

AUGUST 16, 2021

**AS YOU SIGN IN,
PLEASE:**

- ADD YOUR DAUGHTER'S
FIRST AND LAST NAME IN
THE CHAT FOR
ATTENDANCE
- MAKE SURE YOUR
MICROPHONE IS MUTED

SOPHOMORE PARENT ORIENTATION

AGENDA

- **Welcome & Prayer** – *Beth Hicks (maternity sub for Abby Asfahl)*
- **Healthy at Assumption Commitment** – *Martha Tedesco*
- **Academic Expectations** – *Judy Fieldhouse*
- **LEAD Program & Extra-curriculars** – *Theresa Schuhmann*
- **Retreat/Service Programs/ACTs** – *Julia Scudder*
- **Attendance/Absences/Carpool/Traffic** – *Cindi Baughman*
- **Overview of Sophomore Year/Socio-Emotional Learning** – *Beth Hicks*
- **Closing** – *Beth Hicks*

PRAYER

A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

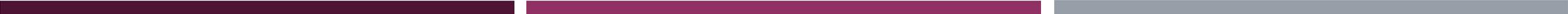
PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas



PRINCIPAL

MARTHA TEDESCO '90



COMMUNICATION

THANK YOU!

We thank you for your prayers and support!

We greatly appreciate your time and attention to the MANY details as we have begun the school year!

The Importance of Email: Email is our main form of communication, so it is essential that students and parents check their emails regularly.

- **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.
 - **Please note:** There will be a lot of reminders about start to school information in tomorrow's Rocket Report!
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

HEALTHY AT ASSUMPTION COMMITMENT

We are so proud of our girls – they have been so cooperative and happy to be here even though this isn't exactly how we had planned to start the year!

COVID-19 MASK POLICY

- Masks are required in the building. We will evaluate our mask requirement monthly.
- Masks may be removed while actively eating and drinking and are not required when outdoors.
- Masks are required while riding the AHS bus or AHS vans.

PHYSICAL DISTANCING

- Physical distancing will be maintained to the extent possible depending on space limitations.

VACCINATIONS

- We strongly recommend that students get vaccinated. While the COVID vaccine is not mandatory, we are encouraging students to be vaccinated not just to avoid the possibility of catching and spreading COVID but also to avoid the real risk of frequent quarantines.
- **CURRENT STATE OF OUR COMMUNITY:**
 - 99% of faculty and staff are fully vaccinated
 - 49% of students are fully vaccinated
- **If your daughter has been fully vaccinated, please submit a copy of her vaccination card which will avoid delays with trying to obtain this information from the health department.** Please scan or taking a photo of her vaccination card and send it to attendance@ahsrockets.org.

QUARANTINE & CONTACT TRACING

- All of the details of our COVID-19 isolation and quarantine protocols as mandated by the KDE and the Archdiocese have been emailed and are available on our website.
- **A few things to note:**
 - If your daughter is sick with COVID-like symptoms, keep her home and call our school nurse Laura Burnam.
 - If testing and/or test positive, contact our school nurse who will go over all quarantining and contact tracing procedures.
- Any absence related to isolation or quarantine for COVID will be considered an excused absence.
- Students missing school due to isolation or quarantine must check PowerSchool LMS to access course information and class assignments. Participating in class virtually from home is not an option at this time.



ACADEMIC DEANS

THERESA SCHUHMANN (L – Z)

JUDY FIELDHOUSE (A – K)



TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <https://bnck-12.com/ahsrockets>
- Make sure you have paid any Art Class Supply Fees
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
 - Geometry, US History
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May

Do you want to use your Course Materials Scholarship?

Use It Here

Getting Started

We've made it really easy to get your course materials. Let's get started.

