

AUGUST 16, 2022

**AS YOU SIGN IN,
PLEASE:**

- ADD YOUR DAUGHTER'S
FIRST AND LAST NAME IN
THE CHAT FOR
ATTENDANCE
- MAKE SURE YOUR
MICROPHONE IS MUTED

SENIOR PARENT ORIENTATION

AGENDA

- **Welcome & Prayer** – Jennifer Ruckriegel
- **Start of the School Update** – Mary Lang
- **Academic Expectations/Testing/AP/DC** – Judy Fieldhouse
- **LEAD Program** – Theresa Schuhmann
- **Communication/Attendance/Absences and Other Good Stuff to Know**– Martha Tedesco
- **Student Support Services/Achievement Center** – Pam Conway
- **Retreats/ARISE** – Katie Culver
- **Information about College** – Kim Habich
- **Overview of Senior Year Emotions/Counseling Services**– Jennifer Ruckriegel
- **Closing** –Jennifer Ruckriegel

PRAYER

A Parent's Prayer

Loving God, You are the giver of all we possess, the source of all of our blessings. We thank and praise you.

Thank you for the gift of our daughters.

Help us to set boundaries for them and yet encourage them to explore.

Give us the strength and courage to treat each day as a fresh start.

May our daughters come to know you, the one true God, and Jesus Christ, whom you have sent.

May your Holy Spirit help them to grow in faith, hope, and love, so they may know peace, truth, and goodness.

May their ears hear your voice. May their eyes see your presence in all things.

May their lips proclaim your word. May their hearts be your dwelling place.

May their hands do works of charity. May their feet walk in the way of Jesus Christ, your Son and our Lord. Amen.



START OF SCHOOL UPDATE

MARY LANG - PRESIDENT



WELCOME TO THE 2022-23 SCHOOL YEAR

- **Enrollment – 833 students – largest all girl’s Catholic School in Louisville**
 - Seniors - 200
 - Junior - 212
 - Sophomore - 205
 - Freshmen - 216

ADDITIONAL FACTS AND FIGURES AS WE START OUR YEAR

- Student to Teacher Ratio – 9 to 1
- Average Class Size – 18 (many smaller)
- 84 different schools
- 49 different zip codes – including a few in Southern Indiana
- 26% public, private, home school/74% Catholic grade schools

FACILITY IMPROVEMENTS

- Lots of painting – replacing ceilings and adding energy efficient lighting
- New state of the art **broadcast studio and production room**
- New **video boards** in gym - for college like game day experience
- **New track** – featuring plexitrac system installed at the Green
- Working on **branding and directional signage** throughout building
- Additional **outdoor furniture** coming soon

2023-2028 STRATEGIC PLAN

Parents will be surveyed this fall as part of plan. Please provide your input. We want to hear from you!

COVID REMINDERS

-
- AHS – is Mask Optional
 - Monitor our absenteeism rate for faculty/staff/students and report to Archdiocese if **reaches or exceeds 10%**.
 - Archdiocese & LMDPH will determine if **additional prevention measures** necessary – such as universal masking - up to classroom(s) or school closure.

COVID REMINDERS

Keep your daughter at home if she is feeling sick!
Helps to decrease spread

If COVID positive – Isolate and notify our school nurse.

- Return **day 6** if she is symptom free but must wear a mask for full 10 days
 - **Day 1** is the first full day after the specimen was collected for the + result
- Return **day 11** if she has lingering symptoms
 - **Day 1** is the first full day after symptoms develop

COVID REMINDERS

COVID Testing:

- Anyone who has had close contact to a person with COVID-19 should be tested 5 days or more after the exposure

Quarantine:

- Must quarantine if there is a known exposure **and** have symptoms **whether vaccinated and unvaccinated**
- Eliminates Test to Stay

Reporting:

- Still legally required to report positive cases to LMDPH

AHS HEALTHY AT SCHOOL POLICIES

Full AHS Healthy at School policies can be found on our website

Under “ABOUT” Tab
– scroll down and find link to AHS Healthy at School – continually updating.

