## WHAT TEENS WANT YOU TO KNOW (But Won't Tell You)

## PARENT SESSION

Join us Wednesday evening
January 29, with guest speaker Roy
Petitfils as we unpack the growing
epidemic of teen mental health issues
and learn some practical tips on what
we can do as parents and educators
to help the young people we serve.



NEW

## ROY PETITFILS

## HELPING TEENS

with Stress, Anxiety, and Depression



A FIELD GUIDE FOR CATHOLIC PARENTS, PASTORS, AND YOUTH LEADERS

"This is a wonderful guide to help us be more confident and competent as we accompany teens."

Mike Patin, Catholic speaker, facilitator, and consultant

Wednesday, January 29, 2020 6:30-8:30 p.m.

St. Xavier High School 1609 Poplar Level Road Louisville. KY 40217

Roy Petitfils is a Catholic author, speaker, and psychotherapist in private practice who has more than twenty-five years of experience ministering to youth and young adults in parishes, dioceses, and schools.