Shop by Schedule

Enter Student ID

→ View Your Materials

- OR -

Shop by Course



2021-2022 Academic Year

Starts between: 08/11/2021 - 08/25/2021



Site



View Your Materials



Starts between: 08/11/2021 - 08/25/2021



Site Assumption High School

 Summer Courses Assumption High School**Assumption High School**

ATTENTION ALL STUDENTS: If a course has the option of a print text and an electronic version, you may choose the version that best fits your learning style. You do not need to purchase both.

Course ID	Starting	Ending	Course ID	Starting	Ending
<input type="checkbox"/> 10114 HON BEGINNING CHORUS	08/11/21	05/28/22	<input type="checkbox"/> 5124 HON. HEALTH	08/11/21	05/28/22
<input type="checkbox"/> 10123 HON.I CHAMBER CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5201 DC THE TEACHING PROFESSIO	08/11/21	05/28/22
<input type="checkbox"/> 1014 HON. ACT PREP	08/11/21	05/28/22	<input type="checkbox"/> 5401 DC HUMAN DEVELOPMENT & LE	08/11/21	05/28/22
<input type="checkbox"/> 10202 ADVANCED CHOIR	08/11/21	05/28/22	<input type="checkbox"/> 5514 HEALTHY FAMILY LIVING	08/11/21	05/28/22
<input type="checkbox"/> 10402 INSTRUMENTAL ENSEMBLE	08/11/21	05/28/22	<input type="checkbox"/> 5814 FITNESS AND NUTRITION	08/11/21	05/28/22

COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS



- Academic Advising
 - Mrs. Fieldhouse (A – K)
 - Mrs. Schuhmann (L – Z)
- Placement
- TEAM *'Your Daughter's Name'*
- We are partners and need your help

IMPORTANT DATES



- WEDNESDAY, OCTOBER 13, 2021
 - PreACT for all Sophomores
 - PSAT for Sophomores in Honors I, Advanced and AP English and any other sophomore by request. They will take the PreACT on Saturday, October 9, 2020
- THURSDAY, JANUARY 20, 2021
 - Registration information night and college night

MEETING STUDENTS' WHOLE-PERSON NEEDS

- Importance of social and emotional learning has been at the forefront of discussion in the last year
- Often misunderstood



DEFINITION OF SOCIAL-EMOTIONAL LEARNING

Social and emotional learning (SEL) is an integral part of education and human development. SEL is the process through which all young people and adults **acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.**



ASSUMPTION HAS HAD A LONG-STANDING COMMITMENT TO STUDENTS' SOCIAL-EMOTIONAL LEARNING

- Teacher-Advisor (TA) Program which began in the late 1990s
 - commitment to home base for students with two homeroom teachers
 - programming that provided advising and direction in the areas of student engagement,
- Activity Period and RocketTime which provided designated, regular time throughout the school day for opportunities for student **engagement, community-building, academic advising and direction in areas including prevention, campus ministry, and guidance programming.**
- In 2019-2020, Assumption began to purposefully crystallize all of these pieces in a cohesive program—the Assumption **LEAD Program**



An Assumption graduate is a woman for whom Faith Guides. She demonstrates an awareness of Catholic faith and values as evidenced by:

- demonstrating knowledge of Catholicism and Mercy Charism
- cultivating a relationship with God through prayer, reflection, and discernment
- **living faith through action**
- recognizing that each individual has innate value as a child of God

An Assumption graduate is a woman for whom Compassion Inspires. She responds to the needs of the times as evidenced by:

- **advocating for self and others including the voiceless and vulnerable**
- addressing the critical concerns of the Sisters of Mercy through works of social justice
- possessing cultural awareness and appreciation for diversity
- **demonstrating effective interpersonal skills as a contributing member of the community**

An Assumption graduate is a woman for whom Integrity Matters. She strives to live a life of truth and virtue as evidenced by:

- possessing the knowledge to make informed decisions regarding her health, technology use, and finances.
- **demonstrating perseverance and resilience**
- **learning from mistakes and failure and demonstrating graciousness in success and defeat**
- **exhibiting personal responsibility and accountability**