RECENT ACCOLADES

-
- **Stained Glass Art** from our Chapel was selected for a 2022 Top 100 CODA award! CODA recognizes the most successful design projects **internationally** that integrate commissioned art into an interior, architectural, or public space.
 - **AHS volleyball** recognized as one of the greatest sports dynasties in the **nation!**
 - **CJ Best of Best** – Community Choice Award voted Best Private High School in **Louisville!**



ACADEMIC EXPECTATIONS

JUDY FIELDHOUSE – DEAN OF STUDIES



Academic advising by Deans of Studies

- Mrs. Fieldhouse: A – K
- Mrs. Schuhmann: L – Z

**Drop/Add ends
Friday, 8/19**

ACADEMIC
ADVISING

TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May
 - *3 Book Buy Backs from May are unclaimed. If you sold back Spanish books and didn't get your check, let Judy Fieldhouse know.*



Assumption High School

2170 Tyler Lane
Louisville, KY 40205
Phone: (502)458-9551 * Fax: (502)454-8411
www.ahsrockets.org

Nationally recognized for excellence
U.S. Department of Education
Blue Ribbon School of Excellence 1989, 1993, 1998
Lighthouse School of Excellence 2003, 2005
NCEA Innovation in Education Award 2005, 2009
RAMP Award for Model Guidance Program 2005, 2008
LDA Beacon of Hope Award 2008

Accredited by Southern Association of Colleges and Schools

Levelled courses are available to students to allow for an individualized course of studies.

Academics: college preparatory course for freshman and sophomore students requiring greater emphasis on basic skills
Honors: college preparatory course based on standard high school curriculum which requires in-depth consideration of concepts and independent study and research
Honors 1: college preparatory course requiring in-depth consideration of concepts, independent study, analysis, and research; material is presented at an accelerated rate
Advanced: the most advanced high school level course available to students; accelerated college preparatory course which requires students to independently analyze and synthesize curriculum
DC: dual credit college level course; credit may be earned through University of Louisville or Western Kentucky University
AP: College Board approved course; students prepare to take AP exams

Grade 9	Grade	Credit
14-15 Assumption High School		
ALGEBRA I (Honors)	B+	1.00
BIOLOGY (Honors)	A-	1.00
CATHOLIC BELIEFS (Honors)	A	0.50
ENGLISH I (Honors)	B+	1.00
HEALTH (Honors)	B+	0.50
INTR DRAWPAINT (Honors)	A+	0.50
PHYS EDUC I (Honors)	A-	0.50
SCRIPTURE (Honors)	B+	0.50
SPANISH I (Honors)	B	1.00
WORLD GEOGRAPHY (Honors)	A-	0.50

9th YEAR CREDITS 7 ABSENT 3
9th YEAR GPA 3.76 TARDY 0 9th Yr Weighted GPA 3.76

Grade 11	Grade	Credit
16-17 Assumption High School		
ACT PREP (Honors)	A	0.50
ALGEBRA II (Honors1)	A	1.00
CATH SOCIAL TEACH (Honors)	A-	0.50
CATHOLIC MORAL TEACHING (Honors)	A-	0.50
ENGLISH III (Honors1)	A-	1.00
FORENSIC SCIENCE I (Honors)	A-	0.50
PAINTING I	A	0.50
PHYSICS (Honors1)	A	1.00
PSYCHOLOGY (Honors)	A-	0.50
WORLD HISTORY (Honors1)	A-	1.00

11th YEAR CREDITS 7 ABSENT 8
11th YEAR GPA 4.00 TARDY 3 11th Yr Weighted GPA 4.00

