

## HEALTHY AT ASSUMPTION COVID PROTOCOLS

FOR

2022 – 2023 SCHOOL YEAR

### COVID-19 MASK POLICY

- Assumption High School is mask optional. We recommend individuals take the necessary steps to protect themselves against COVID which include the following:
  - Getting vaccinated and receiving boosters at the medically recommended times;
  - Wearing a N-95 or KN-95 respirator mask when necessary (ex. when around others if under quarantine or isolation) or if concerned about catching COVID.
- Assumption will implement a mask mandate in the event of a significant rise in cases within our school or under the direction of the Archdiocese of Louisville.
- It is recommended that a person who has **knowingly** been exposed to Covid-19 wear a mask for five days following the exposure.
- Assumption will follow federal and/or state mask mandates for buses and other like transportation such as vans.

### COVID-19 VACCINATION:

- We strongly recommend that students get vaccinated and boosted against COVID. While the vaccine is not mandatory, we are encouraging students be vaccinated and boosted at the medically recommended times for their own protection and to avoid the possibility of catching and spreading COVID to others in our school community.

### FEELING ILL:

- Students **must** stay home if experiencing COVID like [symptoms](#) such as:
  - **Fever or chills**
  - **Cough**
  - **Shortness of breath or difficulty breathing**
  - **Fatigue**
  - **Muscle or body aches**
  - **Headache**
  - **New loss of taste or smell**
  - **Sore throat**
  - **Congestion or runny nose**
  - **Nausea or vomiting**
  - **Diarrhea**

This list does not include all possible symptoms and may be updated based on CDC guidelines.

## NOTIFICATION:

- Students **must** notify our school nurse if they:
  - **Have tested positive for COVID-19; or**
  - **Suspect they may have COVID-19; or**
  - **Are placed under Quarantine**

## TESTING:

- PCR and rapid tests (both medically administered and home tests) are widely available for COVID-19 screening.
- Students who test positive for COVID-19 via an “at-home” test should self-isolate and we recommend obtaining a medically administered test (either rapid or PCR) to confirm the result.
- Students who test positive for COVID-19 must report their results to our school nurse.
- AHS reserves the right to require students to provide evidence of a negative COVID test result (rapid test) to attend certain events and activities such as retreat. Said test must be performed 24 hours or less before the start of the event or activity.

## ISOLATION:

- Students who are COVID positive must isolate at home and can return to school after consultation with our school nurse and if she meets one of the criteria below:
  - If released by the local health department or her health care provider; or
  - If symptomatic, after 5 days (return on day 6) from the onset of symptoms if her symptoms are fully resolved or after 10 days (return on day 11) if she has lingering symptoms; or
  - If asymptomatic after 5 days (return on day 6) from the date of testing.
- In the above cases, the student must continue to properly wear a mask for a full 10 days (after positive COVID test result or onset of symptoms) when around others indoors.
- **Please note:**
  - **If you test positive for COVID and develop symptoms, day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed. You can leave isolation after 5 full days and return on day 6 if symptoms resolve.**
  - **If you test positive for COVID-19 and never develop symptoms, day 0 is the first day of your positive test (based on the date you were tested) and day 1 is the first full day after the specimen was collected for your positive test. You can leave isolation after 5 full days and return on day 6.**

## **QUARANTINE:**

- Students who suffer a known exposure to COVID and develop COVID like symptoms must quarantine – whether they are vaccinated or unvaccinated. There is no need to quarantine if the individual has no symptoms after a known exposure regardless if she is vaccinated or unvaccinated.
- Students who are quarantined must stay at home and can return to school after consultation with our school nurse and if she meets **one** of the conditions below:
  - After day 5 (return on day 6) if she is asymptomatic and receives a negative COVID-19 test on day 5 or later after the last date of exposure; or
  - After day 10 (return on day 11) of the last day of exposure if she is symptomatic.
  - In both cases above, the student must properly wear a mask for 10 full days from the **last exposure**.
- **Please note: The last day of exposure to the case is considered day 0. If the individual is continually exposed to COVID-19 (i.e., a household member that they are unable to isolate away from) then the last day of exposure is the last day that the case is considered infectious (day 5-10 as determined by the individual's last day of symptoms)**

## **CLOSE CONTACT DEFINED:**

- If both individuals are wearing masks: A close contact is defined as within 3 ft. for 15 minutes of cumulative time during the school day.
- If one or neither of the individuals are wearing masks: A close contact is defined as within 6 ft. for 15 minutes of cumulative time during the school day.

## **ADDITIONAL MITIGATION STRATEGIES:**

In line with recommendations from the Archdiocese of Louisville, AHS will monitor its positivity rates on a weekly basis and make adjustments to mitigation strategies, such as additional sanitation and disinfecting, targeted contact tracing, quarantining and/or required masking, if needed.

## **COVID RELATED ABSCENCES:**

- Any absence related to isolation or quarantine for COVID will be considered an excused absence.
- Students missing school due to isolation or quarantine must check Powerschool LMS to access course information and class assignments. Participating in class virtually from home is not an option at this time.

## **IDENTIFICATION, INVESTIGATION, AND CONTACT TRACING:**

AHS must follow all state and local health department mandates for reporting COVID-19 cases and assist with identification, investigation, contact tracing, and quarantining when directed.

**KHSAA REQUIREMENTS:** The KSHAA requires that a student athlete who tests positive for COVID be examined by a physician (either MD or DO) and receive medical clearance from her physician using the

KHSAA COVID-19 Return to Play Form [found here](#) before she is eligible to begin the KHSAA mandatory COVID-19 Return to Play Protocol.

**ADDITIONAL CONSIDERATIONS FOR PARENTS AND STUDENTS:**

This policy is a starting point in addressing issues related to students and COVID-19. Additional situations will be considered on a case by case basis and with direction of our school nurse, other medical experts if necessary, and the local health department. Assumption High School reserves the right to direct a student not to return to school or to provide a medical release from their health care provider before returning to school if AHS deems it in the best interest of the health and safety of the school community.

- In the event that the state restricts travel due to COVID, AHS may recommend that families comply with any travel ban or travel advisory in effect.
- With continuous changes related to COVID-19, these guidelines may be modified at any time.

**UPDATED: August 8, 2022**