An Assumption graduate is a woman for whom Excellence Empowers. She pursues lifelong learning with intellectual curiosity as evidenced by:

- **establishing and maintaining a growth mindset**
- demonstrating the ability to think critically, analyze, and solve problems
- communicating effectively
- maintaining an awareness of historical and current events both at a local and global level
- possessing foundational knowledge sufficient for success in college and the post-secondary world

OUTCOMES OF AN ASSUMPTION GRADUATE

ASSUMPTION HAS HAD A LONG-STANDING COMMITMENT TO STUDENTS' SOCIAL-EMOTIONAL LEARNING

- In 2019-2020, Assumption began to purposefully crystallize all of these pieces in a cohesive program—the Assumption **LEAD Program**

L stands for **LEADERSHIP**

E stands for **ENGAGEMENT**

A stands for **ADVOCACY**

D stands for **DIRECTION (GUIDANCE)**

LEAD PROGRAM





= **LEADERSHIP:**

Class Officers, Family Council, club officers, leadership programs, etc.



= **ENGAGEMENT:**

Clubs, organizations, athletics, etc.



= **ADVOCACY:**

Activities in which students call for changes in laws or policies



= **DIRECTION:**

Dating violence education, prevention program, prayer services, college and career advising, etc.

ASSUMPTION HAS HAD A LONG-STANDING COMMITMENT TO STUDENTS' SOCIAL-EMOTIONAL LEARNING

- **The continued development of our LEAD Program is a cornerstone of our 2020-2023 strategic plan**
 - Intentional curriculum for leadership skill development for all students
 - Ensuring engagement opportunities for all students
 - Formalized curriculum for advocacy program
 - Formalized advising curriculum with a digital repository for all students to record their activities in each aspect of our LEAD Program



LEAD & LEARN TIME

SEPTEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			1 Day 2 9:15 AM Schedule School Pictures NO LEAD & Learn Time 6:30 - 8:30 PM Senior College Night
5	6 NO SCHOOL Labor Day	7 MidDay Day 1 LEAD & Learn-- LEAD/LEO Info All students and teachers in homeroom	8 Day 2 9:15 AM Schedule NO LEAD & Learn Time 6:30 - 8:30 PM Freshman Parent Mandatory Drug/Alcohol Information Night
12 Freshman Parent Mass (St. Raphael) 3:00 PM Field Hockey vs. SHA 6:30 - 8:30 PM ARISE Parent/Student Meeting	13 MidDay Day 1 LEAD & Learn Club Meetings/LEO Sessions All students will attend club meeting or LEO.	14 MidDay Day 2 LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms	15 Day 3 9:15 AM Schedule NO LEAD & Learn Time
19	20 Blood Drive MidDay LEAD & Learn Club Meetings/LEO Sessions All students attend club meeting or LEO.	21 PM Day 3 LEAD & Learn Walk-T-shirt Distribution All students and teachers in homeroom.	22 Day 4 9:15 AM Schedule NO LEAD & Learn Time
26 1:00 PM Academic Banquet 4:30 PM Soccer Cleat Game vs. SHA 5:00 PM Volleyball vs. SHA	27 MidDay Day 2 RocketTime-- Prevention Info All students and teachers in homeroom	28 MidDay Day 3 LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms	29 Day 4 9:15 AM Schedule NO LEAD & Learn Time Freshman Retreat