Grade 10	Grade	Credit
15-16 Assumption High School		
CHEMISTRY I (Honors)	A	1.00
DRAWPAINT I (Honors1)	A	0.50
ENGLISH II (Honors1)	B+	1.00
GEOMETRY (Honors1)	A	1.00
HUMANITIES I (Honors)	A-	0.50
SPANISH II (Honors)	A-	1.00
THE LIVING CHURCH (Honors)	A	0.50
THE PASCHAL MYSTERY (Honors)	A	0.50
US HISTORY (Honors)	A-	1.00

10th YEAR CREDITS 7 ABSENT 2
10th YEAR GPA 3.95 TARDY 1 10th Yr Weighted GPA 3.95



12th YEAR CREDITS 7 ABSENT 10.5
12th YEAR GPA 3.76 TARDY 6 12th Yr Weighted GPA 4.23

GPA Designations and Grading Scale				
A+4.00 98-100	B+3.67 88-89	C+2.67 81-82	D+1.67 74-75	F 0.00 below 70
A 4.00 94-97	B 3.33 85-87	C 2.33 78-80	D 1.33 72-73	
A- 4.00 90-93	B- 3.00 85-84	C- 2.00 76-77	D- 1.00 70-71	

Weighted Grading Scale		
AP/DC	Advanced	College Prep(H1, H and AC)
A+5	A+4.5	A+4
B+4	B+3.5	B+3
C+3	C+2.5	C+2
D+2	D+1.5	D+1
F+1	F+0.5	F+0

Official Signature: _____ Graduation Date: _____

UNOFFICIAL TRANSCRIPT

- Emailed home late July
- Password protected with your daughter's student ID
- Only valid for 30 days
- Save as PDF for unofficial use

DUAL CREDIT COURSES AVAILABLE TO SENIORS

JCTC

Public Speaking (3 credit hours)

- COM 181
 - GPA requirement 2.8

OR

- ACT requirement

SPRING 2022 courses

PreCal (4 credit hours)

- MAT 160
 - ACT requirement
 - MATH 23

Calculus (5 credit hours)

- MAT 175
 - ACT requirement
 - Math 27

80%

DUAL CREDIT COURSES AVAILABLE TO SENIORS

UL

ENGLISH

- English IV (*3 credit hours each*)
 - ENG 101
 - ENG 102

TEACHING AND LEARNING PATHWAY

(3 credit hours each)

- EDTP 201 The Teaching Profession
- EDTP 215 Foundations of Instruction
- EDTP 107 Human Development and Learning

WKU

BUSINESS COURSES (3 credit hours each)

- Personal Finance FIN 161
- Intro to Business BUS 101

WORLD LANGUAGES

- Spanish 102, 201
- French 102, 201

SOCIAL STUDIES

- History 102

DUAL CREDIT SCHOLARSHIP PROGRAM

KRS 164.786

- Must apply to University
- JCTC or WKU or UL
 - Must apply for scholarship on KHEAA
 - TWO COURSES for BOTH 11th and 12th grade.
 - Request transcript from college or university upon graduation.
- Some courses are also eligible for the Work Ready Scholarship
 - Details given to students in each class and Rocket Report

STUDENT/FAMILY RESPONSIBILITY: WE ARE LEADING HER THROUGH

AP

Enroll in the course online and choose to take the exam

Pay the test fee to AHS
currently \$97 by **January 28**

Send score to college or university

DC

Enroll in the course

Apply and Register at the College or University

Pay the tuition – Currently \$91 per credit hour

KHEAA Scholarships Available

Set up university email

Request and send transcript to college or university

ACADEMIC ACCOUNTABILITY

- Throughout the pandemic, we emphasized grace in all areas of our work together.
- This included the classroom.
- Reminded students that one of the reasons that you chose Assumption for them **is our commitment to academic excellence which includes preparing them for expectations and responsibilities in college and career.**
- Please expect teachers and administration to hold students accountable for due dates and deadlines.



