

**Assumption High School
Louisville, Kentucky**

**Student Related Protocols for Reporting and Return to School/School Related
Activities
&
Notification and Contact Tracing Under COVID-19**

Per the CDC, COVID-19 symptoms include Fever (100.4 or above) and the new onset of:

- Chills
- Uncontrolled cough that causes difficulty breathing
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Severe headache (especially with fever)
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

IMPORTANT INFORMATION ON REPORTING:

Parents are required to notify our school nurse if their daughter has:

- Tested positive for COVID-19, or
- Suspects she may have COVID-19, or
- Has been exposed to someone with COVID-19 as outlined in this policy.

In addition, a student should stay home and not return to school while COVID-19 testing is in progress under these scenarios:

- If she has been advised by her health care provider to undergo testing; or
- Is undergoing testing because she has symptoms or believes she may have COVID-19; or
- If anyone in her home is being tested for COVID-19 due to symptoms.

Furthermore, as part of our **Healthy at Assumption Plan**, students who are not feeling well, have a fever, or are experiencing any COVID like symptoms (see above) should stay at home

and not come to school. Parents should notify our school nurse, Laura Burnam, for further direction or guidance and a medical release is required for the student to return to school.

Students will have the ability to attend school virtually in any of these situations (and under any of the scenarios outlined below) if she is well enough to do so. Please see **Assumption High School Re-opening and Learning Plan** for further guidance and direction regarding options for virtual learning and attendance.

RETURN TO SCHOOL UNDER COVID-19 SCENARIOS:

Scenario # 1 Student Who Has Tested Positive for COVID-19 or Suspect They May Have COVID-19 and are Symptomatic (with symptoms): A student who has tested positive for COVID-19 or who suspects that she may have COVID-19 should isolate herself and contact her health care provider and/or follow the directions of the local health department. The student may return to school/school related activities if:

- At least 10 days have passed since symptoms first appeared; **and**
- At least 24 hours have passed since last fever without the use of fever-reducing medications; **and**
- Other COVID-19 symptoms have improved; **and**
- Has a medical release from her health care provider or local health department; **and**
- Has contacted the school nurse before returning to school/school related activities.

Scenario # 2 Student Who Has Tested Positive for COVID-19 and are Asymptomatic (without symptoms): A student who has tested positive for COVID-19 but is asymptomatic should isolate herself and contact her health care provider and/or follow the directions of our local health department. A student may return to school/school related activities if:

- At least 10 days have passed since the date of her first positive COVID-19 test (assuming she has not subsequently developed symptoms since her positive test), **and**
- Has a medical release from her health care provider or local health department, **and**
- Has contacted the school nurse before returning to school/school activities.
- *If symptoms develop, then the symptom-based strategy should be used. Refer to scenario #1.*

Scenario #3 Student Who Comes In Contact With Someone With Covid-19 (exposure*). A student who has come in contact with someone with COVID-19 should quarantine for 14 days after exposure. See CDC guidelines below as to what constitutes an exposure. The student's parents must notify their health care provider for further guidance. The student should follow the directions of her health care provider/ local health department for further instructions regarding quarantine. The student may return to school/school related activities if:

- At least 14 days have passed since the exposure, **and**

- Has a medical release from her health care provider or local health department; **and**
- Has contacted the school nurse before returning to school/school related activities.

***An exposure is when an individual has close contact with someone who has COVID-19 as determined below:**

- You were within 6 feet of someone who has COVID-19 for at least 10 minutes; or
- You provided care at home to someone who is sick with COVID-19; or
- You had direct physical contact with the person (touched, hugged, or kissed them); or
- You shared eating or drinking utensils; or
- They sneezed, coughed, or somehow got respiratory droplets on you.
- Note that recommendations for discontinuing isolation in persons known to be infected with COVID-19 could, in some circumstances, appear to conflict with recommendations on when to discontinue quarantine for persons known to have been **exposed** to COVID-19. The CDC recommends 14 days of quarantine **after exposure** based on the time it takes to develop illness if infected. Thus, it is possible that a person **known** to be infected could leave isolation earlier than a person who is quarantined because of the **possibility** they are infected.