THURSDAY	FRIDAY	SATURDAY
2 Day 3 MidDay LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms 6:30 PM Mock Schedule Night	3 Day 4 MidDay LEAD & Learn-- Freshman Homerooms Senior Homerooms Sophomore Class Meeting Junior Class Meeting	4
9 MidDay Day 3 LEAD & Learn-- Club Intro Information All students and teachers in homeroom	10 Day 4 PM Event Schedule Walk Kick-off NO LEAD & Learn Time	11
16 Day 4 MidDay LEAD & Learn-- Freshman Homerooms Senior Homerooms Sophomore Class Meeting Junior Class Meeting	17 MidDay Day 1 LEAD & Learn Club Meetings/LEO Sessions All students will attend club meeting or LEO.	18
23 Day 1 Mid-Day Event Schedule Mercy Day Celebration NO LEAD & Learn Time 6:00 PM Freshman Walk Sleepover Sophomore Retreat	24 Walk for Assumption 6:00 PM St. X vs. Trinity Game	25 7:00 - 9:00 PM Soccer vs. SHA
30 Day 1 MidDay LEAD & Learn-- Freshman Homerooms Senior Homerooms Sophomore Class Meeting Junior Class Meeting		



Notes

RocketTime Color Code

- Two teachers required in homeroom
- Two teachers recommended in homeroom --define teacher responsible for coverage
- One teacher only needed for homeroom --define teacher responsible for coverage
- RocketTime happening in a location other than homeroom-- location for RocketTime listed
- PM RocketTime--location for RocketTime listed
- No RocketTime

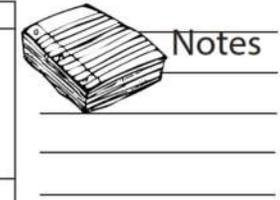


LEAD & LEARN TIME

SEPTEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			1 Day 2 9:15 AM Schedule School Pictures NO LEAD & Learn Time 6:30 - 8:30 PM Senior College Night
5	6 NO SCHOOL Labor Day	7 MidDay Day 1 LEAD & Learn-- LEAD/LEO Info All students and teachers in homeroom 7:00 PM Freshman Parent Mandatory Meeting Sophomore Retreat	8 Day 2 9:15 AM Schedule NO LEAD & Learn Time 6:30 - 8:30 PM Freshman Parent Mandatory Drug/Alcohol Information Night
12 Freshman Parent Mass (St. Raphael) 3:00 PM Field Hockey vs. SHA 6:30 - 8:30 PM ARISE Parent/Student Meeting	13 MidDay Day 1 LEAD & Learn Club Meetings/LEO Sessions All students will attend club meeting or LEO. 3:30 PM Freshman Parent Drug/Alcohol Information Night	14 MidDay Day 2 LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms Sophomore Retreat	15 Day 3 9:15 AM Schedule NO LEAD & Learn Time
19	20 Blood Drive Day 2 MidDay LEAD & Learn Club Meetings/LEO Sessions All students attend club meeting or LEO. 6:30 PM College Financial Aid Night Junior Retreat	21 PM Day 3 LEAD & Learn Walk T-shirt Distribution All students and teachers in homeroom. Blood Drive	22 Day 4 9:15 AM Schedule NO LEAD & Learn Time
26 1:00 PM Academic Banquet 4:30 PM Soccer Cleat Game vs. SHA 5:00 PM Volleyball vs. SHA	27 MidDay Day 2 RocketTime-- Prevention Info All students and teachers in homeroom 5:30 PM Soccer Senior Night vs. Brown	28 MidDay Day 3 LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms	29 Day 4 9:15 AM Schedule NO LEAD & Learn Time Freshman Retreat

THURSDAY	FRIDAY	SATURDAY
2 MidDay Day 3 LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms 6:30 PM Freshman Parent Mandatory Meeting Senior College Night Freshman Retreat	3 MidDay Day 4 LEAD & Learn-- Freshman Homerooms Senior Homerooms Sophomore Class Meeting Junior Class Meeting	4
9 MidDay Day 3 LEAD & Learn--	10 Day 4 PM Event Schedule	11
16 MidDay Day 3 LEAD & Learn-- Freshman Class Meeting Senior Class Meeting Sophomore Homerooms Junior Homerooms Freshman Retreat		
23 MidDay Day 1 LEAD & Learn-- Freshman Homerooms Senior Homerooms Sophomore Class Meeting Junior Class Meeting Freshman Retreat		