LEAD PROGRAM

THERESA SCHUHMANN – DEAN OF STUDIES



MEETING STUDENTS' WHOLE-PERSON NEEDS

*“Rooted in the values of Jesus Christ and the spirit of the Sisters of Mercy, Assumption High School, **dedicated to the development of the whole person**, educates young women in a Catholic community where faith guides, compassion inspires, integrity matters, and excellence empowers.”*



- Developed by our faculty and staff to identify the academic, life and leadership skills we want to guarantee for your daughters.
- Flow from our four pillars of our mission statement
- Developing these skills is a focus in our classroom

OUTCOMES OF AN ASSUMPTION GRADUATE



But we are also purposeful about accomplishing this through our LEAD Program

OUTCOMES OF AN ASSUMPTION GRADUATE

LEAD PROGRAM

L stands for

LEADERSHIP

E stands for

ENGAGEMENT

A stands for

ADVOCACY

D stands for

DIRECTION (GUIDANCE)

ENGAGING OUTSIDE OF THE CLASSROOM

- **Wide variety of clubs and activities for our students to engage with others with similar interests**
 - Never too late to explore a new interest or develop a new passion!

- WE WANT TO ENSURE STUDENTS LEARN KEY AND EFFECTIVE LEADERSHIP PRACTICES

- Teaching leadership skills based in the research of Kouzes and Posner, co-authors of *The Leadership Challenge*
- Distilled observable leadership skills and abilities into 5 core practices
 - **Model the Way**
 - **Inspire a Shared Vision**
 - **Challenge the Process**
 - **Enable Others to Act**
 - **Encourage the Heart**

LEOS (LEADERSHIP EDUCATION OPPORTUNITIES)

- Based on the **specific skills** identified in each of Kouzes' and Posner's practices
- Developed by **faculty and staff with expertise in and passion for** each of these areas
- Last year, open to all students to participate in last year before and after school
 - Students will continue to have this option if they are excited to explore
- This year during LEAD & Learn Time, **students will participate in a LEO every 6-8 weeks**
 - Designed to be offered to meet the developmental needs of students in each grade year

LEOS DESIGNED FOR SENIORS

- Managing Difficult Conversations (*Model the Way*)
- Persuasive Techniques (*Inspire a Shared Vision*)
- Decision-Making and Problem-Solving (*Challenge the Process*)
- Leadership Styles (*Enable Others to Act*)
- Negotiation Strategies (*Encourage the Heart*)



COMMUNICATION, ATTENDANCE/ABSENCES AND OTHER GOOD STUFF TO KNOW

MARTHA TEDESCO, PRINCIPAL



COMMUNICATION

THANK YOU for a **GREAT** start to the school year!

The Importance of Email: Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

STEPPING IN FOR ...

