type="checkbox"/> 1014 HON. ACT PREP	08/11/21	05/28/22	<input type="checkbox"/> 5401 DC HUMAN DEVELOPMENT & LE	08/11/21	05/28/22
<input type="checkbox"/> 10202 ADVANCED CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5514 HEALTHY FAMILY LIVING	08/11/21	05/28/22
<input type="checkbox"/> 10402 INSTRUMENTAL ENSEMBLE	08/11/21	05/28/22	<input type="checkbox"/> 5814 FITNESS AND NUTRITION	08/11/21	05/28/22

# COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS



- Academic Advising
  - Mrs. Fieldhouse (A – K)
  - Mrs. Schuhmann (L – Z)
- Placement
- TEAM *'Your Daughter's Name'*
- We are partners and need your help

# IMPORTANT DATES



- WEDNESDAY, OCTOBER 12, 2022
  - PreACT for all Sophomores
  - PSAT for Sophomores in Honors I, Advanced and AP English and any other sophomore by request. They will take the PreACT on Saturday, October 8, 2022
- THURSDAY, FEBRUARY 2, 2023
  - Registration information night and college night



# STUDENT SUPPORT SERVICES ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR







**Mrs. Conway  
and  
Ms. Prentice are here  
for your student!**

**We can assist with  
any class to support  
academic success.**

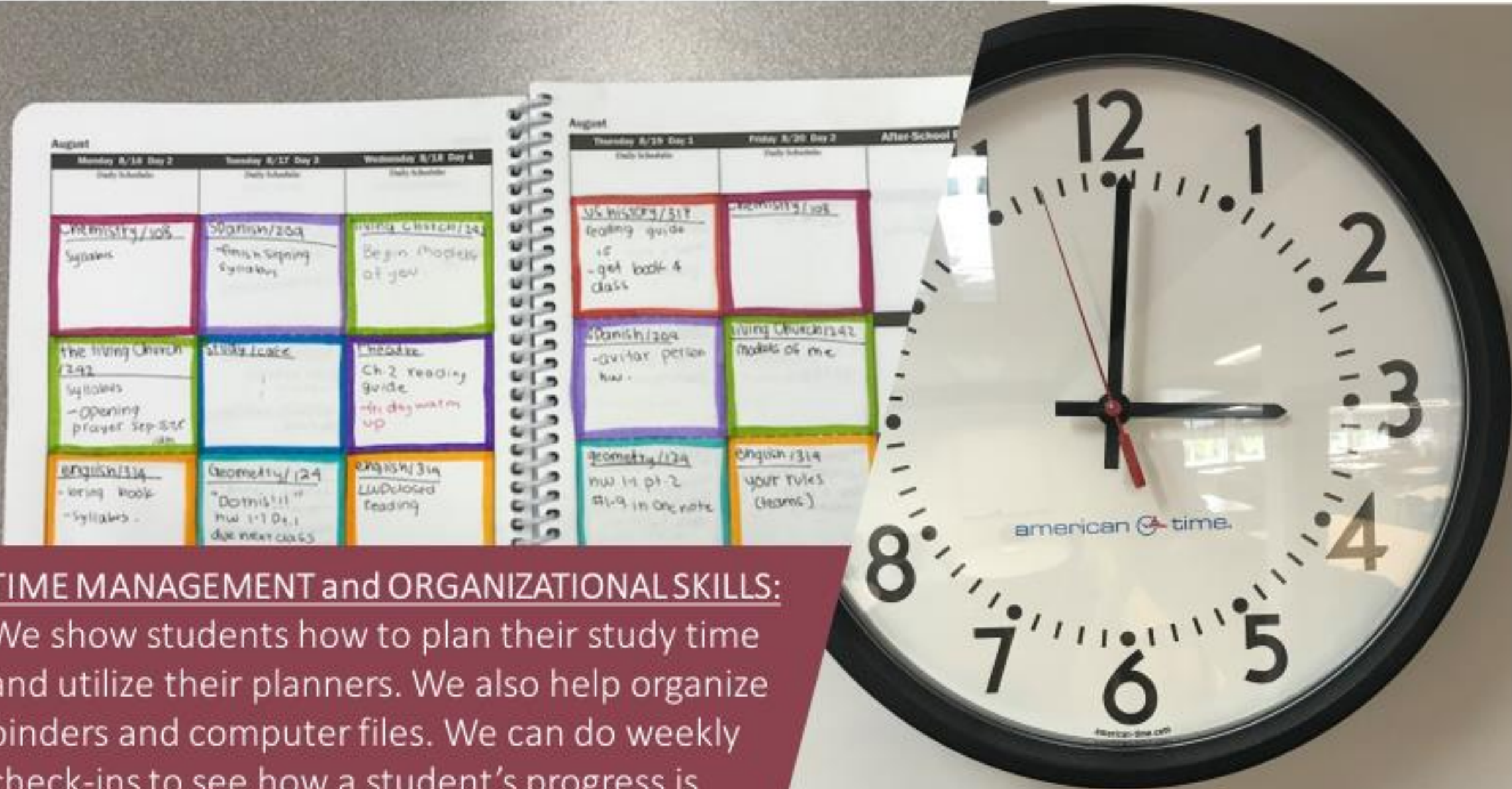
• • •  
**Make sure your student  
stops by to find out how  
the AC can serve them.**

The AC is eager to help  
your student have  
her best academic year!