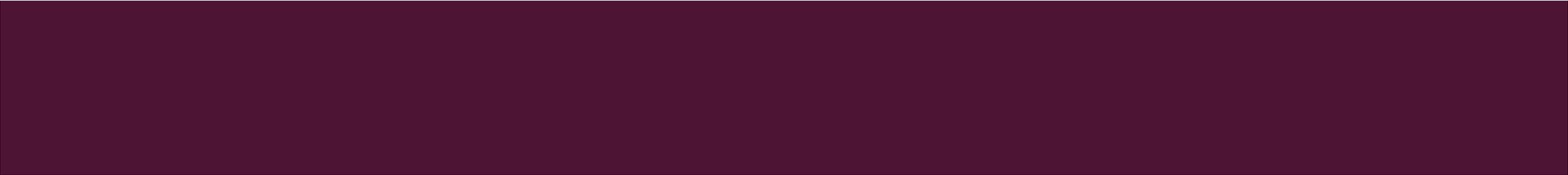
Will be asking for direct engagement led by teachers or teachers and student leaders to help to grow community.

- Two teachers recommended in homeroom --define teacher responsible for coverage
- One teacher only needed for homeroom --define teacher responsible for coverage
- RocketTime happening in a location other than homeroom -- location for RocketTime listed
- PM RocketTime--location for RocketTime listed
- No RocketTime



SERVICE LEARNING DIRECTOR

KATELYN MOORE (PRESENTED BY JULIA SCUDDER)



SOPHOMORE ACTS

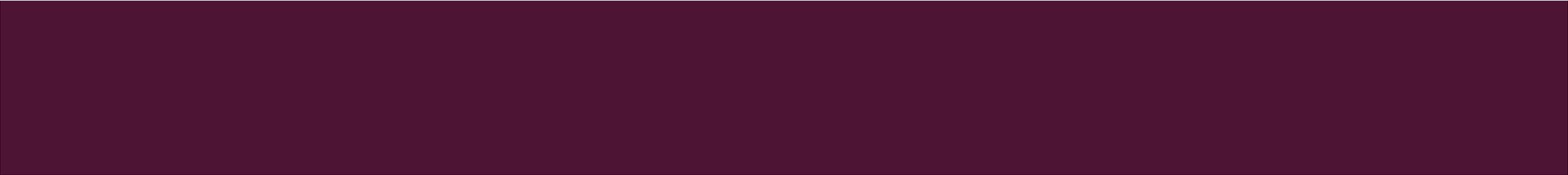
Katelyn.Moore@ahsrockets.org

- 458-9551 Ext. 2597
- MobileServe is our service tracking site/app
- Sophomore ACTS: A Christian Through Service
 - In-Person service at local agencies
 - During the school day on Wednesdays in the spring
 - Assumption ACTS pants will be required, can purchase from Shaheens
 - TB test and vaccinations *may* be required for certain agencies
 - TB test part of ACTS fee and given at school for students placed at agencies requiring it



RETREAT DIRECTOR

JULIA SCUDDER



SOPHOMORE RETREAT

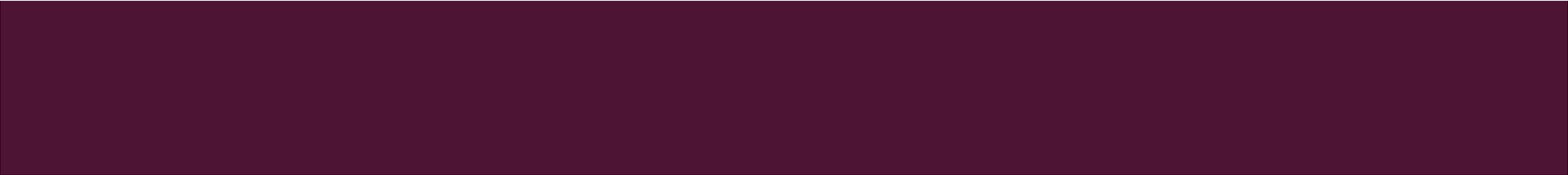
- Julia.Scudder@ahsrockets.org
 - 271-2621
- Sophomore year, students choose their retreat date.
- Exciting new opportunity this year! Earth & Spirit Center
 - CrossRoads Ministry is taking a year to revamp retreat program
- Community & Compassion Retreat
 - "Retreat will be filled with community building activities, mindful listening, nature walks, introspection, small group reflection, and time serving our Earth side by side."