DEAN OF STUDENTS

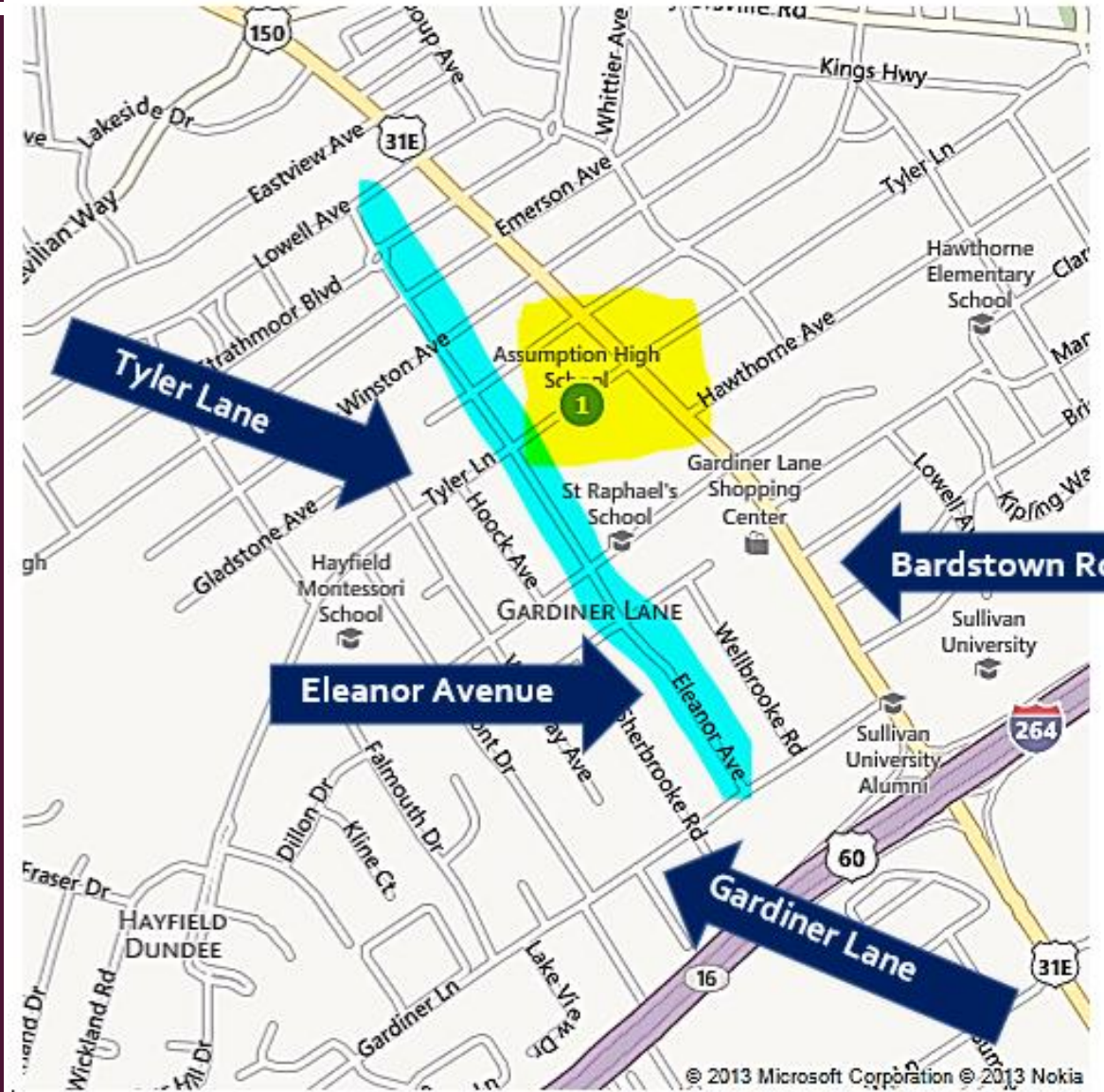
CINDI BAUGHMAN



CARPOOL CONFIDENTIAL: TOP TIPS (in case you need them)

AVOIDANCE & DIVERSION

- **#1: Come earlier in the morning (7:15-7:45) and later in the afternoon (3:10-3:20).**
- **#2: If you come early in the afternoon, do NOT park/wait on Tyler Lane.**
- **#3: Avoid Bardstown Road and Tyler Lane**
 - use neighborhood back streets (not Tyler Lane) to get to Bardstown Road so you can turn right into the carpool lane
 - **TURN LEFT ON TYLER** when leaving campus and use neighborhood streets to cut through to Gardiner Lane, Trevilian Way, Newburg Road, etc.
- **#4: Remember the Gardiner Lane Shopping Center option for parents/guardians a.m. and p.m.**