We **not only** provide  
tutoring in any subject,  
**but we also** assist in  
other ways to ensure  
academic success!







**TIME MANAGEMENT and ORGANIZATIONAL SKILLS:**  
We show students how to plan their study time and utilize their planners. We also help organize binders and computer files. We can do weekly check-ins to see how a student's progress is going with developing these skills.

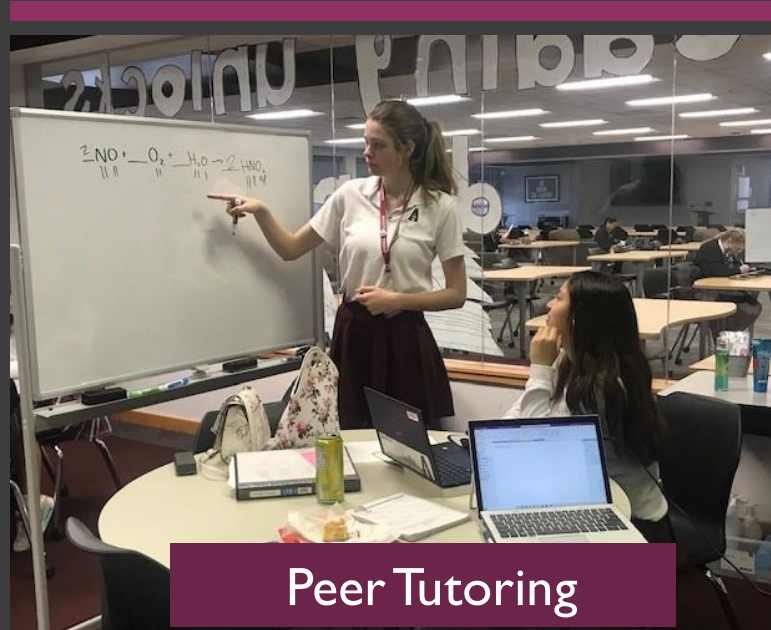


The AC provides study groups and peer tutoring to assist with test prep. They are available before and after school.



- Let's not forget about Work it Wednesday from 7:30-9:00 a.m.

- Check the Rocket Report for each month's schedule!





# LEAD PROGRAM & EXTRA-CURRICULARS

THERESA SCHUHMANN – DEAN OF STUDIES





# LEAD PROGRAM & EXTRA-CURRICULARS

THERESA SCHUHMANN – DEAN OF STUDIES



## MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*





An Assumption graduate is a woman for whom Faith Guides. She demonstrates an awareness of Catholic faith and values as evidenced by:

- demonstrating knowledge of Catholicism and Mercy Charism
- cultivating a relationship with God through prayer, reflection, and discernment
- living faith through action
- recognizing that each individual has innate value as a child of God

An Assumption graduate is a woman for whom Compassion Inspires. She responds to the needs of the times as evidenced by:

- advocating for self and others including the voiceless and vulnerable
- addressing the critical concerns of the Sisters of Mercy through works of social justice
- possessing cultural awareness and appreciation for diversity
- demonstrating effective interpersonal skills as a contributing member of the community

An Assumption graduate is a woman for whom Integrity Matters. She strives to live a life of truth and virtue as evidenced by:

- possessing the knowledge to make informed decisions regarding her health, technology use, and finances.
- demonstrating perseverance and resilience
- learning from mistakes and failure and demonstrating graciousness in success and defeat
- exhibiting personal responsibility and accountability

An Assumption graduate is a woman for whom Excellence Empowers. She pursues lifelong learning with intellectual curiosity as evidenced by:

- establishing and maintaining a growth mindset
- demonstrating the ability to think critically, analyze, and solve problems
- communicating effectively
- maintaining an awareness of historical and current events both at a local and global level
- possessing foundational knowledge sufficient for success in college and the post-secondary world

# OUTCOMES OF AN ASSUMPTION GRADUATE



- Developed by our faculty and staff to identify the academic, life and leadership skills we want to guarantee for your daughters.
- Flow from our four pillars of our mission statement
- Developing these skills is a focus in our classroom

## OUTCOMES OF AN ASSUMPTION GRADUATE



But we are also purposeful about accomplishing this through our LEAD Program

OUTCOMES OF AN ASSUMPTION GRADUATE



# LEAD PROGRAM

L stands for

**LEADERSHIP**

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E stands for

**ENGAGEMENT**

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A stands for

**ADVOCACY**

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D stands for

**DIRECTION (GUIDANCE)**

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## • WE WORK PURPOSEFULLY ON THIS IN OUR LEAD & LEARN TIME

- Designated, regular time throughout the school day for opportunities for
  - **student engagement**
  - **community-building**
  - **academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- Students are either in class meeting or in homeroom
  - commitment to home base for students with two homeroom teachers who grow with your daughter
  - programming that provided advising and direction in the areas of student engagement,

## ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests**
  - September 1—introduction to club options
  - September 6 and 8—visit two club meetings during LEAD & Learn Time
  - Meeting information will be available on our website calendar



# SERVICE LEARNING DIRECTOR

KATIE CULVER '04



## SOPHOMORE ACTS

[Katie.Culver@ahsrockets.org](mailto:Katie.Culver@ahsrockets.org)

- 458-9551 Ext. 2597
- MobileServe is our service tracking site/app
- Sophomore ACTS: A Christian Through Service
  - In-Person service at local agencies
  - During the school day on Wednesdays in the spring
  - Assumption ACTS pants will be required, can purchase from Shaheens
  - TB test and vaccinations *may* be required for certain agencies
    - TB test part of ACTS fee and given at school for students placed at agencies requiring it





# RETREAT DIRECTOR

JULIA SCUDDER (PRESENTED BY KATIE CULVER)



# SOPHOMORE RETREAT

- [Julia.Scudder@ahsrockets.org](mailto:Julia.Scudder@ahsrockets.org)
  - 271-2621
- Sophomore year, students choose their retreat date.
- Returning to the Earth & Spirit Center for a second year. Sophomores can choose a one-day retreat or a two-day, overnight retreat.
- Community & Compassion Retreat
  - "Retreat will be filled with community building activities, mindful listening, nature walks, introspection, small group reflection, and time serving our Earth side by side."





# STATE OF THE SCHOOL UPDATE

MARY LANG - PRESIDENT



# WELCOME TO THE 2022-23 SCHOOL YEAR

- **Enrollment – 833 students – largest all girl’s Catholic School in Louisville**
  - Seniors - 200
  - Junior - 212
  - Sophomore - 205
  - Freshmen - 216

## WHERE OUR STUDENTS COME FROM:

- Student to Teacher Ratio – 9 to 1
- Average Class Size – 18 (many smaller)
- 84 different schools
- 49 different zip codes – including a few in Southern Indiana
- 26% public, private, home school/74% Catholic grade schools



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# COVID REMINDERS

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## Masks:

- AHS – is Mask Optional
- Monitor our absenteeism rate for faculty/staff/students and report to Archdiocese if reaches or exceeds 10%.
- Archdiocese & LMDPH will determine if additional prevention measures necessary – such as universal masking up to class or school closure.

# COVID REMINDERS

Keep your daughter at home if she is feeling sick! Helps decrease spread

If COVID positive – Isolate and notify our school nurse.

- Return **day 6** if she is symptom free but must wear a mask for full 10 days
  - **Day 1** is the first full day after the specimen was collected for the + result
- Return **day 11** if she has lingering symptoms
  - **Day 1** is the first full day after symptoms develop

# COVID REMINDERS

## COVID Testing:

- Anyone who is known to have had close contact to a person with COVID-19 should be tested 5 days or more after the exposure.

## Quarantine:

- Must quarantine if there is a known exposure **and** have symptoms **whether vaccinated and unvaccinated**
- Eliminates Test to Stay

## Reporting:

- Still legally required to report positive cases to LMDPH

## AHS HEALTHY AT SCHOOL POLICIES

Full AHS Healthy at School policies can be found on our website

Under “ABOUT” Tab  
– scroll down and find link to AHS Healthy at School – continually updating.

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# 2023-2028 STRATEGIC PLAN

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Parents will be surveyed this fall as part of plan. Please provide your input. We want to hear from you!



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# RECENT ACCOLADES

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- **Stained Glass Art** from our **Chapel** was selected for a **2022 Top 100 CODA** award! CODA recognizes the most successful design projects internationally that integrate commissioned art into an interior, architectural, or public space.
  - **AHS volleyball** recognized as one of the greatest sports dynasties in the nation!
  - **CJ Best of Best** – 2022 Community Choice Award voted Best Private High School in Louisville



# COUNSELOR

KRISTIN WALSH



# OVERVIEW OF SOPHOMORE YEAR/SOCIAL EMOTIONAL LEARNING

SOPHOMORE SCHOOL COUNSELOR, KRISTIN WALSH



- **Social/ Emotional Learning**
- **Individual check in with every student each semester.**
- **In addition to checking in on transitional and emotional issues, I will also discuss the following:**
  - ❖ **Getting involved at Assumption**
  - ❖ **Continued college/career exploration**
  - ❖ **Last year's standardized test scores/ways to engage in test prep**
- ❖ **Follow Guidance Department on Facebook and Twitter**  
**Facebook: Assumption Guidance Parent Page**  
**Twitter: @AHSGuidanceDept**

# REACH OUT!

**President** – *Mary Lang*

**Principal** – *Martha Tedesco*

**Sophomore Counselor** – *Kristin Walsh*

**Dean of Students** – *Cindi Baughman*

**Deans of Studies** – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

**Service Learning Director** – *Katie Culver*

**Retreat Director** – *Julia Scudder*

Email us at [firstname.lastname@ahsrockets.org](mailto:firstname.lastname@ahsrockets.org)  
or call the school at (502-458-9551).