DEAN OF STUDENTS

CINDI BAUGHMAN H'08



ATTENDANCE:

Please consult the Student-Parent Handbook for all the juicy details

- Attendance and being on time much bigger deal in high school than in elementary/middle school
 - Consequences of too many absences and too many tardies spelled out in student-parent handbook
- Excuse for illness, death in the family
- Don't excuse for family trips, vacations, international travel, taking sibling to college, taking sick animals to the vet, etc.—contact me well in advance if you think there could be mitigating circumstances
 - Unexcused absence: 50% credit for work completed and submitted
- To request an excused absence, submit request 1-2 weeks in advance:
attendance@ahsrockets.org

LATE ARRIVAL/ EARLY DISMISSAL

- Excuse for medical appointments, driver's testing
- May email requests to attendance@ahsrockets.org day ahead of time, send hand-written note to Attendance Office day of—be sure to include details of what it is for
- Mrs. Burnam will send student out at appropriate time (pick up at main entrance) if requested in advance

ASSUMPTION HIGH SCHOOL

Carpool and Traffic Flow



CARPOOL CONFIDENTIAL: secret #1



CARPOOL CONFIDENTIAL: SECRET #2: come earlier in the morning, later in the afternoon



Prime time AM carpool starts 7:45/8:45-ish

- Building opens @ 7:15 a.m. for supervision of students

Staggered Dismissal

- 3:00: students who drive (and their carpools)
- 3:03-ish: walkers and bus riders
- 3:05 students who are being picked up in the carpool line; students who are staying for after school supervision, meeting teachers, etc.

CARPOOL CONFIDENTIAL: SECRET #3: AVOIDANCE & DIVERSION

■ TOP TIPS

- #1: Come early in the morning and later in the afternoon.
- #2: If you come early in the afternoon, do **NOT** park/wait on Tyler Lane—and remember, no queuing on the shoulder of Bardstown Road.
- #3: Avoid Bardstown Road as much as possible
- #4: Avoid Tyler Lane as much as possible.
- #5: Remember the **TURN LEFT ON TYLER** option and the **Gardiner Lane Shopping Center** option.



AND BEFORE I GO...

OUR PROMISE
to you!



COUNSELOR

BETH HICKS H'09



OVERVIEW OF SOPHOMORE YEAR/SOCIAL EMOTIONAL LEARNING

SOPHOMORE GUIDANCE COUNSELOR, BETH HICKS (MATERNITY SUB FOR ABBY ASFAHL)



- **Social/ Emotional Learning**
- **Individual check in with every student each semester.**
- **In addition to checking in on transitional and emotional issues, I will also discuss the following:**
 - ❖ **Getting involved at Assumption**
 - ❖ **Last year's standardized test scores/ways to engage in test prep**
- ❖ **Follow Guidance Department on Facebook and Twitter**
Facebook: Assumption Guidance Parent Page
Twitter: @AHSGuidanceDept

REACH OUT!

President – *Mary Lang*

Principal – *Martha Tedesco*

Sophomore Counselor – *Jennifer Ruckriegel*

Dean of Students – *Cindi Baughman*

Deans of Studies – *Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z)*

Service Learning Director – *Katelyn Moore*

Retreat Director – *Julia Scudder*

Email us at firstname.lastname@ahsrockets.org
or call the school at (502-458-9551).