ATTIRE & ATTENDANCE: BACK TO BASICS

Please consult the Student-Parent Handbook for all the details

- **ATTIRE:** Please help us with our uniform policies – especially skirt length.
- **ATTENDANCE:**
- Consequences of too many absences and too many tardies spelled out in student-parent handbook
- Pretty much automatically excuse absences for illness, death in the family; can request for other things like college visits, athletic and other competitions, educational workshops, etc.
- Don't excuse for family trips, vacations.
 - Contact well in advance if you think there could be mitigating circumstances
 - unexcused absence: 50% credit for work completed and submitted
- To request an excused absence, submit request 1-2 weeks in advance:
[**attendance@ahsrockets.org**](mailto:attendance@ahsrockets.org)

DRIVER'S TESTING (and yes, we still have parking available)

- Students are encouraged to use time out of school for driver's testing whenever possible. When it is not possible, students should minimize their time out of school and are asked to incorporate their study block into the time missed if they can.
- **Written Permit Testing:** due to limited days/times when written tests are administered, students may be excused from school for up to a half day to take the written permit test if the half day's absence is approved in advance by the dean of students.
- **Road Test for Restricted Driver's License:** students may be excused from school for up to a half day to take the road test to get her restricted license if the half day's absence is approved in advance by the dean of students.
- Please note: Requests for a half day's absence for driver's testing need to follow the same guidelines as for other excused absence requests (in writing, from parent/guardian, received a week in advance if possible). Requests will be denied if the student has numerous other absences or is not performing well academically. Also, if the student is present for less than two hours, the absence would count as a full day's absence and would be unexcused.

College Days

- Use privilege day off from school on Testing Day (Wednesday, October 12, and followed by 3 days of fall break) to visit
- Also allowed one excused absence to visit the college of their choice
- Follow procedures for prearranged absence request:
- Parents submit written request for an excused absence for a college visit or email a request to attendance@ahsrockets.org at least one week in advance if at all possible.
- Absence recorded on student's transcript
- Student must obtain official letter of verification of the college visit from the college admissions office and turn it in to the attendance office within 2 school days of the college visit.

College Days

- Failure to follow procedures may result in permission being denied and/or an unexcused absence
- Requests will be denied if student has numerous other absences or is not performing well academically.
- Must be taken prior to May 1; not excused on days immediately before or after Thanksgiving break, Christmas break, winter break, or spring break.
- Parents contact me in writing or via email to attendance@ahsrockets.org if special circumstances need to be considered regarding college visits or additional college visits are needed
- Additional college visits for athletic purposes, scholarship interviews, auditions for special programs, preview days/class registration, etc., may be approved, but require following the procedures for prearranged absence request and official verification from the college

AND BEFORE I GO...

OUR PROMISE
to you!