Scenario # 4 Student Who Presents or Exhibits Covid-19 Like Symptoms While at School: A student who registers a temperature of 100.4 or above or exhibits any other COVID -19 symptom at school will be isolated and her parents will be notified that she must be picked up immediately. Her parents should notify their health care provider for further guidance and possible COVID-19 testing.

- A student sent home from school due to a fever or COVID-19 like symptoms will be treated as a suspected COVID-19 case. Refer to scenario #1 (symptomatic) for return to school/school related activities.
- In the event that all COVID like symptoms have improved and at least 24 hours have passed since her last fever without the use of fever reducing medication; and the student has consulted her health care provider and the health care provider verifies that the symptoms are connected to a pre-existing condition (ex. asthma) or another diagnoses (ex. strep throat) that explains the symptoms; the student may return to school once the student meets the specific return guidance and provides a written release from her health care provider. If symptoms related to the pre-existing condition/diagnoses worsen or change, the student must consult with health care provider for additional guidance/direction.
- If the student presents any emergency warning signs while at school, such as trouble breathing, chest pain, etc., the school nurse or other school personnel will call 911 and her parents will be notified immediately.

Scenario # 5 Student Who Remains Home due to COVID-19 like Symptoms: A student who registers a temperature of 100.4 or above or exhibits any other COVID-19 symptom at home, parents should notify their health care provider for further guidance and possible COVID-19 testing.

- A student who remains home due to COVID-19 symptoms, will be treated as a suspected COVID-19 case. Refer to scenario #1 (symptomatic) for return to school/school related activities.
- In the event that all COVID like symptoms have improved and at least 24 hours have passed since her last fever without the use of fever reducing medication; and the parent has consulted her health care provider and the health care provider verifies that the symptoms are connected to a pre-existing condition (ex. asthma) or another diagnoses (ex. strep throat) that explains the symptoms; the student may return to school once the student meets the specific return guidance and provides a written release from her health care provider. If symptoms related to the pre-existing condition/diagnoses worsen or change, the student must consult with her health care provider for additional guidance/direction.

ADDITIONAL CONSIDERATIONS:

Notwithstanding the above, Assumption High School retains the right to prohibit anyone, including a student, from coming to school if deemed in the best interest of the health and safety of the school community. In the situation of a student, she will be directed to attend school virtually.

This policy is a starting point in addressing issues of a student's return to school under COVID-19. Additional situations will be considered on a case by case basis and with direction of our school nurse, other medical experts, and the local health department. Assumption High School reserves the right to require a student, at a minimum, to provide a medical release from her health care provider before returning to school if deemed it is in the best interest of the health and safety of the school community.

At this time, Governor Beshear has asked Kentucky residents not to travel to states with a 15% or higher positive COVID-19 rate. This advisory also includes states quickly approaching a positive testing rate of 15 percent or may be included on the travel advisory list for other reasons. We ask that students and their families adhere to the travel ban. If a student's family travels to any of these states within 14 days of school opening, or at any time during the school year while the travel advisory is in effect, the student must self-quarantine for 14 days and will not be able to return to school during that time. The student will to be able to participate in virtual learning from home while self-quarantining. Parents must notify the school nurse if a family or student travels to a state on the banned list and contact the nurse when the student's prescribed period of self quarantine is about to expire but before the student intends to return to school and in person instruction.

Assumption High School is required to follow all state and local health mandates, as well as those of the Archdiocese of Louisville, for reporting COVID-19 cases and assisting with contact tracing. This includes reporting to the Archdiocese and the Department of Health and Wellness, when a student or employee tests positive for COVID-19.

In addition, Assumption High School will notify those who have been exposed while at school, as described above, to an individual with COVID-19. This notification will come through our school nurse or our school administration. The confidentiality of the situation and the identity of those involved will be maintained.

With continuous changes related to COVID-19, these guidelines may be modified at any time based on guidance from the CDC, the Kentucky Department of Health, the Archdiocese of Louisville, our local health department or any other governmental entity.