AUGUST 16, 2021

AS YOU SIGN IN, IF VIRTUAL, PLEASE:

- ADD <u>YOUR DAUGHTER'S</u>
 <u>FIRST AND LAST NAME</u> IN
 THE CHAT FOR
 ATTENDANCE
- MAKE SURE YOUR
 MICROPHONE IS <u>MUTED</u>

FRESHMAN PARENT ORIENTATION

AGENDA

- Welcome & Prayer Kristin Walsh
- Attendance/Absences/Carpool/Traffic Cindi Baughman
- Faith Opportunities Mary Ann Steutermann
- Healthy at Assumption Commitment Martha Tedesco
- Academic Expectations Judy Fieldhouse
- LEAD Program/Extra-Curriculars Theresa Schuhmann
- Guidance Resources Kristin Walsh
- **Closing** Kristin Walsh

PRAYER

A Parent's Prayer for a Daughter

God of mercy and love, hear my prayer for my daughter. Be with her in these years as she struggles to hold on to the warm blanket of childhood while stretching toward the independence of adulthood.

Help her to feel loved for who she is and not for what she does. Help her believe that she is good even when she makes bad choices. Let her know that her life has purpose even when she cannot understand why things happen. Enable her to hope in the future even when she is tempted to give up.

PRAYER

When she is discouraged, help her to trust. When she cries, use her tears to wash away the pains. When she is hurt, heal her heart and memories. When she fails, give her the courage to begin again.

Help me to be a guide, a comforter, a model, and a companion along the way. Let me always realize that she is a precious and unique gift in my life.

Help me to praise and encourage at least as much as I correct and discipline. Be with me as I try to help her become who You created her to be.

Stephen J. Binz, Mount St. Mary Academy, Little Rock, Arkansas

ATTENDANCE/ABSENCES/CARPOOL/TRAFFIC CINDI BAUGHMAN – DEAN OF STUDIES



ATTENDANCE: Please consult the Student-Parent Handbook for all the juicy details

- Attendance and being on time much bigger deal in high school that in elementary/middle school
 - Consequences of too many absences and too many tardies spelled out in student-parent handbook
- Excuse for illness, death in the family
- Don't excuse for family trips, vacations, international travel, taking sibling to college, taking sick animals to the vet, etc.—contact me well in advance if you think there could be mitigating circumstances
 - Unexcused absence: 50% credit for work completed and submitted
- To request an excused absence, submit request 1-2 weeks in advance: <u>attendance@ahsrockets.org</u>

LATE ARRIVAL/EARLY DISMISSAL

- Excuse for medical appointments, driver's testing
- May email requests to <u>attendance@ahsrockets.org</u> day ahead of time, send hand-written note to Attendance Office day of—be sure to include details of what it is for
- Mrs. Burnam will send student out at appropriate time (pick up at main entrance) if requested in advance



CARPOOL CONFIDENTIAL: secret #1



CARPOOL CONFIDENTIAL: SECRET #2: come earlier in the morning, later in the afternoon



Prime time AM carpool starts 7:45/8:45-ish
Building opens @ 7:15 a.m. for supervision of students
Staggered Dismissal

- 3:00: students who drive (and their carpools)
- 3:03-ish: walkers and bus riders
- 3:05 students who are being picked up in the carpool line; students who are staying for after school supervision, meeting teachers, etc.

CARPOOL CONFIDENTIAL: SECRET #3: AVOIDANCE & DIVERSION

TOPTIPS

#I: Come early in the morning and later in the afternoon.

#2: If you come early in the afternoon, do NOT park/wait on Tyler Lane—and remember, no queueing on the shoulder of Bardstown Road.

#3:Avoid Bardstown Road as much as possible

#4:Avoid Tyler Lane as much as possible.

#5: Remember the TURN LEFT ON TYLER option and the Gardiner Lane Shopping Center option.



AND BEFORE I GO...

OUR PROMISE to you!

FAITH OPPORTUNITIES

MARY ANN STEUTERMANN – EXECUTIVE DIRECTOR OF MISSION EFFECTIVENESS



FAITH GUIDES

Assumption is a Catholic school and welcoming community!

Theology classes all four years

□ Respectful of all faith traditions

□ 23% of students come from non-Catholic schools

□ Service program – 5 hours required freshman year

Retreat program

FAITH GUIDES

Communal prayer and worship
 Freshman Parent Mass on Sept. 12 at 2:00 p.m. at St. Raphael
 Mercy Day Mass on Sept. 23 at 10:05 a.m. at St. Raphael
 Parent Prayer every Tuesday from 8:30-9:00 a.m. in the chapel beginning Aug. 31

Sponsored by the Sisters of Mercy
 Core Values: community, spirituality, service, and social justice
 Critical Concerns: women, immigration, earth, non-violence, and anti-racism

HEALTHY AT AHS COMMITMENT MARTHA TEDESCO - PRINCIPAL



COMMUNICATION

THANK YOU!