STUDENT SUPPORT SERVICES
ACHIEVEMENT CENTER

PAM CONWAY – ACHIEVEMENT CENTER DIRECTOR





**Mrs. Conway
and
Ms. Prentice are here
for your student!**

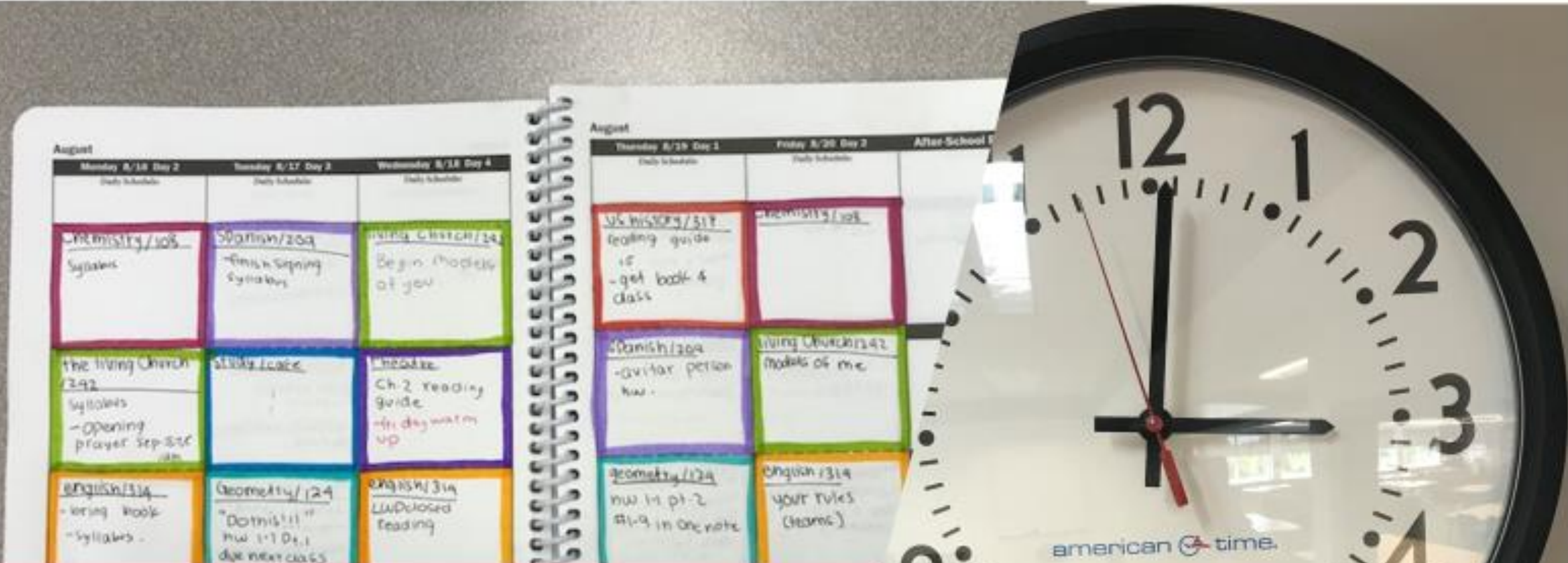
**We can assist with
any class to support
academic success.**

**•••••
Make sure your student
stops by to find out how
the AC can serve them.**

**The AC is eager to help
your student have
her best academic year!**

**We *not only* provide
tutoring in any subject,
but we also assist in
other ways to ensure
academic success!**





TIME MANAGEMENT and ORGANIZATIONAL SKILLS:

We show students how to plan their study time and utilize their planners. We also help organize binders and computer files. We can do weekly check-ins to see how a student's progress is going with developing these skills.

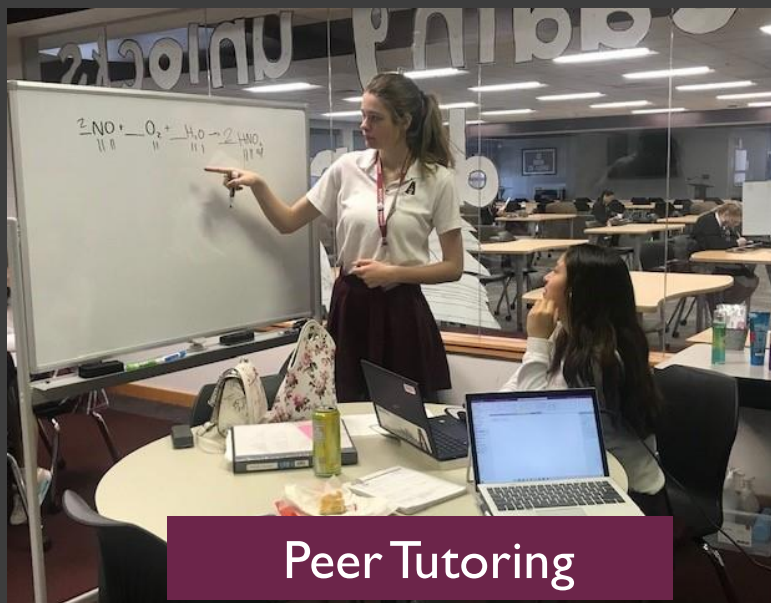
The AC provides study groups and peer tutoring to assist with test prep. They are available before and after school.



