

HEALTHY AT ASSUMPTION COVID PROTOCOLS

FOR

2021 – 2022 SCHOOL YEAR

COVID-19 MASK POLICY

- The Kentucky Department of Health and the Kentucky Board of Education have mandated masks for all individuals while indoors in a school setting regardless of vaccine status. Those who are unable to wear a mask due to a medical condition may, with supporting documentation from their health care provider, wear a face shield in lieu of a mask.
- In general, people do not need to wear masks when outdoors, though mask use may be considered in outdoor settings that involve sustained close contact with other people who are not fully vaccinated.
- Per federal mandates, anyone riding on a bus or in our vans must be masked at all times even if vaccinated.
- Should the above requirements change, AHS will re-evaluate our mask policy.

COVID-19 VACCINATION:

- We strongly recommend that students get vaccinated against COVID. While the vaccine is not mandatory, we are encouraging students to be vaccinated not just to avoid the possibility of catching and spreading COVID but also to avoid the real risk of frequent quarantines. **Currently, only fully vaccinated individuals, who are asymptomatic, are exempt from quarantine post exposure.**
- If your daughter has been fully vaccinated, parents should submit a copy of her vaccination card which will avoid delays with trying to obtain this information from the health department. Please scan or taking a photo of her vaccination card and send it to attendance@ahsrockets.org.

FEELING ILL:

- Students should stay home and seek an evaluation by her health care provider if experiencing COVID like symptoms such as:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose

- Nausea or vomiting
- Diarrhea

NOTIFICATION:

- Students must notify our school nurse if they:
 - Have tested positive for COVID-19, or
 - Suspect they may have COVID-19
- Students should not return to school while COVID-19 testing is in progress under these scenarios:
 - If they have been advised by their health care provider to undergo testing; or
 - If they are undergoing testing because they have symptoms or believe they may have COVID-19; or
 - If the student is unvaccinated and someone in their home has suffered an exposure and is being tested for COVID-19 due to symptoms.

ISOLATION:

- If the student undergoes a COVID test, she should isolate at home until she receives her test results. A student who experiences COVID like symptoms and does not undergo testing, may not return until she has been cleared by our school nurse.
- Students who are COVID positive must isolate and can return to school:
 - If released by the local health department or her health care provider; **or**
 - 10 days after symptoms first appeared and if fever free for 24 hours without the aid of fever-reducing medications and other symptoms of COVID-19 are improving; **or**
 - If no symptoms, 10 days after a positive COVID test.

STUDENT ATHLETES:

- The KSHAA requires that a student athlete who tests positive for COVID be examined by a physician (either MD or DO) and receive medical clearance from their physician using the **KHSAA COVID-19 Return to Play Form** ([found here](#)) before she is eligible to begin the KHSAA mandatory COVID-19 Return to Play Protocol.

QUARANTINE:

- Fully vaccinated students do not need to quarantine following an exposure to a COVID positive individual if she is not experiencing symptoms.
- Unvaccinated students who are close contacts will be required to quarantine per the local health department guidelines.
- A close contact is someone who was within 6 feet of an infected person for a cumulative total of 15 minutes while the person was considered contagious. **Exception:** In the K-12 indoor classroom setting, the close contact definition excludes students who were at least >3 feet away from an infected student if both students were engaged in consistent and correct use of masks and other K-12 prevention strategies were in place. This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

- Students under quarantine **must** notify our school nurse and can return to school:
 - If released by the local health department or her health care provider; **or**
 - After 7 days if she is symptom free and receives a negative COVID test (either PCR or rapid test), 5 days or later after the last date of exposure to the case, **or**
 - After 10 days without testing if she is symptom free.

TESTING – References in this policy to “test or “testing” refer to medically administered rapid or PCR tests/results. Results from home test kits will not satisfy the testing requirements for purposes of this policy. A student who receives a positive test result from a home test kit should self-isolate and obtain an additional test from a medical provider to confirm the result.

PHYSICAL DISTANCING:

- Physical distancing will be maintained to the extent possible depending on space limitations.

SANITATION & HAND HYGIENE:

- Frequent hand washing and use of hand sanitizer will be encouraged throughout the day. Hand sanitizer, wipes, and cleaning supplies will be available in all classrooms and other areas throughout the school and frequent sanitizing of high touch spaces and nightly cleaning and sanitizing of the school will occur.

COVID RELATED ABSCENCES:

- Any absence related to isolation or quarantine for COVID will be considered an excused absence.
- Students missing school due to isolation or quarantine must check Powerschool LMS to access course information and class assignments. Participating in class virtually from home is not an option at this time.

IDENTIFICATION, INVESTIGATION, AND CONTACT TRACING:

- AHS is required to follow all state and local health mandates for reporting COVID-19 cases and assisting with identification, investigation, and contact tracing.

ADDITIONAL CONSIDERATIONS:

This policy is a starting point in addressing issues related to students and COVID-19. Additional situations will be considered on a case by case basis and with direction of our school nurse, other medical experts if necessary, and the local health department. Assumption High School reserves the right to direct a student not to return to school or to provide a medical release from their health care provider before returning to school if AHS deems it in the best interest of the health and safety of the school community.

- In the event that the state restricts travel due to COVID, AHS may recommend that families comply with any travel ban or travel advisory in effect.
- With continuous changes related to COVID-19, these guidelines may be modified at any time based on guidance or directives from the CDC, the Governor of Kentucky, the Kentucky Department of Health, the Kentucky Department of Education, the Archdiocese of Louisville, or our local department of health.

Updated: October 13, 2021