We thank you for your prayers and support!

We greatly appreciate your time and attention to the MANY details as we have begun the school year!

The Importance of Email: Email is our main form of communication, so it is essential that students and parents check their emails regularly.

• **ROCKET REPORT:** The Rocket Report is emailed each Friday afternoon.

- Please note: There will be a lot of reminders about start to school information in tomorrow's Rocket Report!
- **SPECIAL MESSAGES:** Special messages are sent as needed for timely information.

HEALTHY AT ASSUMPTION COMMITMENT

We are so proud of our girls – they have been so cooperative and happy to be here even though this isn't exactly how we had planned to start the year! **COVID-19 MASK POLICY**

- Masks are required in the building. We will evaluate our mask requirement monthly.
- Masks may be removed while actively eating and drinking and are not required when outdoors.
- Masks are required while riding the AHS bus or AHS vans.

PHYSICAL DISTANCING

• Physical distancing will be maintained to the extent possible depending on space limitations.

VACCINATIONS

We strongly recommend that students get vaccinated. While the COVID vaccine is not mandatory, we are encouraging students to be vaccinated not just to avoid the possibility of catching and spreading COVID but also to avoid the real risk of frequent quarantines.

CURRENT STATE OF OUR COMMUNITY:

- 99% of faculty and staff are fully vaccinated
- 49% of students are fully vaccinated
- If your daughter has been fully vaccinated, please submit a copy of her vaccination card which will avoid delays with trying to obtain this information from the health department. Please scan or taking a photo of her vaccination card and send it to <u>attendance@ahsrockets.org</u>.

QUARANTINE & CONTACT TRACING

 All of the details of our COVID-19 isolation and quarantine protocols as mandated by the KDE and the Archdiocese have been emailed and are available on our website.

• A few things to note:

- If your daughter is sick with COVID-like symptoms, keep her home and call our school nurse Laura Burnam.
- If testing and/or test positive, contact our school nurse who will go over all quarantining and contact tracing procedures.
- Any absence related to isolation or quarantine for COVID will be considered an excused absence.
- Students missing school due to isolation or quarantine must check PowerSchool LMS to access course information and class assignments. Participating in class virtually from home is not an option at this time.

ACADEMIC EXPECTATIONS JUDY FIELDHOUSE – DEAN OF STUDIES

TEXTBOOKS

- Thank you for taking care of ordering these texts from MBS Direct at <u>https://bnck-l2.com/ahsrockets</u>
- Many of the digital books you have purchased are a subscription and the teacher will get your daughter set up.
 - Health, Algebra, Geometry, PLTW Biomedical Science, Art Fees
- Important to remember who purchased the textbooks and what email address was used for Book Buy Backs in May

Log In to Your Account

Do you want to use your Course Materials Scholarship? Use It Here

Getting Started

We've made it really easy to get your course materials. Let's get started.









Summer Courses

✓ Assumption High School

Assumption High School

ATTENTION ALL STUDENTS: If a course has the option of a print text and an electronic version, you may choose the vers ion that best fits your learning style. You do not need to purchase both.

Course ID	Starting	Ending	Course ID	Starting	Ending
10114 HON BEGINNING CHORUS	08/11/21	05/28/22	5124 HON. HEALTH	08/11/21	05/28/22
10123 HON.I CHAMBER CHOIR	08/11/21	05/28/22	5201 DC THE TEACHING PROFESSIO	08/11/21	05/28/22
1014 HON. ACT PREP	08/11/21	05/28/22	5401 DC HUMAN	08/11/21	05/28/22
10202 ADVANCED CHOIR	08/11/21	05/28/22	DEVELOPMENT & LE		
10402 INSTRUMENTAL		05/28/22	5514 HEALTHY FAMILY LIVING	08/11/21	05/28/22
ENSEMBLE	08/11/21		5814 FITNESS AND NUTRITION	08/11/21	05/28/22

COMMITMENT TO YOUR DAUGHTER'S ACADEMIC SUCCESS

- Team of professionals who work with your daughter
- TEAM 'Your Daughter's Name'
- Placement
- Levels
- We are partners and need your help



LEAD PROGRAM & EXTRA-CURRICULARS THERESA SCHUHMANN – DEAN OF STUDIES



MEETING STUDENTS' WHOLE-PERSON NEEDS

- Importance of social and emotional learning has been at the forefront of discussion in the last year
- Often misunderstood