❓ Let's not forget about Work it Wednesday from 7:30-9:00 a.m. Check the Rocket Report for each month's schedule!

❓ Specialized areas of support for Juniors and Seniors:

- *College essay review
- *DC World History essay
- *PreCal/Calc math help
- *AP Resource books
- *Speech presentation practice



Peer Tutoring



WIW



Study Groups



RETREAT PROGRAM/ARISE

KATIE CULVER— SERVICE LEARNING DIRECTOR



SENIOR RETREAT

- Julia.Scudder@ahsrockets.org
 - 271-2621
 - Instagram: @ahs.rocket.retreats
- Integral part of senior experience.
- Most students have their own room but may request a room with a friend.
- Dates:
 - October 4-7 (Tues-Fri)
 - January 12-15 (MLK Jr. Weekend)
 - February 27 - March 2 (Mission Week)
 - March 16-19 (weekend)
- Make-up work: our faculty are encouraged to support our students in their desire to go on retreat. See handbook for make-up work policy.

ARISE SERVICE TRIPS (MISSION WEEK)

- Katie Culver
- Katie.Culver@ahsrockets.org 458-9551 ext. 2597
- 5 trips this year- Cincinnati, Washington D.C., Auxier, KY, Belize, Louisville
- Focus on: Service, Social Justice, Community, and Prayer
- Must attend one informational meeting (with their adult from home): ***Thursday September 8 at 6:30 pm in the Media Center***
OR Sunday September 11 at 6:30 pm in the Media Center



COLLEGE INFORMATION

KIM HABICH – COLLEGE COUNSELOR



COLLEGE COUNSELING AT ASSUMPTION

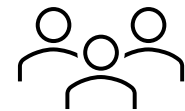
- **Two College Counselors:**
 - Leigh Jackson: A-K
 - Kimberly Habich: L-Z (and senior homeroom students)
- **College Counselors work with all juniors and seniors regarding the college process.**
- **We welcome individual appointments with students. Parents are welcome to be a part of the process!**



College Partners



Year-long process



Purposeful Conversations

COLLEGE COUNSELING AT ASSUMPTION

Upcoming Events via Teams

- ❖ College Information Night
Wednesday, August 31st @ 6:30

- ❖ Financial Aid Night
Thursday, September 29th @ 6:30



OVERVIEW OF SENIOR YEAR
EMOTIONS/COUNSELING SERVICES
JENNIFER RUCKRIEGEL— SENIOR COUNSELOR



THE FIVE STAGES OF SENIOR YEAR EMOTIONS- IT'S A ROLLERCOASTER OF EMOTIONS

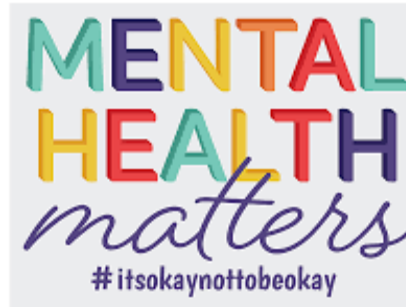
- It's all uphill right now.
- And then it takes a crazy turn
- And then there's calm
- Before the storm
- And then it all comes to an end.

<https://www.society19.com/5-stages-senior-years-emotional-roller-coaster/>



MENTAL HEALTH SUPPORT FOR YOUR DAUGHTERS

- At least one meeting per semester
- Groups (Senior Chat Groups, Grief, Divorce, etc.)
- Weekly chart listing schedule
- Continue the ring blessing challenge to this class—Lead with Love



REACH OUT!

President – *Mary Lang*

Principal – *Martha Tedesco*

Senior Counselor – Jennifer Ruckriegel

Dean of Students – *Cindi Baughman*

Deans of Studies – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

College Counselors – *Leigh Jackson & Kim Habich*

Retreat Director – *Julia Scudder*

Email us at firstname.lastname@ahsrockets.org
or call the school at (502-458-9551).