DEFINITION OF SOCIAL-EMOTIONAL LEARNING

Social and emotional learning (SEL) is an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

ASSUMPTION HAS HAD A LONG-STANDING COMMITMENT TO STUDENTS' SOCIAL-EMOTIONAL LEARNING

- Teacher-Advisor (TA) Program which began in the late 1990s
 - commitment to home base for students with two homeroom teachers
 - programming that provided advising and direction in the areas of student engagement,
- Activity Period and RocketTime which provided designated, regular time throughout the school day for opportunities for student engagement, community-building, academic advising and direction in areas including prevention, campus ministry, and guidance programming.
- In 2019-2020, Assumption began to purposefully crystallize all of these pieces in a cohesive program—the Assumption LEAD Program

OUTCOMES OF AN ASSUMPTION GRADUATE



- · maintaining an awareness of historical and current events both at a local and global level
- possessing foundational knowledge sufficient for success in college and the post-secondary world

- demonstrating the ability to think critically, analyze, and solve problems
- communicating effectively

living faith through action

demonstrating perseverance and resilience

exhibiting personal responsibility and accountability

- establishing and maintaining a growth mindset



cultivating a relationship with God through prayer, reflection, and discernment

advocating for self and others including the voiceless and vulnerable

demonstrating effective interpersonal skills as a contributing member of the community

learning from mistakes and failure and demonstrating graciousness in success and defeat

An Assumption graduate is a woman for whom Compassion Inspires. She responds to the needs of the times as evidenced by:

An Assumption graduate is a woman for whom Integrity Matters. She strives to live a life of truth and virtue as evidenced by:

possessing the knowledge to make informed decisions regarding her health, technology use, and finances.

demonstrating knowledge of Catholicism and Mercy Charism

possessing cultural awareness and appreciation for diversity

recognizing that each individual has innate value as a child of God

addressing the critical concerns of the Sisters of Mercy through works of social justice

ASSUMPTION HAS HAD A LONG-STANDING COMMITMENT TO STUDENTS' SOCIAL-EMOTIONAL LEARNING

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L stands for **LEADERSHIP**

E stands for ENGAGEMENT

A stands for

ADVOCACY

DIRECTION (GUIDANCE)

D stands for

LEAD PROGRAM





<u>LEADERSHIP</u>:

Class Officers, Family Council, club officers, leadership programs, etc.





<u>ENGAGEMENT:</u>

Clubs, organizations, athletics, etc.



ADVOCACY:

Activities in which students call for changes in laws or policies



DIRECTION:

Dating violence education, prevention program, prayer services, college and career advising, etc.

ASSUMPTION HAS HAD A LONG-STANDING COMMITMENT TO STUDENTS' SOCIAL-EMOTIONAL LEARNING

- The continued development of our LEAD Program is a cornerstone of our 2020-2023 strategic plan
 - Intentional curriculum for leadership skill development for all students
 - Ensuring engagement opportunities for all students
 - Formalized curriculum for advocacy program
 - Formalized advising curriculum with a digital repository for all students to record their activities in each aspect of our LEAD Program



LEAD & LEARN TIME







LEAD & LEARN TIME





Will be asking for direct engagement led by teachers or teachers and student leaders to help to grow community.



COUNSELING RESOURCES KRISTIN WALSH – FRESHMAN COUNSELOR



FRESHMAN COUNSELOR

KRISTIN WALSH



GUIDANCE RESOURCES

- Structure of our Guidance Program
 - Four class counselors: Kristin Walsh, Abby Asfahl, Jennifer Ruckriegel, & Dawn Deweese.
 - Two college counselors: Leigh Jackson & Kim Habich
 - Administrative Assistant: Kim Steinke
- Academic, college, career, social, and personal support
- Email, individual meetings, small groups, classroom guidance
- Confidentiality
- Please feel free to reach out!

MANDATORY FRESHMAN PARENT DRUG & ALCOHOL INFO. NIGHT

- Attend <u>one</u> of two meetings:
 - Wednesday, September 8th
 - In person in the Humana Foundation Performing and Fine Arts Center, which is our theater
 - 6:30 pm

•

- Monday, September 13th
- · Via Zoom
- 6:30 pm

REACH OUT!

President – Mary Lang Principal – Martha Tedesco Freshman Counselor – Kristin Walsh Dean of Students – Cindi Baughman Deans of Studies – Judy Fieldhouse (A-K) and Theresa Schuhmann (L-Z) Campus Minister – Mary Ann Steutermann

Email us at <u>firstname.lastname@ahsrockets.org</u> or call the school at (502-458-9551).